

# COVID-19 MIZORAM DAILY BULLETIN

*Task Group on Media & Publicity*



For latest COVID-19 related informations in Mizoram, please click the following links :

[https://twitter.com/dipr\\_mizoram?s=09](https://twitter.com/dipr_mizoram?s=09)

[https://instagram.com/dipr\\_mizoram?igshid=1akqtv09bst7c](https://instagram.com/dipr_mizoram?igshid=1akqtv09bst7c)

<https://www.facebook.com/Department-of-Information-Public-Relations-Govt-of-Mizoram-113605006752434/>

Issue No : 77

Time : 30<sup>th</sup> June, 2020 @ 7:00 PM

## 01.07.2020 LEH 31.07.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA KALPUI DAN TUR THUPEK

For details : <https://dipr.mizoram.gov.in/post/01072020-leh-31072020-inkara-mizoram-chhunga-inkaihhruaina-kalpu-dan-tur-thupek>

### 1. June ni 30, 2020 tlai dar 5:30 a Khawvel COVID-19 dinhmun (source: World Health Organization)

Confirmed cases	-	10,117,687
Confirmed deaths	-	5,02,278
Countries/Territories affected by COVID-19	-	213

#### COVID-19 natna vei hmuhchhuah tamna ram te

USA – 25,37,636	Brazil – 13,44,143	Russia – 6,41,156
India – 5,66,840	United Kingdom – 3,11,155	Peru – 2,79,419
Chile – 2,75,999	Spain – 2,48,770	Italy – 2,40,310
Iran – 2,22,669	Mexico – 2,16,852	Pakistan – 2,06,512

#### COVID-19 natna thihpui tamna ram te

USA – 1,26,203	Brazil – 57,622	United Kingdom – 43,550
Italy – 34,738	France – 29,700	Spain – 28,343
Mexico – 26,648	India – 16,893	Iran – 10,508
Belgium – 9,732	Peru – 9,317	Russia – 9,166

#### Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

USA – 41,008	Brazil – 30,476	India – 18,552
Russia – 6,719	South Africa – 6,334	Mexico – 4,050
Chile – 4,017	Saudi Arabia – 3,989	Bangladesh – 3,809
Pakistan – 3,557	Peru – 3,430	Colombia – 3,178

#### WHO in region a then dan a COVID-19 vei zat

Americas – 51,36,705	Europe – 26,73,131	Eastern Mediterranean – 10,41,774
South-East Asia – 7,60,816	Africa – 2,88,954	Western Pacific – 2,15,566

- Darkar 24 chhungin positive thar **96,286** an awm a; **2,365** in an thihpui.

2. June ni 30, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

COVID-19 vei hmuhchhuah tawh zat : 5,66,840

Tuna vei mek zat: 2,15,125

Sl.	State/UT	Positive hmuhchhuah zat	Damchhuak	Thi	Sl.	State/UT	Positive hmuhchhuah zat	Damchhuak	Thi
1	Andaman & Nicobar Islands	90	46	0	19	Madhya Pradesh	13370	10199	564
2	Andhra Pradesh	13891	6232	180	20	Maharashtra	169883	88960	7610
3	Arunachal Pradesh	187	61	1	21	Manipur	1227	494	0
4	Assam	7752	5333	11	22	Meghalaya	47	42	1
5	Bihar	9640	7390	62	23	Mizoram	151	122	0
6	Chandigarh	435	349	6	24	Nagaland	434	168	0
7	Chhattisgarh	2761	2173	13	25	Odisha	6859	4946	23
8	Dadra Nagar Haveli, Daman & Diu	203	77	0	26	Puducherry	619	221	10
9	Delhi	85161	56235	2680	27	Punjab	5418	3764	138
10	Goa	1198	478	3	28	Rajasthan	17660	13618	405
11	Gujarat	31938	23240	1827	29	Sikkim	88	50	0
12	Haryana	14210	9502	232	30	Tamil Nadu	86224	47749	1141
13	Himachal Pradesh	942	556	9	31	Telangana	15394	5582	253
14	Jammu & Kashmir	7237	4585	95	32	Tripura	1380	1085	1
15	Jharkhand	2426	1845	15	33	Uttarakhand	2831	2111	39
16	Karnataka	14295	7683	226	34	Uttar Pradesh	22828	15506	672
17	Kerala	4189	2152	22	35	West Bengal	17907	11719	653
18	Ladakh	964	616	1		<b>TOTAL</b>	<b>566840</b>	<b>334883</b>	<b>16893</b>

\* Darkar 24 chhungin **sample 2,10,292** test niin positive case thar **18,522** hmuh a ni a, mi **13,160** dam (cured) a puan niin **418** in an thihpui a ni.

\* ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat hi **86,08,654** a ni.

(Mizorama positive case thar hmuh zat hi MoHFW hian an la update lo nachungin table ah hian update tel a ni

30.06.2020  
(1:00 P.M.)



**DIRECTORATE OF INFORMATION & PUBLIC RELATIONS**  
Government of Mizoram  
Helpline: 102 (Toll Free) /0389-2323336 /2318336

## MIZORAM COVID-19 UPDATE

**TOTAL CASES**

**151**

**CURED/DISCHARGED**

**122**

**ACTIVE CASES**

**29**

**DEATHS**

**0**

▶ 61 patients (Lunglei District 45, Mamit District 8, Aizawl District 7, Kolasib district 1) were discharged today

<https://dipr.mizoram.gov.in/>

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\* Samples tested at ZMC lab

Information & Public Relations Department  
Government of Mizoram  
30.06.2020  
(1:00 PM)

## COVID-19 Mizoram Statistics

**Total Cases**

**151**

**Male**

**70**

**Active Cases**

**29**

**Female**

**81**

**Discharged**

**122**

### District-Wise

District	Active	Discharged	District	Active	Discharged
Aizawl	7	31	Lawngtlai	Nil	8
Lunglei	2	45	Mamit	11	9
Siaha	1	8	Khawzawl	2	1
Champhai	4	5	Hnahthial	Nil	Nil
Kolasib	Nil	11	Saitual	Nil	3
Serchhip	2	1	<b>TOTAL</b>	<b>29</b>	<b>122</b>

Source : H&FW Department

3. **STANDARD OPERATING PROCEDURE FOR SOCIAL DISTANCING**

For details : <https://dipr.mizoram.gov.in/post/standard-operating-procedure-for-social-distancing1593519106>

4. Health & Family Welfare Department in Quarantine chungchanga hriattur pawimawh thar a chhuah...

For details : <https://dipr.mizoram.gov.in/post/health-family-welfare-department-chuan-quarantine-chungchanga-hriattur-leh-zawmtur-pawimawh-a-hnuai-ami-ang-hian-thuchhuah-an-siam>

5. COVID-19 hripui leng dona tur puihna mi thahnemngai tak takte atangin **Chief Minister's Relief Fund** ah nitin sum chhunluh a ni thin a. Vawiina tlai dar 5:30 thlenga sum hmuhte chu a hnuai a mi ang hi a ni:

For details : <https://dipr.mizoram.gov.in/post/cm-relief-fund-for-covid-19-a-sum-lut-zat-30062020-530-pm>

6. Covid-19 Task Group on Quarantine Facilities daily report (as on 29<sup>th</sup> June, 2020)

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
1	2	7	3	4	5	6	7	8	9
1	Government QF	9239	14	9436	72	8101	0	156	1179
2	Isolation Facilities	-	2	515	3	437	0	0	78
3	Community QF	7760	1	3905	67	3402	0	32	471
4	Home Quarantine	-	0	1082	0	710	0	0	372
5	Hotel/Paid QF	69	0	63	3	50	0	0	13
	<b>TOTAL</b>	<b>17068</b>	<b>17</b>	<b>15001</b>	<b>145</b>	<b>12700</b>	<b>6</b>	<b>188</b>	<b>2113</b>

\* ONLY CAPACITY OF QUARANTINE FACILITIES SHOWN

LIST OF CHURCHES' HALLS AS QF

Sl.No	District	PCI	BCM	SA	LIKBK	ECM	UPC NEI	UPC MZ	TOTAL
1	2	3	4	5	6	7	8	9	10
1	Aizawl	88	18	16	-	-	1	1	124
2	Champhai	15	-	-	-	-	-	-	15
3	Hnahthial	-	-	-	-	-	-	-	-
4	Khawzawl	3	-	-	-	-	-	-	3
5	Kolasib	-	-	-	-	-	-	-	-
6	Lawngtlai	1	1	-	7	-	-	-	9
7	Lunglei	3	16	-	-	-	1	1	21
8	Mamit	5	2	-	-	-	-	-	7
9	Saitual	2	-	-	-	-	-	-	2
10	Serchhip	2	1	-	-	-	-	-	3
11	Siaha	2	2	-	3	2	1	-	10
	<b>TOTAL</b>	<b>121</b>	<b>40</b>	<b>16</b>	<b>10</b>	<b>2</b>	<b>3</b>	<b>2</b>	<b>194</b>

For details : <https://dipr.mizoram.gov.in/post/task-group-on-quarantine-facilities-report-29th-june-2020>

7. **Vawiin 30.6.2020-a COVID-19 vei, enkawl dam tak damdawi in atanga chhuah tir (discharge) zawng zawng zat - 61**

- \*SRHF-ZMC. - 8
  - \*DCHC/CCC, Lunglei - 45
  - \*CCC, Mamit - 8
  - 
  - \*Total Discharged - 122
  - \*Active Cases. - 29
  - \***Total Cases. - 151**
- (DIPR)**

8. **Lunglei District-a COVID-19 positive enkawl dam mi 45 te chhuahtir an ni.**

Lunglei District-a COVID-19 positive case 45 te chu an swab sample endik nawn a nih hnuin an negative vek tih hmuh chhuah a ni a. Vawiin khan dam taka chhuahtir an ni.

Covid -19 vei enkawl dam te hi kum 18 atanga kum 33 inkar a upa niin mipa 29 leh hmeichhia 16 an ni a, 44-te hi CCC, Lunglei Government College atanga chhuak niin pakhat (1) hi DCHC, ETC SIRD

Pukpui atanga chhuak a ni. Vawiinah mi 45 an chhuah hnu hian tun dinhmunah Lunglei District-ah Covid-19 vei mi pahnih (2) la awm mekin DCHC, ETC SIRD Pukpui ah enkawl an ni.

Covid-19 dam chhuak te pualin vawiin dar 11 khan CCC, Lunglei Government College-ah thlahna program Lunglei DC Pu V.Lalsangliana, IAS hovin hman a ni a. Lunglei Bawrsap chuan Lunglei District-a Covid-19 vei mi 45 zet ten dam taka CCC leh DCHC an chhuahsan thei chu Lunglei District leh Mizoram pum tan thil lawmawm leh chhinchhiah tlak tak a ni tiin Covid-19 positive te enkawl na kawnga theihtawp chhuaha chhun zan zawma hnathawktu medical team-te, magistrate-te, security-te, cook-te leh staff dangte thawhrimna leh inpekna avangin an chungah lawmthu a sawi a. Phal taka an College infrastructure Covid Care Centre-a hman tir tu Lunglei Government College hnenah leh College Veng, Lunglei khawtlang chungah lawmthu a sawi baw.

Vawiin program hi Lunglei CMO Dr Thani Pachuau in kaihruiin Lunglei Medical Superintendent Dr SR Ngurchamlia'n thu sawina leh tawngtaina hun a hmang a ni. Vawiin dar 1:00pm ah khan CCC, Lunglei an chhuahsan fel a ni. Vawiina chhuak te zingah hian mi Tlabung Sub Division mi 23 awmin an ni hi MST Bus in thlah an ni. Tin, Disinfection Team-ten helai hmun hi damdawiin an kap thianghlim nghal a ni.

Vawiina mi 45 chhuak ta te hi dama chhuah an nihna lehkha (discharge certificate) hlan theuh niin an chhuah hnu hian ni sarih (7) chhung mahni in lama inkhung hran chhunzawm rih tur leh, hemi chhung hian pawn chhuak lo va, inleng pawh kawm lo va, mahni chhungte nen pawh fimkhur taka khawsa ho turin thurawn an ni a. Fimkhur tura tih an nih rual hian mi dang tan hlah tur leh thinhrik chhan tur a awm lo tih medical lam chuan an sawi.

#### **9. COVID CARE CENTRE, MAMIT ATANGIN MI 8 TE DAMTAKIN CHHUAK**

COVID - 19 hri kai enkawl mi 8 te chuan vawiin khan damtakin Covid Care Centre, SSA Girls Hostel, Mamit an chhuahsan.

Covid Care Centre damtaka chhuahsantu mi 8 te hi Dr Lalhriatpuii'n he natna lakah an fimhlim tawh a ni tih lantirna certicate a hlan a, Chhuak ta te hi mipa 4 leh hmeichhia pa 4 an ni.

Covid Care Centre-a Covid-19 hri kai enkawl tura inpe Dr Lalhriatpuii, chuan CCC-a Positive la awm mekte dinhmun a that thu sawiin vawiina chhuah tak mi 8 bakah pawh hian result negative hriat tawh sa pawh an awm thu a sawi a, an dinhmun tlema enthlak rih deuh phawt an nih hnuah CCC atanga chhuah thuai an nih dawn thu a sawi, hri kaite dinhmun tunah rih chuan tha tlangin damtaka Covid Care Centre an chhuahsa thuai a beisei thu a sawi baw.

Mamit District chhungah hian Covid -19 hrik hmuhchhuah hi mi 20 an awm tawha, Vawiina mi 8 chhuah bakah ZMC atanga chhuah tawh mi 1 a awm baw a ni. Tunah hian Covid Care Centre-ah hian Positive rinhlelh dah hran mekte nen mi 13 an la awm mek a. Dedicated Covid Health Centre (DCHC) ah mi 1 ala awm mek baw a ni.

10. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriattheih chinah vawiin hian ZMC, Aizawl, Siaha leh Serchhip atanga sample dawnte test an ni. Nimin lama test 582-ah 537 an negative a, a dangte hi la endik mek an ni. Nimin lama test-te hi ZMC, Aizawl, Lunglei, Champhai, Kolasib, Serchhip, Mamit, Saitual, Hnahthial leh Khawzawl atanga sample dawnte an ni.

Vawiin khan Falkawn damdawiinah Covid19 vei rinhlelh mi 3 admit thar an ni a, nimin lama admit mi 2 leh vawiina admit tharte sample hi test mek niin, result hi zan lamah chhuak tura beisei a ni. Vawiin khan Covid 19 damlo ZMC-a enkawl dam tawh, Makeshift ICU-a awm mi 1 leh Isolation Ward a awm mi 7 te chu discharged fel an ni a, Aizawl mi 7 leh Kolasib mi 1, Mipa 1 leh Hmeichhia

7-te an ni. Tun dinhmunah ZMC-ah Covid 19 damlo mi 7 la enkawl mek niin, harsatna nei an awm lo a ni. Vawiin khan Covid 19 damlo Lungleia enkawl mi 45 leh Mamit a enkawl mi 8-te chu dam tawhin, discharged fel an ni bawk. *(source : ZMC bulletin)*

**11. COVID-19 Task Group on Migrant Workers & Stranded Travellers Report (30<sup>th</sup> June, 2020)**

Task Group hnena Mizorama rawn haw tura in register zawng zawng zat – **14,401** *(an rawn haw tak tak hma a chhinchhiah zat an ni)*

Rawn haw tak tak chhinchhiah tawh zat (Mizoram rawn thleng zat ) – **12,411**

Kawnga rawn thang mek – **0**

Rawn la haw tur chhinchhiah zat – **1990**

Rawn haw tawh Quarantine Facility a awm mek chhinchhiah zat – **1112**

Rawn haw tawh zinga Quarantine facility chhuahsan zat – **11299**

✚ *State thenkhat atang rawn haw tur in report thar an awm belh vangin nimin lam figure nen hriatpawlh loh tur a ni e*

✚ *TGMWST leh DC-te'n quarantine an chhinchhiah hi a zat a inang lo va. Hei hi a chhan chu, Task Group chuan tangkhang rawn haw official-a in-report chauh an chhinchhiah laiin, DC-te chuan khung hran tawh phawt chu, official-a in-report leh in-report lem lova lo hawte bakah, an rawn haw hnua chhan hrang hrang vanga an contact-te nen lama quarantine zawng zawng an chhinchhiah tel vek vang a ni.*

**12. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services...**

For details : <https://dipr.mizoram.gov.in/post/report-covid-19-on-law-order-and-facilitation-of-essential-goods-services-date-30th-june-2020-time-300-pm>

**13. Mizoram chhunga ramdang mi tangkhang an chenna ram/state lama haw tur thawn chhuah hmabak la awm zat – as on 30<sup>th</sup> June, 2020 (as reported by Task group on Migrant Workers & Stranded Travellers)**

SI No.	Name of State (India) / Country	No. of Stranded
1	Madhya Pradesh (India)	1
2	Odisha (India)	4
3	Manipur (India)	21
4.	Canada	1
5.	USA	1
6.	Myanmar	47
	<b>TOTAL</b>	<b>75</b>

**14. Construction Works HnaThawktu Migrant Workers Chhawr/Chhawrtu Online Report-na...**

For details : <https://dipr.mizoram.gov.in/post/construction-works-hna-thawktu-migrant-workers-chhawrchhawrtu-online-report-na>

**15. Status of Mizoram Surveillance of COVID-19 (Time: 29.6.2020 5:00pm – 30.6.2020 5:00 pm) – input from IDSP, H&FW department**

S.No	Category	A thar Date: 30.6.2020	Belhkhawm Date: 30.6.2020
1	Endik tawh zawng zawng zat	739	122749
2	Rapid Anti Body Test of India(RATI) neih zat	2	16523
3	COVID-19 Sample test neih dan		
	NICED - KOLKATA		5
	Guwahati Medical College		12
	Silchar Medical College		41
	Lunglei Civil Hospital (Truenat – PCR)	31	330
	Zoram Medical College(ZMC)	493	13358
	COVID-19 samples test tawh zawng zawng zat	524	13746
4	Rinhlelh SRHF-ZMC Damdawin-a dah zat	3	251
5	Damlo DCHC a dah zat		13
6	Damlo CCC a dah zat		22
7	COVID-19 Confirmed cases neih zat	0	151
8	COVID-19 positive damdawiin-a dah zat	0	151
9	COVID-19 vei tawh dam leh zat	61	122
10	COVID-19 positive neih mek zat	0	29

For details : <https://dipr.mizoram.gov.in/post/status-of-state-surveillance-of-covid-19-time-2962020-500pm-3062020-500-pm>

16. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a COVID-19 vei enkawl mek zat. –30<sup>th</sup> June, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DEDICATED COVID HEALTH CENTER(DCHC)	COVID CARE CENTER(CCC)
Aizawl	0	0
Lunglei	2	0
Siaha	5	0
Champhai	0	4
Kolasib	0	2
Serchhip	3	0
Lawngtlai	0	3
Mamit	1	13
Saitual	0	0
Khawzawl	2	0
Hnahthial	0	0
<b>TOTAL</b>	<b>13</b>	<b>22</b>

For details : <https://dipr.mizoram.gov.in/post/status-of-suspected-patients-treated-in-covid-care-center-and-dedicated-covid-health-center-as-on-302020-500pm>

17. District hrang hrang a Rapid Antibody Test report (30<sup>th</sup> June, 2020) (input from IDSP, H&FW dept)

District Name	Total Centres	Total Persons	Total Active Persons	Test Conducted
AIZAWL	0	0	0	2
CHAMPHAI	0	0	0	0
KOLASIB	0	0	0	0
LAWNGTLAI	0	0	0	0
LUNGLEI	0	0	0	0
MAMIT	0	0	0	0
SAIHA	0	0	0	0
SERCHHIP	0	0	0	0
Hnahthial	0	0	0	0
SAITUAL	0	0	0	0
KHAWZAWL	0	0	0	0
<b>TOTAL</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2</b>

For details : <https://dipr.mizoram.gov.in/post/district-hrang-hrang-a-rapid-antibody-test-report-30th-june-2020-30-th-june-2020>

**18. District hrang hrang a Rapid Antibody Test report (1<sup>st</sup> April, 2020 - 30<sup>th</sup> June, 2020)** (input from IDSP, H&FW dept)

District Name	Total Centres	Total Persons	Total Active Persons	Test Conducted
AIZAWL	2	87	45	6855
KOLASIB	1	34	20	2036
LUNGLEI	2	49	42	1701
SAIHA	1	18	12	1654
LAWNGTLAI	1	10	2	1090
CHAMPHAI	1	28	20	866
SERCHHIP	1	29	26	770
MAMIT	1	19	12	602
SAITUAL	1	4	4	429
KHAWZAWL	1	2	2	262
Hnahthial	1	13	6	258
<b>TOTAL</b>	<b>13</b>	<b>293</b>	<b>191</b>	<b>16523</b>

For details : <https://dipr.mizoram.gov.in/post/district-hrang-hrang-a-rapid-antibody-test-report-1st-april-2020-30th-june-2020>

**19. COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin email - [mzcvolunteers@gmail.com](mailto:mzcvolunteers@gmail.com) ah emaw COVID-19 helpline 102, 0389-232336/2318336-ah te in report theih a ni.**

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

**20. Champhai District Quarantine Facility hrang hranga khung hran awm zat (as on 30<sup>th</sup> June, 2020 5:00 pm)**

1) DPRC Institutional Quarantine Centre	- 9 (7 Male + 2 Female)
2) Champhai Tourist Lodge Institutional Quarantine Centre	- 3 (2 Male + 1 Female)
3) DIET Zotlang Institutional Quarantine Centre	-1 (All Male)
4) PCI Bethel Kohhran Hall Community Quarantine Centre	- 8 (4 Male + 4 Female)
5) Dedicated Covid Health Centre (Nursing School Building Top Floor)	- 1 (Male)
6) Recovery Ward, DCHC (Nursing School Building Second Floor)	-3 (All Male)
<b>TOTAL</b>	<b>- 25 (18 Male + 7 Female)</b>

For details : <https://dipr.mizoram.gov.in/post/champhai-district-quarantine-facilities-status-as-on-30-6-2020-500-pm>

**21. Existing number of inmates at all designated Quarantine Facilities in Mizoram on June 30, 2020**

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON								30-06-2020
Name of State : Mizoram		STATE CONTROL ROOM ON COVID-19						TIME : 4:00pm
FORM 'A'		Quarantine Facility		ISOLATION STATUS		CURRENT STATUS		
FACILITY STATUS		Admitted		Discharged				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No. of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No. of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No. of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	31	9467	148	8249	0	156	1062
2	Isolation Facilities	7	522	6	443			79
3	Community Quarantine Facilities	4	3909	71	3473	0	29	407
4	Home Quarantine	2	1084	1	711			373
5	Hotel/Paid Quarantine Facilities	0	63	0	50			13
Total		44	15045	226	12926	0	185	1934

For details : <https://dipr.mizoram.gov.in/post/existing-number-of-inmates-at-quarantine-facilities-as-on-30-06-2020-time-400pm>

## 22. Daily Report on Status at Government Quarantine Facilities in various Districts on June 30, 2020

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										30-06-2020
Name of State : Mizoram			STATE CONTROL ROOM ON COVID-19						TIME : 4:00pm	
FORM 'A'			Quarantine Facility		ISOLATION STATUS		CURRENT STATUS			
FACILITY STATUS			Admitted		Discharged					
I	II	III	IV	V	VI	VII	VIII	IX	X	
Sl.no	District	No of Facilities	Capacity	No. of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No. of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No. of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V-(VII+IX))
1	Aizawl	37	2076	6	2749	17	2324	0	18	407
2	Champhai	7	334	0	400	7	387	0	0	13
3	Hnahthial	22	333	0	174	0	167	0	1	6
4	Khawzawl	26	530	0	287	1	261	0	11	15
5	Kolasib	18	902	6	1252	2	1128	0	8	116
6	Lawngtlai	21	715	14	1044	12	888	0	0	156
7	Lunglei	22	791	0	892	59	771	0	61	60
8	Mamit	25	768	0	506	33	421	0	25	60
9	Saitual	44	704	0	421	0	404	0	1	16
10	Serchhip	31	617	4	405	4	372	0	8	25
11	Siaha	36	1469	1	1337	13	1126	0	23	188
TOTAL		289	9239	31	9467	148	8249	0	156	1062

For details : <https://dipr.mizoram.gov.in/post/district-daily-report-on-status-of-government-quarantine-facilities-as-on-30-06-2020-time-400pm>

**23. Lunglei District Quarantine Facility hrang hrang dinhmun (30<sup>th</sup> June, 2020)**

Lunglei District mi leh sa state pawn atanga lo haw, government quarantine facility, community quarantine Center leh home quarantine-a khung hran mek zat chu vawiin chhun dar 12:00 thleng khan mi 76 an ni a. Hengte hi sawrkar Quarantine Centre/DCHC/CCC-ah mi 62, Community Quarantine (kohhran hall) ah mi 2 leh mahni ina inkhunhran (Home Quarantine) mi 12 an ni.

Quarantine period hmang zo tawh, RT-PCR result chhuaka negative bawk te chu Quarantine Centre atanga chhuah phalna pek mek zel niin vawiinah khan Lunglei District ah mi 64 quarantine atanga thlah zalen an ni a. An zinga 45 - te hi Covid-19 positive dam chhuak ta te an ni a. Hengte bakah HATIM Quarantine Centre atangin mi 5 leh Polytechnic Quarantine Centre atangin mi 10 chhuakin Home quarantine zo tawh mi pali(4) an awm belh bawk a ni. Vawiinah tangkhang lo haw quarantine belh an awmlo thung a ni.

For details : <https://dipr.mizoram.gov.in/post/lunglei-district-ah-khunhran-mek-mi-76-an-awm-30062020-1200-pm-report>

**24. Daily Report on Status at Isolation Facilities in various Districts on June 30, 2020**

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON							30-06-2020
Name of State : Mizoram		STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm	
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS	
		ADMITTED		DISCHARGED			
I	II	III	IV	V	VI	VII	
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted to isolation)	Progressive Total of persons admitted to isolation	No.of persons discharged from isolation on the date of report	Progressive Total of persons discharged from isolation	No. of persons in Isolation facility on the date of report (IV Minus VI)	
1	Aizawl	7	318	6	284	34	
2	Champhai	0	20	0	16	4	
3	Hnahthial	0	2	0	2	0	
4	Khawzawl	0	18	0	16	2	
5	Kolasib	0	35	0	33	2	
6	Lawngtlai	0	0	0	0	0	
7	Lunglei	0	21	0	18	3	
8	Mamit	0	28	0	7	21	
9	Saitual	0	2	0	2	0	
10	Serchhip	0	37	0	34	3	
11	Siaha	0	41	0	31	10	
<b>TOTAL</b>		<b>7</b>	<b>522</b>	<b>6</b>	<b>443</b>	<b>79</b>	

For details : <https://dipr.mizoram.gov.in/post/district-daily-report-on-status-at-isolation-facilities-as-on-30-06-2020-time-400pm>

**LLTF / VLTF-te hnena ngenna**

1. Insawiselna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
2. Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngai te erawh chu an quarantine-na hmun theuhvah sample la tura IDSP team phone tur a ni.
3. Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni

(Source : ZMC bulletin)

**25. Daily Report on Status at Community Quarantine Facilities in various Districts on June 30, 2020**

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 30-06-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ON COVID-19							TIME: 4:00pm	
FORM 'C'		QUARANTINE FACILITY					ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS		ADMITTED			DISCHARGED					
Sl.no	I	II	III	IV	V	VI	VII	VIII	IX	
	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV-(VI+ VIII))
1	Aizawl	346	3581	4	2879	65	2469	0	19	391
2	Champhai	15	414	0	318	0	310			8
3	Hnahthial	2	16	0	11	6	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	216	0	4	2
8	Mamit	8	220	0	123	0	117			6
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64		64	0	0	0
	<b>TOTAL</b>	<b>412</b>	<b>4969</b>	<b>4</b>	<b>3909</b>	<b>71</b>	<b>3473</b>	<b>0</b>	<b>29</b>	<b>407</b>

For details : <https://dipr.mizoram.gov.in/post/district-daily-report-on-status-at-community-quarantine-facilities-as-on-30-06-2020-time-400pm>

## 26. Daily Report on Status of Home Quarantine in various Districts on June 30, 2020

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 30-06-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19							TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY					ISOLATION STATUS		CURRENT STATUS	
		ADMITTED			DISCHARGED					
Sl.no	I	II	III	IV	V	VI	VII	VIII		
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))		
1	Aizawl	0	763	0	568			195		
2	Champhai	0	40	1	38			2		
3	Hnahthial	2	4	0	2			2		
4	Khawzawl	0	2	0	2			0		
5	Kolasib	0	11	0				11		
6	Lawngtlai	0	52	0	39			13		
7	Lunglei	0	116	0	3			113		
8	Mamit	0	10	0	2			8		
9	Saitual	0	9	0	9			0		
10	Serchhip	0	45	0	45			0		
11	Siaha	0	32	0	3			29		
	<b>TOTAL</b>	<b>2</b>	<b>1084</b>	<b>1</b>	<b>711</b>			<b>373</b>		

For details : <https://dipr.mizoram.gov.in/post/district-daily-report-on-status-at-home-quarantine-as-on-30-06-2020-time-400pm>

## 27. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on June 30, 2020

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 30-06-2020										
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-				TIME: 4:00pm		
FORM 'E'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS		
Sl.no	I District	No.of Facility	Capacity	ADMITTED		DISCHARGED		VI No.of person shifted to isolation on the date of report	VII Progressive Total of person shifted to Isolation	VIII No. of persons in the quarantine facility on the date of report (III-(V+ VII))
				II No.of persons admitted on the date of report	III Progressive Total of persons admitted	IV No.of persons discharged on the date of report	V Progressive Total of persons discharged			
1	Aizawl	6	59	0	63	0	50	0	1	12
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha									0
	<b>TOTAL</b>	<b>6</b>	<b>59</b>	<b>0</b>	<b>63</b>	<b>0</b>	<b>50</b>	<b>0</b>	<b>1</b>	<b>12</b>

For details : <https://dipr.mizoram.gov.in/post/district-daily-report-on-status-at-hotelpaid-quarantine-facilities-as-on-30-06-2020-time-400pm>

## 28. Lawngtlai District-ah khung hran mek mi 169 an awm (30.06.2020 6:00 PM)

Lawngtlai District mi leh sa state pawn atanga lo haw, government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 6:00 thleng khan mi 169 a ni.

Nizan khan Guwahati atangin mi 14 lo thlen belhin, Medical Quarters Lawngtlaiah dah an ni a. Zoram Medical College (ZMC)-a RT-PCR test turin tukin khan swab sample 45 thawn a ni a. Sample thawn tawh zawng zawng hi 848 niin, result nghah lai 45 a awm a ni.

Tuna Lawngtlai District-a quarantine dinhmun chu heti ang hi a ni:

### A. Government Quarantine Facility:

- |  |              |
|--|--------------|
| 1. Tourist Lodge, Lawngtlai              | - 20         |
| 2. Circuit House, Lawngtlai              | - 41         |
| 3. Medical Quarters, Lawngtlai           | - 19         |
| 4. ANM School, Lawngtlai                 | - 12         |
| 5. Don Bosco School, Lawngtlai           | - 10         |
| 6. Govt Lawngtlai College Women's Hostel | - 19         |
| 7. Govt Chawnhu Middle School            | - 21         |
| 8. Govt Chandmary Primary School-I       | - 5          |
| 9. PWD Inspection Bungalow, Lawngtlai    | - 6          |
| 10. Covid Care Centre                    | - 3          |
| <b>A.Total</b>                           | <b>- 156</b> |

**B. Home Quarantine** - 13

**Grand Total (A+B)** - 169

## 29. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 30<sup>th</sup> June, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 29.6.2020 9:00AM – 30.6.2020 9:00AM) imposed by					Amount of fines imposed (last 24 hours 29.6.2020 9:00AM – 30.6.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		LTF	Total	Police			Total	Police		LTF	Police		LTF	
		Other Police	Flying Squad			Other Police	Flying Squad	LTF		Other Police	Flying Squad (w.e.f 3.6.2020)		Other Police	Flying Squad (w.e.f 3.6.2020)		LTF
1	Entering or staying at any public place without the use of mask (Section 4(1))	100	126		226	10000	12600		22600	8789	3293	1535	2140200	606500	209300	
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))	11			11	2200		2200								
3	Spitting in public places (Section 4(3))	4			4	1200		1200								
4	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(5))															
5	Avoiding or attempting to evade quarantine and/or isolation at designated quarantine facility as per regulations/guidelines/instructions in force from time to time (Section 4(6))															
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))															
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))															
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	10	4		14	10000	4000	14000								
<b>TOTAL</b>		125	130		255	23400	16600	40000	13617			Rs.2956000				

For details : <https://dipr.mizoram.gov.in/post/state-summary-daily-report-on-imposition-of-fines-for-violation-of-mizoram-containment-and-prevention-of-covid-19-ordinance-2020-dated-aizawl-the-30th-june-2020>

**30. Food Corporation of India (FCI), District Office, Aizawl report (29<sup>th</sup> June, 2020)**  
(Mizoram chungga FCI Godown hrang hranga buhfai awm zat)

	Rice Raw Grade A	Rice Common	Wheat	Belhkhawm
Food Supply Depot AIZAWL	2515.7474000MT	0.000	0.000	2515.7474000MT
Food Supply Depot KOLASIB	2562.6992800MT	0.000	202.444425MT	2765.1437100MT
Food Supply Depot BUALPUI	4167.4082750MT	0.000	0.000	4167.4082750MT
Food Supply Depot LUNGLEI	2539.8778000MT	0.000	0.000	2539.8778000MT
Food Supply Depot BAIRABI	1011.6740300MT	0.000	0.000	1011.6740300MT
Food Supply Depot LAWNGTLAI	3322.1917050MT	0.000	0.000	3322.1917050MT
<b>Belhkhawm</b>	<b>16119.5984920MT</b>	<b>0.000</b>	<b>202.444425MT</b>	<b>16322.0429170MT</b>

31. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 30<sup>th</sup> June, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 29.6.2020 9:00AM – 30.6.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 29.6.2020 9:00AM – 30.6.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount of fines imposed since 4.5.2020				
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)			Other Police	Flying Squad (w.e.f 3.6.2020)			
1	Kolasib	4(1)		11		11		1100		1100	130	224	8	362	13200	22400	800	36400	
		Sub Total			11	Sub Total			1100										
2	Mamit										499	144	22	665	74100	14400	2200	90700	
		Sub Total				Sub Total													
3	Aizawl	4(1)	57	5		62	5700	500		6200	4439	1228	487	6154	1039900	311300	71200	1422400	
		4(2)	9			9	1800			1800									
		4(3)	4			4	1200			1200									
		4(9)	1			1	1000			1000									
		Sub Total			76	Sub Total			10200										
4	Saitual									318	32	45	395	92900	23500	6500	122900		
		Sub Total				Sub Total													
5	Champhai	4(1)	23	20		43	2300	2000		4300	320	212	199	731	77100	28800	31900	137800	
		4(2)	2			2	400			400									
		4(9)	3			3	3000			3000									
		Sub Total			48	Sub Total			7700										
6	Khawzawl	4(1)		9		9		900		900	144	348	25	517	14400	35700	3500	53600	
		Sub Total			9	Sub Total			900										
7	Serchhip	4(1)	4	15		19	400	1500		1900	713	397	57	1167	109500	46900	5700	162100	
		Sub Total			19	Sub Total			1900										
8	Hnahthial										347	113	74	534	35000	15400	7400	57800	
		Sub Total				Sub Total													
9	Lunglei	4(1)	8	30		38	800	3000		3800	595	219	171	985	169300	36800	22500	228600	
		Sub Total			38	Sub Total			3800										
10	Lawngtlai	4(1)	6	28		34	600	2800		3400	661	343	122	1126	58700	50900	12800	122400	
		Sub Total			34	Sub Total			3400										
11	Siaha	4(1)	2	8		10	200	800		1000	151	33	325	509	32700	20400	44800	97900	
		4(9)	3	4		7	3000	4000		7000									
		Sub Total			17	Sub Total			8000										
12	SP Traffic Aizawl	4(9)	3			3	3000			3000	472	-	-	472	423400	-	-	423400	
		Sub Total			3	Sub Total			3000										
GRAND TOTAL						255				40000	8789	3293	1535	13617	2140200	606500	209300	2956000	

For details : <https://dipr.mizoram.gov.in/post/daily-report-on-imposition-of-fines-for-violation-of-mizoram-containment-and-prevention-of-covid-19-ordinance-2020district-wise1593516502>

32. Champhai District Magistrate Pi Maria C.T Zuali chuan Mizoram sawrkarin mipuite himna tura thupek a chhuah No.B. 13021/101/2020-DMR/Pt-III, dated 30.6.2020, Section-D Sub-Section (1) dungzui leh Sec 144 CrPC, 1973 (Act II of 1973) in thuneihna a pek tlawhchhanin a hnuai a thupek hi a chhuah...

For details : <https://dipr.mizoram.gov.in/post/champhai-district-magistrate-in-curfew-thupek-chhuah>

33. Mental Health Professionals (Mizoram) ten Helpline Call an dawn zat (29<sup>th</sup> June, 2020 @ 9:00 PM)

Sl no	Name of MH Professional	Substance related	Anxiety related	Depression related	Psychosis & Others	29 <sup>th</sup> June 2020	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
1	Dr Zonunmawii Pachuau Lunglei	0	0	0	0	0	0	4	4
2	Dr C Lalhekima AZL	4	1	1	3	9	742	0	742
3	Dr Ruth Lalnuanpuui AZL	0	0	0	0	0	60	19	79
4	Dr Vanlaidiki Ralte AZL	0	0	0	0	0	40	26	66
5	Dr Lalduhawmi Chawngthu AZL	0	0	0	0	0	18	6	24
6	Dr Robert L Khawhkring SNO	0	0	0	2	2	140	69	209
7	Dr Rajesh Rongpi ZMC	0	0	0	0	0	0	60	60
8	Dr Lalhriatpuia ZMC	0	0	0	0	0	395	9	404
9	Dr Lalengmawii AZL	0	0	0	0	0	63	9	72
10.	Biakhluzuali Chenkual AZL	0	0	0	0	0	81	9	90
11.	Jane Lalduhchhungi Vanchhawng AZL	0	1	0	1	2	40	9	49
12.	Jane Zodingliani Lailung Serchhip	0	0	0	0	0	55	20	75
13.	Helen Lalnunmawii Sailo Kolasib	0	0	0	0	0	21	10	31
14.	Jacob Challiandinga Lawngtlai	0	0	0	0	0	31	12	43
15.	Vanlalnuani Champhai	0	0	0	0	0	36	4	40
16.	Lalawmpuui Siaha	0	1	0	1	2	60	17	77
17.	Vanlalzari Mamit	0	0	0	0	0	35	0	35
18.	Dr Elizabeth Niang Tawi Mang Champhai	0	0	0	0	0	9	25	34
19.	K. Lalnuanpuui AZL	0	0	0	0	0	1	0	1
20.	VanlalpariAZL	0	0	0	0	0	1	4	5
21.	Angochhachhai Siaha	0	0	0	0	0	16	5	21
22.	Lalnuanpuui Hauhnar AZL	0	0	0	0	0	1	5	6
23.	Ngaihawmi Khenglawt Kolsaib	0	0	0	0	0	0	18	18
24.	Vanlalruati Lawngtlai	0	0	0	0	0	7	4	11
25.	Lalnuanruati Lunglei	0	0	0	0	0	15	0	15
26.	ZD Lalhmangaihzuai Serchhip	0	0	0	0	0	2	7	9
<b>Total</b>		<b>4</b>	<b>3</b>	<b>1</b>	<b>7</b>	<b>15</b>	<b>1869</b>	<b>351</b>	<b>2220</b>

For details : <https://dipr.mizoram.gov.in/post/helpline-calls-received-among-mental-health-professionals-mizoram-covid-19-report-as-on-30th-june-2020>

**34. Dt. 29.6.20 Dar 7:00 PM atanga 30.6.20 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlanga Essential Commodity bungrua lo luh dan.**

Sl.No	Items	Quantity	
1	Atta	430 bags	215.00 qtls
2	Alu	1040 bags	520.00 qtls
3	Purun	270 bags	135.00 qtls
4	Dal	975 bags	487.50 qtls
5	Rice (bazar)	510 bags	255.00 qtls
6	Tel	3732 cases	
7	Artui	355 cases	
8	Chi	150 bags	75.00 qtls
9	Maida	157 bags	78.50 qtls
10	Chini	50 bags	25.00 qtls
11	Amul	2753 cases	
12	POL	21 Trucks	
13	LPG	20 Trucks	
14	Cement	10780 bags	

- **Vawiin khan SRHF-ZMC a COVID-19 vei enkawl dam te chu discharge card pek an nih hnu in chhuah tir an ni. Vawiina chhuak te hi Aizawl District mi 7 (mipa-1, hmeichhia-6) leh Kolasib District ami hmeichhia pakhat an ni.**



- **Vawiin chawhma khan Mamit District a COVID19 vei enkawl dam tak mi 8 (mipa -4, hmeichhia – 4) te chu CCC atangin chhuah tir (discharged) an ni.**



### **COVID-19 Ambulance biakpawhna tur**

COVID-19 chungchanga mipui leh damlo ambulance mamawhtute awlsam zawk nan, a hnuaiia phone number tarlanah te hian biak pawh theih a ni:

1. Emergency/Casualty, Civil Hospital, Aizawl chu engtiklai pawhin landline no 0389-2322318/2313000 ah biak pawh theih an ni.
2. Dr. Lalawmpuia Chhangte, SMO Emergency, Civil Hospital, Aizawl -9436150122

**COVID-19 RT-PCR test result la hre lo te tan mahni  
district theuhva IDSP Data Manager te a hnuai  
number-ah te hian zawh theih a ni**

*- State Nodal Officer on COVID-19*

Aizawl West District	Esther Lalhmingchhuangi	8014126549
Aizawl East District	Imanuela Chawngthu	9862300935
Lunglei District	R.Lalruatkima	9862533130
Champhai District	Dr. Samuel Laldinthara Robert Vanlalruata	8588009756 8118908946
Serchhip District	C.Lalmalsawmi	9436376248
Kolasib District	Caleb Lalawmawia	9774403199
Mamit District	Lalbiakpari	9436155693
Saiha District	H.Lalmuanchhungi	7085188159
Lawngtlai District	Lalthlanpuia	9485495875

**Note: District thar pathumte chuan an awm thinna district hmasa  
Data Manager te an ring ang.**

DIPR

**• CHIEF MINISTER'S RELIEF FUND PEK THEIHNATE**

○ **State Bank of India**

Account No.: 39278398200

IFSC: SBIN0004809

SWIFT: SBININBB447

UPI: cmrfmizoram@sbi

Branch: Dawrpui

Branch Code: 004809

**HDFC:**

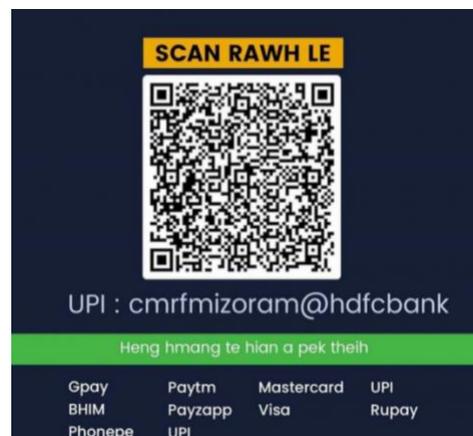
Account No.: 18141450000025

IFSC: HDFC0001814

UPI: cmrfmizoram@hdfcbank

Branch: Aizawl

Branch Code: 001814



Let's Fight Against  
**CORONAVIRUS?**

**CHHUNGTE NIH LEH HMELHRIAT  
THA NIH HI COVID-19 HIAN  
A THLIAR HRANGLO,  
I TAN AN HLAUH AWM TING MAI.  
CHUVANGIN, MI ZAWNG ZAWNG  
LAKAH INVENG FIMKHUR ANG  
CHE AW...**

**COVID-19 KIAN HMA CHUAN,  
CHHUNGTE VA TLAWH HRIH  
SUH, AN HLAU ANG CHE.  
TAWM HRAM HRAM RAWH.  
A REI TAWH LO ANG.**

**COMMITTEE ON COVID-19  
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**





Issued by  
Covid-19 Committee on  
Psychological and Social Guidance,  
Govt of Mizoram

Ventilator vuah aiin hmai khuh  
a nuam zawk e

Mamawh zualpui leh  
Nunna atana pawimawh  
chauh lei ang aw

Thing leh thlai i phun ang aw...  
Malsawm dawn nan





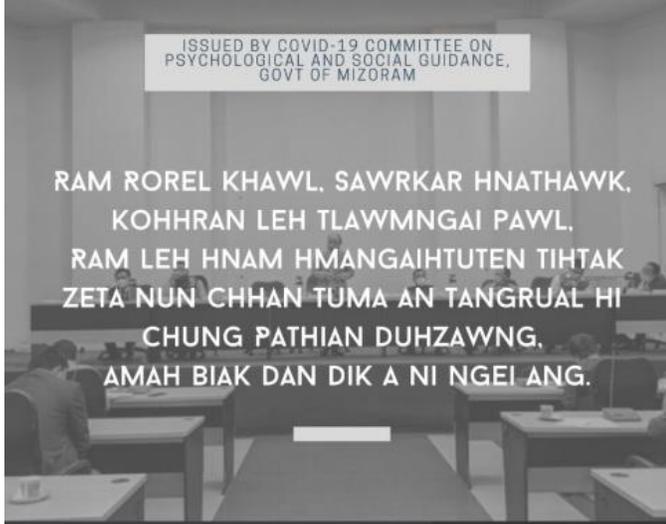

ISSUED BY COVID-19 COMMITTEE ON  
PSYCHOLOGICAL AND SOCIAL GUIDANCE,  
GOVT OF MIZORAM

RAM ROREL KHAWL, SAWRKAR HNATHAWK,  
KOHHRAN LEH TLAWMNGAI PAWL,  
RAM LEH HNAM HMANGAIHTUTEN TIHTAK  
ZETA NUN CHHAN TUMA AN TANGRUAL HI  
CHUNG PATHIAN DUHZAWNG,  
AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh  
hmingthatna leh hamthatna  
khel rih lovin...

I thiam I finna nen raldo  
hmatawngah rawn intlar ve  
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE



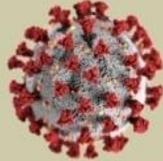

ISSUED BY  
COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE,  
GOVT OF MIZORAM

Covid-19 hi natna pakhat ve mai  
a ni a, in ven theih a ni. Vei te tan  
pawh a dam leh theih natna a ni.

I himnan leh i lo dam leh theih  
nan mi tam tak an tawngtai reng  
bawk e

Sawrkar, Kohhran, Tlawmngai  
pawl leh mi tha tam takin in  
him nan leh dam nan hna an  
thawk reng e.

Tihbai awm natna ni mahse..a  
hnai zawk 'Chhandamtun'  
thlamuang rawh min ti'...






# *What is Social Distancing?*

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not  
**CURFEW**  
It's  
**CARE FOR U**

**MENTAL HELPLINE:**  
**VOLUNTEERS from MIZORAM. As on 31<sup>st</sup> March 2020**  
**H&FW Govt. of Mizoram**

**I. PSYCHIATRIST**

Sl no	Name	Language preferred	Phone number
1.	Dr Zonunmawii Pachuau	Mizo and English	9615330920
2.	Dr C Lalhrekima	Mizo and English	8730978315
3.	Dr Ruth Lalmuanpuii	Mizo and English	9774403474
4.	Dr Vanlaldiki Ralte	English and Mizo	9436151179
5.	Dr Lalduhawmi Chawngthu	Mizo and English	9436352159
6.	Dr Robert L Khawlhiring	English and Mizo	9436151430
7.	Dr Rajesh Rongpi	English and Hindi	9854040320
8.	Dr Lalhriatpuia	Mizo and English	8014642500

**II. CLINICAL PSYCHOLOGISTS**

Sl no	Name	Language preferred	Phone number
1.	Dr Lalengmawii	Mizo and English	8415930864
2.	Biakhluzuali	Mizo and English	9436140550
3.	Jane Lalduhchhungi Vanchhawng	Mizo and English	8256940543
4.	Jane Zodingliani Lailung	Mizo and English	8794924490
5.	Jacob Challiandinga	Mizo	9862361740
6.	Lalawmpuii	English, Mizo and Mara	8132833419
7.	Helen Lalnunmawii Sailo	Mizo	8131068695
8.	Vanlalzari	Mizo	9774142241
9.	Vanlalmuani	Mizo	9612762192

**III. PSYCHIATRIC SOCIAL WORKERS**

Sl no	Name	Language preferred	Phone number
1.	Dr Elizabeth Niang Tawi Mang	Mizo and English	9612602990
2.	K. Lalmuanpuii	Mizo	9436352914
3.	Vanlalpari	Mizo	9862020566
4.	Ango Chhachhai	Mizo and Mara	9436193391
5.	Lalmuanpuii Hauhnar	Mizo	8415884775
6.	Ngaihawmi Khenglawt	Mizo and English	8974156609
7.	Lalnunruati	Mizo	9862833142
8.	Vanlalruati	Mizo	8787378429
9.	ZD Lalmangaihzuai	Mizo	8974807877