# Help Goa Fight C VID-19

## **KNOW WHAT PRECAUTIONS TO FOLLOW AFTER APRIL 20**

#### Dos.

- Travel only for essential commodities and medical emergencies or for permitted work.
- Practise social distancing, even while travelling. Maintain only 30-40% occupancy.
- Provide medical insurance to all workers.
- Sanitise all vehicles and machinery entering the premises.
- Wear face masks in public and at work places.
- Download and use AarogyaSetu app, keep the location and Bluetooth settings on for safety alerts.
- Frequently clean work spaces.
- Wash hands frequently.
- Stagger shifts and lunch hour at workplace.
- Sanitise the work place after every shift.
- Disinfect all public work spaces like canteen, washrooms, equipments, lifts, meeting rooms etc.
- Use staircases for climbing.
- Strictly follow quarantine and isolation rules.
- Perform funeral rites only with 20 or less people.
- Provide for thermal screening and sanitizers at work place.
- Promote work from home for people with 65 years of age, or with co-morbidities or with children below 5 years of age.

### Dont's

- Don't travel for unnecessary work or to unnecessary sites.
- Don't travel in pillion on two wheelers.
- Don't travel in group of more than two in a four wheeler.
- Don't gather in groups of five or more.
- Don't spit in public places.
- Don't indulge in sale of liquor, gutka and tobacco.
- Don't use lifts, if avoidable.
- On't crowd more than two/four people in lifts.
- Don't organise any gathering or function.
- Don't organise any religious congregations.
- Do not open commercial or industrial establishments unless permitted.
- Do not provide hospitality services unless permitted.
- O Do not travel in bus or taxi or any public transport unless permitted.



Department of Goa

#### **Updates:**

- www.dip.goa.gov.in
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