

# COVID-19 MIZORAM DAILY BULLETIN

*Task Group on Media & Publicity*



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Issue No : 88

Time : 11<sup>th</sup> July, 2020 @ 7:00 PM

## 01.07.2020 LEH 31.07.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA KALPUI DAN TUR THUPEK

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### 1. July ni 11, 2020 tlai dar 5:30 a Khawvel COVID-19 dinhmun (source: World Health Organization)

|                                            |   |            |
|--------------------------------------------|---|------------|
| Confirmed cases                            | - | 12,286,264 |
| Confirmed deaths                           | - | 5,55,642   |
| Countries/Territories affected by COVID-19 | - | 213        |

#### COVID-19 natna vei hmuhchhuah tamna ram te

|                           |                     |                  |
|---------------------------|---------------------|------------------|
| USA – 30,97,300           | Brazil – 17,55,779  | India – 8,20,916 |
| Russia – 7,13,936         | Peru – 3,16,448     | Chile – 3,09,274 |
| United Kingdom – 2,87,625 | Mexico – 2,82,283   | Spain – 2,53,056 |
| Iran – 2,52,720           | Pakistan – 2,46,351 | Italy – 2,42,363 |

#### COVID-19 natna thihpui tamna ram te

|                |                 |                         |
|----------------|-----------------|-------------------------|
| USA – 1,32,683 | Brazil – 69,184 | United Kingdom – 44,602 |
| Italy – 34,926 | Mexico – 33,526 | France – 29,886         |
| Spain – 28,401 | India – 22,123  | Iran – 12,447           |
| Peru – 11,314  | Russia – 11,017 | Belgium – 9,781         |

#### Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

|                       |                   |                    |
|-----------------------|-------------------|--------------------|
| USA – 58,975          | Brazil – 42,619   | India – 27,114     |
| South Africa – 13,674 | Mexico – 7,280    | Russia – 6,635     |
| Colombia – 5,335      | Argentina – 3,663 | Peru – 3,537       |
| Saudi Arabia – 3,159  | Chile – 3,058     | Bangladesh – 2,949 |

#### WHO in region a then dan a COVID-19 vei zat

|                             |                    |                                   |
|-----------------------------|--------------------|-----------------------------------|
| Americas – 63,97,230        | Europe – 28,68,080 | Eastern Mediterranean – 12,55,977 |
| South-East Asia – 10,97,074 | Africa – 4,28,051  | Western Pacific – 2,39,111        |

- Darkar 24 chhungin positive thar **1,83,852** an awm a; **4,592** in an thihpui.

2. July ni 11, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

COVID-19 vei hmuhchhuah tawh zat : 8,20,916 Tuna vei mek zat: 2,83,407

| Sl. | State/UT                        | Positive hmuhchhuah tawh zat | Damchhuak | Thi  | Sl. | State/UT                         | Positive hmuhchhuah tawh zat | Damchhuak | Thi   |
|-----|---------------------------------|------------------------------|-----------|------|-----|----------------------------------|------------------------------|-----------|-------|
| 1   | Andaman & Nicobar Islands       | 156                          | 92        | 0    | 19  | Madhya Pradesh                   | 16657                        | 12481     | 638   |
| 2   | Andhra Pradesh                  | 25422                        | 13194     | 292  | 20  | Maharashtra                      | 238461                       | 132625    | 9893  |
| 3   | Arunachal Pradesh               | 335                          | 120       | 2    | 21  | Manipur                          | 1582                         | 832       | 0     |
| 4   | Assam                           | 14600                        | 9147      | 27   | 22  | Meghalaya                        | 207                          | 66        | 2     |
| 5   | Bihar                           | 14575                        | 10109     | 119  | 23  | Mizoram                          | 226                          | 150       | 0     |
| 6   | Chandigarh                      | 539                          | 408       | 7    | 24  | Nagaland                         | 732                          | 304       | 0     |
| 7   | Chhattisgarh                    | 3767                         | 3028      | 17   | 25  | Odisha                           | 11956                        | 7972      | 56    |
| 8   | Dadra Nagar Haveli, Daman & Diu | 459                          | 211       | 0    | 26  | Puducherry                       | 1272                         | 637       | 17    |
| 9   | Delhi                           | 109140                       | 84694     | 3300 | 27  | Punjab                           | 7357                         | 5017      | 187   |
| 10  | Goa                             | 2251                         | 1347      | 9    | 28  | Rajasthan                        | 23174                        | 17620     | 497   |
| 11  | Gujarat                         | 40069                        | 28147     | 2022 | 29  | Sikkim                           | 134                          | 80        | 0     |
| 12  | Haryana                         | 19934                        | 14904     | 290  | 30  | Tamil Nadu                       | 130261                       | 82324     | 1829  |
| 13  | Himachal Pradesh                | 1171                         | 883       | 11   | 31  | Telangana                        | 32224                        | 19205     | 339   |
| 14  | Jammu & Kashmir                 | 9888                         | 5786      | 159  | 32  | Tripura                          | 1918                         | 1372      | 1     |
| 15  | Jharkhand                       | 3419                         | 2224      | 23   | 33  | Uttarakhand                      | 3373                         | 2706      | 46    |
| 16  | Karnataka                       | 33418                        | 13836     | 543  | 34  | Uttar Pradesh                    | 33700                        | 21787     | 889   |
| 17  | Kerala                          | 6950                         | 3820      | 27   | 35  | West Bengal                      | 27109                        | 17348     | 880   |
| 18  | Ladakh                          | 1064                         | 917       | 1    |     | Cases being reassigned to states | 3416                         |           |       |
|     |                                 |                              |           |      |     | TOTAL                            | 820916                       | 515392    | 22123 |

\* Darkar 24 chhungin sample 2,82,511 test niin positive case thar 27,114 hmuh a ni a, mi 19,844 dam (cured) a puan niin 519 in an thihpui a ni.

\* ICMR chhinchhiaah dan chuan India rama sample test tawh zawng zawng zat hi 1,13,07,002 a ni.

(Mizorama data thar update tur a awmin, MoHFW –in update hmanlo mahse table ah hian update tel thin a ni)



DIRECTORATE OF  
INFORMATION & PUBLIC RELATIONS  
Government of Mizoram  
Helpline: 102 (Toll Free) /0389-2323336 /2318336

11.07.2020  
(5:00 PM)

MIZORAM COVID-19 UPDATE

TOTAL CASES

226

CURED/  
DISCHARGED

150<sup>+7</sup>

ACTIVE CASES

76

DEATHS

0

7 patients (Mamit district-4, Aizawl district-3) discharged today

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COVID-19  
Mizoram Statistics

Information & Public Relations Department  
Government of Mizoram  
11.07.2020  
(5:00 PM)

Total Cases226

Active Cases76

Discharged150

Male137

Female89

District-Wise

| District | Active | Discharged | District  | Active | Discharged |
|----------|--------|------------|-----------|--------|------------|
| Aizawl   | 43     | 38         | Lawngtlai | 4      | 8          |
| Lunglei  | 10     | 47         | Mamit     | Nil    | 20         |
| Siaha    | 14     | 9          | Khawzawl  | Nil    | 3          |
| Champhai | 2      | 8          | Hnahthial | Nil    | Nil        |
| Kolasib  | 1      | 11         | Saitual   | Nil    | 3          |
| Serchhip | 2      | 3          | TOTAL     | 76     | 150        |

Source : H&FW Department

3. **STANDARD OPERATING PROCEDURE FOR SOCIAL DISTANCING**  
For details [Click here](#)
4. **Health & Family Welfare Department in Quarantine chungchanga hriattur pawimawh thar a chhuah...**  
For details [Click here](#)
5. **Construction Works HnaThawktu Migrant Workers Chhawr/Chhawrtu Online Report-na...**  
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6. **Mipui hnena ngenna leh hriattirna**

Covid-19 hripui leng mekah Civil Hospital, Aizawl hi inkaidarhna hmun hlauhawm ber pakhat a lo ni ta a. Chuvangin, Aizawl Civil Hospital Medical Superintendent Dr. Lalhmuchhuaka chuan, hotute ruahman angin damlo na zual chauh in entir turin mipuite a ngenin a hriattir a.

OPD-a social distancing mumal taka kalpui anih theih nan damlo nitin en theih zat bithliah a ni dawn a, heihi mipui leh thawktute him zawk nana tih a ni a, mipuite hriatthiamna a ngen bawk a ni. **(DIPR)**

7. **Zoram Medical College (ZMC) Laboratory a sample test a negative vek**

Nimin July ni 10, 2020 khan ZMC laboratory-ah sample 295 test niin test result a negative vek a, positive thar hmuhchhuah an awm lo.

**District hrang hrang sample test zat (10<sup>th</sup> July, 2020)**

|              |                                         |
|--------------|-----------------------------------------|
| Aizawl       | - 174 (Mipa - 141, Hmeichhia - 33)      |
| Kolasib      | - 61 (Mipa - 39, Hmeichhia - 22)        |
| Lawngtlai    | - 1 (Mipa - 1)                          |
| Mamit        | - 13 (Mipa - 5, Hmeichhia - 8)          |
| Saitual      | - 23 (Mipa - 14, Hmeichhia - 9)         |
| Assam        | - 8 (Mipa vek)                          |
| ZMC          | - 15 (Mipa - 8, Hmeichhia - 7)          |
| <b>TOTAL</b> | <b>- 295 (Mipa 216, Hmeichhia - 79)</b> |

Note : Aizawl District sample test zingah hian BSF Falkland - 52, BSF Durtlang – 4 , BSF Lengte - 10 leh Lungverh 5th IR (Mizo) - 5 an tel a ni.

Nimin khan Lunglei Civil Hospital TrueNAT laboratory-ah swab sample 29 test a ni a, nizanah result hriat kim niin an vaiin an negative vek a ni.

Nimina swab sample test zingah hian BSF sipai pathum bakah positive Contact tracing mi 26 te an tel a. June ni 30, 2020 a PC Pharmacy, Lunglei-a inentirte bakah Lunglei leh khaw hrang hrang - Haulawng, Hnahthial, Tawipui S, Rahsiveng, Vanhne, Bethel Centre, Sazaikawn leh BSF base camp Vanhne a quarantine lo tlawhpawh tu te telin an sample test a negative vek a ni.

BSF leh PC Pharmacy, Lunglei-a primary contact tracing test result hriat tawh chin chu an la negative vek rih a ni. **(DIPR)**

Vawiin chhun khan SRHF-ZMC atangin COVID-19 vei enkawl dam Aizawl District mi 3 (Mipa 1 – Hmeichhia – 2) chhuah tir an ni a. Anni hi chhungkua niin an fanu hi kum 3 a upa a ni.



Vawiin vek khan Mamit District a COVID-19 vei enkawl dam pali te pawh chhuah tir an ni a, hmeichhia vek niin pathum hi Covid care Centre atanga chhuah tir an ni a, pakhat hi Dedicated Covid Health Centre atanga chhuah tir a nit hung. Tun dinhmunah mamit District ah COVID-19 positive an awm tawh rihlo.



8. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 270 vel bawr test niin, ZMC, Aizawl, Lawngtlai, Champhai, Serchhip leh Lunglei atanga dawnte an ni. Nimin lama test 294-ah 293 an negative a, sample lak that ngai 1 a awm a ni.

Vawiin khan Falkawn damdawiinah Covid 19 vei rinhlelh mi 1 admit thar a ni a, sample hi thawhtan lamah test a ni ang.

ZMC-ah Covid 19 damlo mi 43 enkawl mek an ni a, Mipa 41 leh Hmeichhia 2, kum 27 atanga 56 inkar, Aizawl District mi vek an ni. Vawiin khan damlo 1 chu uluk zawka enkawl a nih theih nan ICU ah dah a ni a, damlo dangte zingah harsatna em em nei an awm lo. Vawiin thlengin ZMC-ah Covid-19 damlo 98 admit tawh niin, 55 discharged tawh an ni. **(ZMC bulletin)**

9. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services

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10. “Sawrkar Laipui Unlock-2 inkaihhraina (guidelines) ah July ni 31, 2020 thleng zirna in zawng zawng hawn khap a nih avangin Higher & Technical Education Department, Government of Mizoram hnuiaia College leh institution hrang hrangte bakah Mizoram University khar chhunzawm a la ni dawn a, Sawrkar Laipui thu leh hla ngaichang chung zelin heng zirna in hrang hrang hawn theih hun tur hi ruahman a la ni ang.” - Dr. R. Lalthangliana, Higher & Technical Education Minister

11. Health & Family Welfare Department Secretary Pu H.Lalengmawia, IAS chuan vawiin khan District Hospital Champhai tlawhin, TrueNat Quattro Mini PCR bunna tur hmunhmate, Dialysis Unit, High Dependency Unit, Special Newborn Care Unit (SNCU) leh Hospital Ward-te tlawhkuala a enfiah hnuah Doctors' Lounge-ah thawktute meeting a neihpui.

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12. Covid-19 Task Group on Quarantine Facilities daily report (as on 10<sup>th</sup> July, 2020)

| Sl.No | Name of Facilities   | No of Capacity in all QF* | No of Pax admitted to QF on reporting date | Progressive No of Pax admitted to QF | No of Pax discharged from QF as on reporting date | Progressive No of Pax discharged from QF | No of Pax shifted to Isolation as on reporting date | Progressive No of Pax shifted to Isolation | No of Pax in QF as on reporting date (Col 4-6-8)** |
|-------|----------------------|---------------------------|--------------------------------------------|--------------------------------------|---------------------------------------------------|------------------------------------------|-----------------------------------------------------|--------------------------------------------|----------------------------------------------------|
| 1     | 2                    | 7                         | 3                                          | 4                                    | 5                                                 | 6                                        | 7                                                   | 8                                          | 9                                                  |
| 1     | Government QF        | 9239                      | 76                                         | 10469                                | 71                                                | 9036                                     | 0                                                   | 174                                        | 1259                                               |
| 2     | Isolation Facilities | -                         | 4                                          | 593                                  | 3                                                 | 521                                      | 0                                                   | 0                                          | 72                                                 |
| 3     | Community QF         | 7760                      | 1                                          | 3940                                 | 18                                                | 3787                                     | 0                                                   | 21                                         | 132                                                |
| 4     | Home Quarantine      | -                         | 2                                          | 1223                                 | 6                                                 | 879                                      | 0                                                   | 2                                          | 342                                                |
| 5     | Hotel/Paid QF        | 69                        | 0                                          | 83                                   | 0                                                 | 50                                       | 0                                                   | 1                                          | 32                                                 |
|       | TOTAL                | 17068                     | 83                                         | 16308                                | 98                                                | 14273                                    | 0                                                   | 198                                        | 1837                                               |

\* ONLY CAPACITY OF QUARANTINE FACILITIES SHOWN

| LIST OF CHURCHES' HALLS AS QF |           |     |     |    |       |     |         |        |       |
|-------------------------------|-----------|-----|-----|----|-------|-----|---------|--------|-------|
| Sl.No                         | District  | PCI | BCM | SA | LIKBK | ECM | UPC NEI | UPC MZ | TOTAL |
| 1                             | 2         | 3   | 4   | 5  | 6     | 7   | 8       | 9      | 10    |
| 1                             | Aizawl    | 88  | 18  | 16 | -     | -   | 1       | 1      | 124   |
| 2                             | Champhai  | 15  | -   | -  | -     | -   | -       | -      | 15    |
| 3                             | Hnahthial | -   | -   | -  | -     | -   | -       | -      | -     |
| 4                             | Khawzawl  | 3   | -   | -  | -     | -   | -       | -      | 3     |
| 5                             | Kolasib   | -   | -   | -  | -     | -   | -       | -      | -     |
| 6                             | Lawngtlai | 1   | 1   | -  | 7     | -   | -       | -      | 9     |
| 7                             | Lunglei   | 3   | 16  | -  | -     | -   | 1       | 1      | 21    |
| 8                             | Mamit     | 5   | 2   | -  | -     | -   | -       | -      | 7     |
| 9                             | Saitual   | 2   | -   | -  | -     | -   | -       | -      | 2     |
| 10                            | Serchhip  | 2   | 1   | -  | -     | -   | -       | -      | 3     |
| 11                            | Siaha     | 2   | 2   | -  | 3     | 2   | 1       | -      | 10    |
|                               | TOTAL     | 121 | 40  | 16 | 10    | 2   | 3       | 2      | 194   |

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13. Sawrkarin Bungraw phur lirthei rawn luh dan leh chetvel chungchanga khuahkhirhna hlip

Mizoram sawrkar chuan July ni 8, 2020 atang khan Mizoram chhunga nitin mamawh thil ni lo bungraw chidang phur lirthei rawn luh leh veivah chungchanga khuahkhirhna te a hlip a. Hetih rual hian bungraw dang zawng zawng te pawh phurhlul luh remtih vek a ni a. Home Department hnenah dilna lak hmasak a ngai tawh lo a ni. Mahse, **mCOVID-19 app** leh **website: m.covid19.mizoram.gov.in** a **mPASS Registration** erawh tih ngei ngei tur a ni chhunzawm a. **Entry point-ah te Self Declaration** thehluk chhunzawm zel tur a ni bawka ni. **(DIPR)**

14. Status of Mizoram Surveillance of COVID-19 (Time: 10.7.2020 5:00pm – 11.7.2020 5:00 pm) – input from IDSP, H&FW department

| S.No | Category                                     | A thar<br>Date: 11.7.2020 | Belhkhawm<br>Date: 11.7.2020 |
|------|----------------------------------------------|---------------------------|------------------------------|
| 1    | Endik tawh zawng zawng zat                   | 835                       | 131581                       |
| 2    | Rapid Anti Body Test of India(RATI) neih zat | 2                         | 16628                        |
| 3    | COVID-19 SAMPLE TEST NEIH DAN                |                           |                              |
|      | NICED - KOLKATA                              | -                         | 5                            |
|      | Guwahati Medical College                     | -                         | 12                           |
|      | Silchar Medical College                      | -                         | 41                           |
|      | Lunglei Civil Hospital (Truenat – PCR)       | 29                        | 522                          |
|      | Zoram Medical College(ZMC)                   | 295                       | 15816                        |
|      | COVID-19 samples test tawh zawng zawng zat   | 324                       | 16396                        |
| 4    | Rinhlelh SRHF-ZMC Damdawin-a dah zat         | 1                         | 267                          |
| 5    | Damlo DCHC a dah zat                         |                           | 16                           |
| 6    | Damlo CCC a dah zat                          |                           | 19                           |
| 7    | CONFRIMED POSITIVE CASE NEIH DAN             |                           |                              |
|      | Guwahati Medical College                     | -                         | 1                            |
|      | Lunglei Civil Hospital, Truenat - PCR        | 0                         | 10                           |
|      | Zoram Medical College, Falkawn (RT-PCR)      | 0                         | 215                          |
|      | COVID-19 Confirmed cases neih zat            | 0                         | 226                          |
|      |                                              |                           |                              |
| 8    | COVID-19 positive damdawiin-a dah zat        | 0                         | 226                          |
| 9    | COVID-19 vei dam leh zat                     | 7                         | 150                          |
| 10   | COVID-19 positive neih mek zat               | 0                         | 76                           |
| 11   | COVID-19 vanga thi awm zat                   | 0                         | 0                            |

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15. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a COVID-19 vei enkawl mek zat. – 11<sup>th</sup> July, 2020 (input from IDSP, H&FW department)

| NAME OF DISTRICT | DEDICATED COVID HEALTH CENTER(DCHC) | COVID CARE CENTER(CCC) |
|------------------|-------------------------------------|------------------------|
| Aizawl           | 0                                   | 0                      |
| Lunglei          | 0                                   | 10                     |
| Siaha            | 14                                  | 0                      |
| Champhai         | 0                                   | 3                      |
| Kolasib          | 0                                   | 1                      |
| Serchhip         | 2                                   | 0                      |
| Lawngtlai        | 0                                   | 5                      |
| Mamit            | 0                                   | 0                      |
| Saitual          | 0                                   | 0                      |
| Khawzawl         | 0                                   | 0                      |
| Hnahthial        | 0                                   | 0                      |
| TOTAL            | 16                                  | 19                     |

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16. District hrang hrang a Rapid Antibody Test report (1<sup>st</sup> April-11<sup>th</sup> July, 2020) (input from IDSP, H&FW dept)

| District Name | Total Centres | Total Persons | Total Active Persons | Test Conducted |
|---------------|---------------|---------------|----------------------|----------------|
| AIZAWL        | 2             | 89            | 45                   | 6860           |
| KOLASIB       | 1             | 38            | 23                   | 2125           |
| LUNGLEI       | 2             | 50            | 42                   | 1701           |
| SAIHA         | 1             | 18            | 12                   | 1654           |
| LAWNGTLAI     | 1             | 10            | 2                    | 1090           |
| CHAMPHAI      | 1             | 28            | 20                   | 866            |
| SERCHHIP      | 1             | 29            | 26                   | 780            |
| MAMIT         | 1             | 19            | 12                   | 602            |
| SAITUAL       | 1             | 4             | 4                    | 430            |
| KHAWZAWL      | 1             | 2             | 2                    | 262            |
| Hnahthial     | 1             | 13            | 6                    | 258            |
| TOTAL         | 13            | 300           | 194                  | 16628          |

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17. Existing number of inmates at all designated Quarantine Facilities in Mizoram on July 11, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

| EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON |                                  |                                                                                             |                                       |                                                                                               |                                         |                                                                                                        |                                          | 10-07-2020                                                                    |
|-----------------------------------------------------------|----------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------|-------------------------------------------------------------------------------|
| Name of State : Mizoram                                   |                                  | MIZORAM STATE CONTROL ROOM ON COVID-19                                                      |                                       |                                                                                               |                                         |                                                                                                        |                                          | TIME : 4:00pm                                                                 |
|                                                           |                                  | ADMITTED                                                                                    |                                       | DISCHARGED                                                                                    |                                         |                                                                                                        |                                          |                                                                               |
| I                                                         | II                               | III                                                                                         | IV                                    | V                                                                                             | VI                                      | VII                                                                                                    | VIII                                     | IX                                                                            |
| Sl.no                                                     | Name of Facilities               | No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report) | Progressive Total of persons admitted | No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report) | Progressive Total of persons discharged | No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report) | Progressive Numbers shifted to Isolation | No. of persons in the quarantine facility on the date of report (=IV-VI-VIII) |
| 1                                                         | Government Quarantine Facilities | 76                                                                                          | 10469                                 | 71                                                                                            | 9036                                    | 0                                                                                                      | 174                                      | 1259                                                                          |
| 2                                                         | Isolation Facilities             | 4                                                                                           | 593                                   | 3                                                                                             | 521                                     |                                                                                                        |                                          | 72                                                                            |
| 3                                                         | Community Quarantine Facilities  | 1                                                                                           | 3940                                  | 18                                                                                            | 3787                                    | 0                                                                                                      | 21                                       | 132                                                                           |
| 4                                                         | Home Quarantine                  | 2                                                                                           | 1223                                  | 6                                                                                             | 879                                     | 0                                                                                                      | 2                                        | 342                                                                           |
| 5                                                         | Hotel/Paid Quarantine Facilities | 0                                                                                           | 83                                    | 0                                                                                             | 50                                      | 0                                                                                                      | 1                                        | 32                                                                            |
|                                                           | Total                            | 83                                                                                          | 16308                                 | 98                                                                                            | 14273                                   | 0                                                                                                      | 198                                      | 1837                                                                          |

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18. COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin  
email - [mzcvolunteers@gmail.com](mailto:mzcvolunteers@gmail.com) ah emaw  
COVID-19 helpline 102, 0389-232336/2318336-ah te in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

19. Daily Report on Status at Government Quarantine Facilities in various Districts on July 11, 2020  
(as reported by Mizoram State Control on COVID-19, DM&R)

| DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON |           |                  |          |                                                                                             |                                       |                                                                                               |                                         |                                                                                                        |                                                  | 10-07-2020                                                                     |
|-----------------------------------------------------------------------------|-----------|------------------|----------|---------------------------------------------------------------------------------------------|---------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------------|
| Name of State : Mizoram                                                     |           |                  |          | MIZORAM STATE CONTROL ROOM ON COVID-19                                                      |                                       |                                                                                               |                                         |                                                                                                        | TIME: 4:00pm                                     |                                                                                |
| FORM 'A'                                                                    |           |                  |          | Quarantine Facility                                                                         |                                       |                                                                                               |                                         | ISOLATION STATUS                                                                                       |                                                  | CURRENT STATUS                                                                 |
| FACILITY STATUS                                                             |           |                  |          | Admitted                                                                                    |                                       | Discharged                                                                                    |                                         |                                                                                                        |                                                  |                                                                                |
|                                                                             | 1         | II               | III      | IV                                                                                          | V                                     | VI                                                                                            | VII                                     | VIII                                                                                                   | IX                                               | X                                                                              |
| Sl.no                                                                       | District  | No of Facilities | Capacity | No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report) | Progressive Total of persons admitted | No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report) | Progressive Total of persons discharged | No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report) | Progressive Total of person shifted to Isolation | No. of persons in the quarantine facility on the date of report {V-( VII+ IX)} |
| 1                                                                           | Aizawl    | 37               | 2076     | 42                                                                                          | 3224                                  | 35                                                                                            | 2633                                    | 0                                                                                                      | 18                                               | 573                                                                            |
| 2                                                                           | Champhai  | 7                | 334      | 2                                                                                           | 424                                   | 2                                                                                             | 396                                     | 0                                                                                                      | 0                                                | 28                                                                             |
| 3                                                                           | Hnahthial | 22               | 333      | 0                                                                                           | 176                                   | 0                                                                                             | 170                                     | 0                                                                                                      | 1                                                | 5                                                                              |
| 4                                                                           | Khawzawl  | 26               | 530      | 0                                                                                           | 289                                   | 1                                                                                             | 275                                     | 0                                                                                                      | 11                                               | 3                                                                              |
| 5                                                                           | Kolasib   | 18               | 781      | 8                                                                                           | 1352                                  | 2                                                                                             | 1192                                    | 0                                                                                                      | 10                                               | 150                                                                            |
| 6                                                                           | Lawngtlai | 21               | 715      | 10                                                                                          | 1141                                  | 14                                                                                            | 972                                     | 0                                                                                                      | 0                                                | 169                                                                            |
| 7                                                                           | Lunglei   | 22               | 791      | 5                                                                                           | 1006                                  | 4                                                                                             | 834                                     | 0                                                                                                      | 64                                               | 108                                                                            |
| 8                                                                           | Mamit     | 25               | 768      | 5                                                                                           | 571                                   | 8                                                                                             | 476                                     | 0                                                                                                      | 26                                               | 69                                                                             |
| 9                                                                           | Saitual   | 44               | 704      | 0                                                                                           | 441                                   | 0                                                                                             | 419                                     | 0                                                                                                      | 1                                                | 21                                                                             |
| 10                                                                          | Serchhip  | 31               | 617      | 3                                                                                           | 458                                   | 4                                                                                             | 386                                     | 0                                                                                                      | 8                                                | 64                                                                             |
| 11                                                                          | Siaha     | 36               | 1469     | 1                                                                                           | 1387                                  | 1                                                                                             | 1283                                    | 0                                                                                                      | 35                                               | 69                                                                             |
|                                                                             | TOTAL     | 289              | 9118     | 76                                                                                          | 10469                                 | 71                                                                                            | 9036                                    | 0                                                                                                      | 174                                              | 1259                                                                           |

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20. Daily Report on Status at Isolation Facilities in various Districts on July 11, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

| DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON |                  |                                                                                                                                   |                                                    |                                                               |                                                        |                                                                          | 10-07-2020 |
|-----------------------------------------------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------------------|------------|
| Name of State : Mizoram                                         |                  | MIZORAM STATE CONTROL ROOM ON COVID-19                                                                                            |                                                    |                                                               |                                                        | TIME: 4:00pm                                                             |            |
| FORM 'B'                                                        |                  | FACILITY FOR ISOLATION                                                                                                            |                                                    |                                                               |                                                        | CURRENT STATUS                                                           |            |
|                                                                 |                  | ADMITTED                                                                                                                          |                                                    | DISCHARGED                                                    |                                                        |                                                                          |            |
| I                                                               | II               | III                                                                                                                               | IV                                                 | V                                                             | VI                                                     | VII                                                                      |            |
| Sl.no                                                           | Name of District | No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted to isolation) | Progressive Total of persons admitted to isolation | No.of persons discharged from isolation on the date of report | Progressive Total of persons discharged from isolation | No. of persons in Isolation facility on the date of report (IV Minus VI) |            |
| 1                                                               | Aizawl           | 4                                                                                                                                 | 359                                                | 1                                                             | 321                                                    | 38                                                                       |            |
| 2                                                               | Champhai         | 0                                                                                                                                 | 21                                                 | 0                                                             | 19                                                     | 2                                                                        |            |
| 3                                                               | Hnahthial        | 0                                                                                                                                 | 2                                                  | 0                                                             | 2                                                      | 0                                                                        |            |
| 4                                                               | Khawzawl         | 0                                                                                                                                 | 18                                                 | 0                                                             | 18                                                     | 0                                                                        |            |
| 5                                                               | Kolasib          | 0                                                                                                                                 | 38                                                 | 2                                                             | 36                                                     | 2                                                                        |            |
| 6                                                               | Lawngtlai        | 0                                                                                                                                 | 0                                                  | 0                                                             | 0                                                      | 0                                                                        |            |
| 7                                                               | Lunglei          | 0                                                                                                                                 | 31                                                 | 0                                                             | 21                                                     | 10                                                                       |            |
| 8                                                               | Mamit            | 0                                                                                                                                 | 29                                                 | 0                                                             | 25                                                     | 4                                                                        |            |
| 9                                                               | Saitual          | 0                                                                                                                                 | 2                                                  | 0                                                             | 2                                                      | 0                                                                        |            |
| 10                                                              | Serchhip         | 0                                                                                                                                 | 39                                                 | 0                                                             | 37                                                     | 2                                                                        |            |
| 11                                                              | Siaha            | 0                                                                                                                                 | 54                                                 | 0                                                             | 40                                                     | 14                                                                       |            |
|                                                                 | TOTAL            | 4                                                                                                                                 | 593                                                | 3                                                             | 521                                                    | 72                                                                       |            |

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21. Daily Report on Status at Community Quarantine Facilities in various Districts on July 11, 2020  
(as reported by Mizoram State Control on COVID-19, DM&R)

| DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 10-07-2020 |           |                  |                                   |                                              |                                       |                                                |                                         |                                                         |                                                  |                                                                                 |
|---------------------------------------------------------------------------------------|-----------|------------------|-----------------------------------|----------------------------------------------|---------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------|
| Name of State : Mizoram                                                               |           |                  | MIZORAM STATE CONTROL ON COVID-19 |                                              |                                       |                                                |                                         |                                                         | TIME: 4:00pm                                     |                                                                                 |
| FORM 'C'                                                                              |           |                  | QUARANTINE FACILITY               |                                              |                                       |                                                | ISOLATION STATUS                        |                                                         | CURRENT STATUS                                   |                                                                                 |
| FACILITY STATUS                                                                       |           |                  | ADMITTED                          |                                              | DISCHARGED                            |                                                |                                         |                                                         |                                                  |                                                                                 |
| Sl.no                                                                                 | I         | II               | III                               | IV                                           | V                                     | VI                                             | VII                                     | VIII                                                    | IX                                               |                                                                                 |
|                                                                                       | District  | No of Facilities | Capacity                          | No.of persons admitted on the date of report | Progressive Total of persons admitted | No.of persons discharged on the date of report | Progressive Total of persons discharged | No.of person shifted to isolation on the date of report | Progressive Total of person shifted to isolation | No. of persons in the quarantine facility on the date of report (IV-(VI+ VIII)) |
| 1                                                                                     | Aizawl    | 347              | 3581                              | 1                                            | 2910                                  | 18                                             | 2767                                    | 0                                                       | 11                                               | 132                                                                             |
| 2                                                                                     | Champhai  | 15               | 414                               | 0                                            | 318                                   | 0                                              | 318                                     |                                                         |                                                  | 0                                                                               |
| 3                                                                                     | Hnahthial | 2                | 16                                | 0                                            | 11                                    | 0                                              | 11                                      |                                                         |                                                  | 0                                                                               |
| 4                                                                                     | Khawzawl  |                  |                                   |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 5                                                                                     | Kolasib   |                  |                                   |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 6                                                                                     | Lawngtlai | 4                | 99                                | 0                                            | 96                                    | 0                                              | 96                                      |                                                         |                                                  | 0                                                                               |
| 7                                                                                     | Lunglei   | 21               | 314                               | 0                                            | 222                                   | 0                                              | 218                                     | 0                                                       | 4                                                | 0                                                                               |
| 8                                                                                     | Mamit     | 8                | 220                               | 0                                            | 123                                   | 0                                              | 123                                     |                                                         |                                                  | 0                                                                               |
| 9                                                                                     | Saitual   | 4                | 45                                | 0                                            | 28                                    | 0                                              | 28                                      |                                                         |                                                  | 0                                                                               |
| 10                                                                                    | Serchhip  | 7                | 280                               | 0                                            | 168                                   | 0                                              | 162                                     | 0                                                       | 6                                                | 0                                                                               |
| 11                                                                                    | Siaha     | 5                | 0                                 | 0                                            | 64                                    |                                                | 64                                      | 0                                                       | 0                                                | 0                                                                               |
|                                                                                       | TOTAL     | 413              | 4969                              | 1                                            | 3940                                  | 18                                             | 3787                                    | 0                                                       | 21                                               | 132                                                                             |

**Note :** Aizawl CQF report kan dawn ang in, Tuikual North CQF, Tuikual PCI Kohhran Hall-a awm mi 24 te hi Tuikual South veng record-a an lo awm ve tho avangin double entry an ni a, Tuikual North CQF atang hian ka paih a, progressive admitted leh discharged atang hian minus 24 a nih avangin Total Progressive Admitted hi 3940 a ni ta a, Total Progressive Discharge 3787 a ni ta a ni.

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LLTF / VLTF-te hnena ngenna

- Insawiselna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
- Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngai te erawh chu an quarantine-na hmun theuhvah sample la tura IDSP team phone tur a ni.
- Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni

(ZMC bulletin)

22. Daily Report on Status of Home Quarantine in various Districts on July 11, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

| DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 10-07-2020 |           |                                              |                                       |                                                |                                         |                                                         |                                                  |                                                                                  |
|-----------------------------------------------------------------------|-----------|----------------------------------------------|---------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------------------------------|
| Name of State : Mizoram                                               |           | MIZORAM STATE CONTROL ROOM ON COVID-19       |                                       |                                                |                                         |                                                         | TIME: 4:00pm                                     |                                                                                  |
| FORM 'D'                                                              |           | QUARANTINE FACILITY                          |                                       |                                                |                                         | ISOLATION STATUS                                        |                                                  | CURRENT STATUS                                                                   |
|                                                                       |           | ADMITTED                                     |                                       | DISCHARGED                                     |                                         |                                                         |                                                  |                                                                                  |
| Sl.no                                                                 | I         | II                                           | III                                   | IV                                             | V                                       | VI                                                      | VII                                              | VIII                                                                             |
|                                                                       | District  | No.of persons admitted on the date of report | Progressive Total of persons admitted | No.of persons discharged on the date of report | Progressive Total of persons discharged | No.of person shifted to Isolation on the date of report | Progressive Total of person shifted to Isolation | No. of persons in the quarantine facility on the date of report {III-( VI+ VII)} |
| 1                                                                     | Aizawl    | 0                                            | 795                                   | 0                                              | 568                                     |                                                         |                                                  | 227                                                                              |
| 2                                                                     | Champhai  | 0                                            | 40                                    | 0                                              | 40                                      |                                                         |                                                  | 0                                                                                |
| 3                                                                     | Hnahthial | 0                                            | 4                                     | 0                                              | 2                                       |                                                         |                                                  | 2                                                                                |
| 4                                                                     | Khawzawl  | 0                                            | 2                                     | 0                                              | 2                                       |                                                         |                                                  | 0                                                                                |
| 5                                                                     | Kolasib   | 0                                            | 14                                    | 0                                              | 11                                      |                                                         |                                                  | 3                                                                                |
| 6                                                                     | Lawngtlai | 0                                            | 66                                    | 6                                              | 47                                      |                                                         |                                                  | 19                                                                               |
| 7                                                                     | Lunglei   | 0                                            | 116                                   | 0                                              | 116                                     |                                                         |                                                  | 0                                                                                |
| 8                                                                     | Mamit     | 0                                            | 10                                    | 0                                              | 10                                      |                                                         |                                                  | 0                                                                                |
| 9                                                                     | Saitual   | 0                                            | 9                                     | 0                                              | 9                                       |                                                         |                                                  | 0                                                                                |
| 10                                                                    | Serchhip  | 2                                            | 126                                   | 0                                              | 45                                      | 0                                                       | 2                                                | 79                                                                               |
| 11                                                                    | Siaha     | 0                                            | 41                                    | 0                                              | 29                                      |                                                         |                                                  | 12                                                                               |
|                                                                       | TOTAL     | 2                                            | 1223                                  | 6                                              | 879                                     | 0                                                       | 2                                                | 342                                                                              |

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23. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on July 11, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

| DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 10-07-2020 |           |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  |                                                                                 |
|----------------------------------------------------------------------------------------|-----------|----------------|----------|----------------------------------------------|---------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------|
| Name of State : Mizoram                                                                |           |                |          | MIZORAM STATE CONTROL ROOM ON COVID-19       |                                       |                                                |                                         |                                                         | TIME: 4:00pm                                     |                                                                                 |
| FORM 'E'                                                                               |           |                |          | QUARANTINE FACILITY                          |                                       |                                                |                                         | ISOLATION STATUS                                        |                                                  | CURRENT STATUS                                                                  |
| Sl.no                                                                                  | I         |                |          | ADMITTED                                     |                                       | DISCHARGED                                     |                                         |                                                         |                                                  | VIII                                                                            |
|                                                                                        | District  | No.of Facility | Capacity | No.of persons admitted on the date of report | Progressive Total of persons admitted | No.of persons discharged on the date of report | Progressive Total of persons discharged | No.of person shifted to isolation on the date of report | Progressive Total of person shifted to isolation | No. of persons in the quarantine facility on the date of report (III- (V+ VII)) |
| 1                                                                                      | Aizawl    | 8              | 59       | 0                                            | 83                                    | 0                                              | 50                                      | 0                                                       | 1                                                | 32                                                                              |
| 2                                                                                      | Champhai  |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 3                                                                                      | Hnahthial |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 4                                                                                      | Khawzawl  |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 5                                                                                      | Kolasib   |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 6                                                                                      | Lawngtlai |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 7                                                                                      | Lunglei   |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 8                                                                                      | Mamit     |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 9                                                                                      | Saitual   |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 10                                                                                     | Serchhip  |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
| 11                                                                                     | Siaha     |                |          |                                              |                                       |                                                |                                         |                                                         |                                                  | 0                                                                               |
|                                                                                        | TOTAL     | 8              | 59       | 0                                            | 83                                    | 0                                              | 50                                      | 0                                                       | 1                                                | 32                                                                              |

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24. Champhai District Quarantine Facility hrang hranga khung hran zat (as on 11<sup>th</sup> July,2020 5:00 pm)

- 1) DPRC Institutional Quarantine Centre
2) Dedicated Covid Health Centre (Nursing School Building Top Floor)
3) Recovery Ward, DCH Centre (Nursing School Building Second Floor)

- 28 (17 Male + 11 Female)
- 1 (Male)
- 1 (Male)
- TOTAL
- 30 (19 Male + 11 Female)
(DIPR)

25. Lawngtlai District-ah khung hran mek mi 187 an awm (11.07.2020 @ 6:00 PM)

Lawngtlai District mi leh sa state pawn atanga lo haw, government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 5:00 thleng khan mi 187 a ni a. COVID-19 positive mi 4 te chu Lawngtlaia Covid Care Centre (CCC)-ah dah niin, an hriselna dinhmun vil reng a ni a, ngaihtuahawm an awm lo. Tukin khan Karnataka atanga lo haw mi 4 lo thlen belhin, Govt Lawngtlai College-ah dah an ni a. Covid Care Centre atangin khung hran hun bi hmang zo tawh leh RT-PCR test-a negative mi 1 chhuahtir a ni thung. **(DIPR)**

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26. Mamit District-ah khung hran mek mi 69 an awm (11.07.2020 @ 4:00 PM)

For details [Click here](#) (DIPR)

27. Kolasib District-ah khung hran mek mi 144 an awm (10.07.2020 @ 9:10 PM)

Nimin (July ni 10, 2020) khan Quarantine Facility atangin mi 3 an chhuak a (DIET-1, RSTC-2), mi 10 dahluh an ni thung (Nursing-6, Polytechnic-3, St. Maria-1).

| Sl.No | Name of Facility                                | No inmates Admitted | No of inmates transferred in | No of inmates transferred out | No of inmates released | Total inmates |
|-------|-------------------------------------------------|---------------------|------------------------------|-------------------------------|------------------------|---------------|
| 1     | Tourist Lodge Vairengte                         | 0                   | 0                            | 0                             | 0                      | 0             |
| 2     | Education IB, Vairengte                         | 0                   | 0                            | 0                             | 0                      | 1             |
| 3     | Govt. PS-I, Bairabi                             | 0                   | 0                            | 0                             | 0                      | 3             |
| 4     | Kawnpui HS                                      | 0                   | 0                            | 0                             | 0                      | 0             |
| 5     | DIET, Saidan                                    | 0                   | 0                            | 0                             | 1                      | 9             |
| 6     | RSTC Saidan                                     | 0                   | 0                            | 0                             | 2                      | 36            |
| 7     | Govt. Hmarveng HS                               | 0                   | 0                            | 0                             | 0                      | 21            |
| 8     | St. Maria Goretti's School                      | 1                   | 0                            | 0                             | 0                      | 10            |
| 9     | Toursit Lodge Kolasib                           | 0                   | 0                            | 0                             | 0                      | 16            |
| 10    | School of Nursing, Thingdawl                    | 6                   | 0                            | 0                             | 0                      | 14            |
| 11    | Polytechnic, Thingdawl                          | 3                   | 0                            | 0                             | 0                      | 34            |
| 12    | Jordan Centre, Sethawn                          | 0                   | 0                            | 0                             | 0                      | 0             |
| 13    | SIRD, Kolasib (Covid Care Centre)               | 0                   | 0                            | 0                             | 0                      | 0             |
|       | <b>Total</b>                                    | <b>10</b>           | <b>0</b>                     | <b>0</b>                      | <b>3</b>               | <b>144</b>    |
| 14    | District Covid Health Centre, District Hospital | 0                   | 0                            | 0                             | 0                      | 1             |

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28. Vairengte screening point a Mizoram mi leh sa State pawna tangkhang (Stranded passengers) lo haw chhinchhiah zat (February ni 11, 2020 - July ni 10, 2020 @ 9:00 pm)

|              |               |
|--------------|---------------|
| Aizawl       | - 1996        |
| Lunglei      | - 353         |
| Siaha        | - 543         |
| Champhai     | - 144         |
| Kolasib      | - 285         |
| Serchhip     | - 143         |
| Lawngtlai    | - 519         |
| Mamit        | - 151         |
| Khawzawl     | - 74          |
| Hnahthial    | - 56          |
| Saitual      | - 73          |
| <b>Total</b> | <b>- 4337</b> |
|              | <b>(DIPR)</b> |

29. Vairengte Screening point a lirthei leh mihring lut chhinchhiah zat (February ni 11, 2020 - July ni 10, 2020 @ 9:00 pm)

|                 |               |
|-----------------|---------------|
| Lirthei (Motor) | - 40429       |
| Mihring         | - 86659       |
|                 | <b>(DIPR)</b> |

30. Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawka ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuaia mobile number tarlanahthe hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zeit tur kan veng thei a ni tih i hre reng ang u.

Thawwna tur number : 9436152192 / 7005084957 / 9436196515

31. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 11<sup>th</sup> July, 2020)

| S / N | Nature of offence                                                                                                                                                                                                                                                       | Nos of Offenders<br>(last 24 hours<br>10.7.2020 9:00AM –<br>11.7.2020 9:00AM)<br>imposed by |                 |     |       |                 | Amount of fines imposed<br>(last 24 hours<br>10.7.2020 9:00AM –<br>11.7.2020 9:00AM) imposed by |     |       |                 | Cumulative nos of<br>Offenders<br>since 4.5.2020 |             | Cumulative<br>amount of fines<br>imposed<br>since 4.5.2020 |                                        |        |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-----------------|-----|-------|-----------------|-------------------------------------------------------------------------------------------------|-----|-------|-----------------|--------------------------------------------------|-------------|------------------------------------------------------------|----------------------------------------|--------|
|       |                                                                                                                                                                                                                                                                         | Police                                                                                      |                 | LTF | Total | Police          |                                                                                                 | LTF | Total | Police          |                                                  | LTF         | Police                                                     |                                        | LTF    |
|       |                                                                                                                                                                                                                                                                         | Other<br>Police                                                                             | Flying<br>Squad |     |       | Other<br>Police | Flying<br>Squad                                                                                 |     |       | Other<br>Police | Flying<br>Squad<br>(w.e.f<br>3.6.2020)           |             | Other<br>Police                                            | Flying<br>Squad<br>(w.e.f<br>3.6.2020) |        |
|       |                                                                                                                                                                                                                                                                         |                                                                                             |                 |     |       |                 |                                                                                                 |     |       |                 |                                                  |             |                                                            |                                        |        |
| 1     | Entering or staying at any public place without the use of mask (Section 4(1))                                                                                                                                                                                          | 74                                                                                          | 364             |     | 420   | 7400            | 34600                                                                                           |     | 42000 | 10500           | 5866                                             | 1536        | 2520300                                                    | 907100                                 | 209400 |
| 2     | Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))                                                                                                                                                                               | 2                                                                                           | 10              |     | 12    | 400             | 2000                                                                                            |     | 2400  |                 |                                                  |             |                                                            |                                        |        |
| 3     | Spitting in public places (Section 4(3))                                                                                                                                                                                                                                |                                                                                             |                 |     |       |                 |                                                                                                 |     |       |                 |                                                  |             |                                                            |                                        |        |
| 4     | Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(5))                                                                                                                                                    |                                                                                             |                 |     |       |                 |                                                                                                 |     |       |                 |                                                  |             |                                                            |                                        |        |
| 5     | Avoiding or attempting to evade quarantine and/or isolation at designated quarantine facility as per regulations/guidelines/instructions in force from time to time (Section 4(6))                                                                                      |                                                                                             |                 |     |       |                 |                                                                                                 |     |       |                 |                                                  |             |                                                            |                                        |        |
| 6     | Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))                                                                                                                                                |                                                                                             |                 |     |       |                 |                                                                                                 |     |       |                 |                                                  |             |                                                            |                                        |        |
| 7     | Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))                                                                                                                           |                                                                                             |                 |     |       |                 |                                                                                                 |     |       |                 |                                                  |             |                                                            |                                        |        |
| 8     | Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9)) | 4                                                                                           | 1               |     | 5     | 4000            | 1000                                                                                            |     | 5000  |                 |                                                  |             |                                                            |                                        |        |
| TOTAL |                                                                                                                                                                                                                                                                         | 80                                                                                          | 357             |     | 437   | 11800           | 37600                                                                                           |     | 49400 | 17902           |                                                  | Rs. 3636800 |                                                            |                                        |        |

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32. The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanchhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

33. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) *(as on 11<sup>th</sup> July, 2020)*

| S/<br>N     | District                | Nature<br>of<br>offence | Nos of Offenders<br>(last 24 hours<br>10.7.2020 9:00AM<br>– 11.7.2020<br>9:00AM) imposed<br>by |              |     |       | Amount of fines imposed<br>(last 24 hours 10.7.2020<br>9:00AM – 11.7.2020<br>9:00AM) imposed by |              |     |       | Cumulative nos of<br>Offenders since 4.5.2020 |                                  |      |       | Cumulative amount of fines<br>imposed since 4.5.2020 |                                  |        |         |
|-------------|-------------------------|-------------------------|------------------------------------------------------------------------------------------------|--------------|-----|-------|-------------------------------------------------------------------------------------------------|--------------|-----|-------|-----------------------------------------------|----------------------------------|------|-------|------------------------------------------------------|----------------------------------|--------|---------|
|             |                         |                         | Police                                                                                         |              | LTF | Total | Police                                                                                          |              | LTF | Total | Police                                        |                                  | LTF  | Total | Police                                               |                                  | LTF    | Total   |
|             |                         |                         | Other Police                                                                                   | Flying Squad |     |       | Other Police                                                                                    | Flying Squad |     |       | Other Police                                  | Flying Squad<br>(w.e.f 3.6.2020) |      |       | Other Police                                         | Flying Squad<br>(w.e.f 3.6.2020) |        |         |
|             |                         |                         |                                                                                                |              |     |       |                                                                                                 |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 1           | Kolasib                 | 4(1)                    |                                                                                                | 37           |     | 37    |                                                                                                 | 3700         |     | 3700  | 130                                           | 376                              | 8    | 514   | 13200                                                | 39400                            | 800    | 53400   |
|             |                         | 4(9)                    |                                                                                                | 1            |     | 1     |                                                                                                 | 1000         |     | 1000  |                                               |                                  |      |       |                                                      |                                  |        |         |
|             |                         | Sub Total               |                                                                                                |              |     | 38    | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 2           | Mamit                   | 4(1)                    | 15                                                                                             |              |     | 15    | 1500                                                                                            |              |     | 1500  | 653                                           | 177                              | 22   | 852   | 89500                                                | 17700                            | 2200   | 109400  |
|             |                         | Sub Total               |                                                                                                |              |     | 15    | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 3           | Aizawl                  | 4(1)                    | 51                                                                                             | 274          |     | 325   | 5100                                                                                            | 27400        |     | 32500 | 5541                                          | 2538                             | 487  | 8566  | 1219900                                              | 465600                           | 71200  | 1756700 |
|             |                         | 4(2)                    | 2                                                                                              | 10           |     | 12    | 400                                                                                             | 2000         |     | 2400  |                                               |                                  |      |       |                                                      |                                  |        |         |
|             |                         | 4(9)                    | 1                                                                                              |              |     | 1     | 1000                                                                                            |              |     | 1000  |                                               |                                  |      |       |                                                      |                                  |        |         |
|             |                         | Sub Total               |                                                                                                |              |     | 338   | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 4           | Saitual                 | 4(1)                    |                                                                                                | 4            |     | 4     |                                                                                                 | 400          |     | 400   | 318                                           | 69                               | 45   | 432   | 92900                                                | 27200                            | 6500   | 126600  |
|             |                         | Sub Total               |                                                                                                |              |     | 4     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 5           | Champhai                | 4(1)                    |                                                                                                | 7            |     | 7     |                                                                                                 | 700          |     | 700   | 335                                           | 283                              | 200  | 818   | 89400                                                | 39500                            | 32000  | 160900  |
|             |                         | Sub Total               |                                                                                                |              |     | 7     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 6           | Khawzawl                | 4(1)                    |                                                                                                | 9            |     | 9     |                                                                                                 | 900          |     | 900   | 144                                           | 504                              | 25   | 673   | 14400                                                | 51300                            | 3500   | 69200   |
|             |                         | Sub Total               |                                                                                                |              |     | 9     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 7           | Serchhip                | 4(1)                    |                                                                                                | 3            |     | 3     |                                                                                                 | 300          |     | 300   | 838                                           | 576                              | 57   | 1471  | 122000                                               | 65700                            | 5700   | 193400  |
|             |                         | Sub Total               |                                                                                                |              |     | 3     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 8           | Hnahthial               |                         |                                                                                                |              |     |       |                                                                                                 |              |     |       | 349                                           | 113                              | 74   | 536   | 35200                                                | 15400                            | 7400   | 58000   |
|             |                         | Sub Total               |                                                                                                |              |     |       | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 9           | Lunglei                 | 4(1)                    |                                                                                                | 2            |     | 2     |                                                                                                 | 200          |     | 200   | 678                                           | 610                              | 171  | 1459  | 213100                                               | 81500                            | 22500  | 317100  |
|             |                         | Sub Total               |                                                                                                |              |     | 2     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 10          | Lawngtlai               | 4(1)                    | 3                                                                                              | 8            |     | 11    | 300                                                                                             | 800          |     | 1100  | 733                                           | 564                              | 122  | 1419  | 65900                                                | 77500                            | 12800  | 156200  |
|             |                         | Sub Total               |                                                                                                |              |     | 11    | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 11          | Siaha                   | 4(1)                    |                                                                                                | 2            |     | 2     |                                                                                                 | 200          |     | 200   | 161                                           | 56                               | 325  | 542   | 36600                                                | 26300                            | 44800  | 107700  |
|             |                         | Sub Total               |                                                                                                |              |     | 2     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| 12          | SP<br>Traffic<br>Aizawl | 4(1)                    | 5                                                                                              |              |     | 5     | 500                                                                                             |              |     | 500   | 620                                           | -                                | -    | 620   | 528200                                               | -                                | -      | 528200  |
|             |                         | 4(9)                    | 3                                                                                              |              |     | 3     | 3000                                                                                            |              |     | 3000  |                                               |                                  |      |       |                                                      |                                  |        |         |
|             |                         | Sub Total               |                                                                                                |              |     | 8     | Sub Total                                                                                       |              |     |       |                                               |                                  |      |       |                                                      |                                  |        |         |
| GRAND TOTAL |                         |                         |                                                                                                |              |     | 437   |                                                                                                 |              |     | 49400 | 10500                                         | 5866                             | 1536 | 17902 | 2520300                                              | 907100                           | 209400 | 3636800 |

For details [Click here](#)

34. Food Corporation of India (FCI), District Office, Aizawl report (10<sup>th</sup> July, 2020)  
*(Mizoram chungha FCI Godown hrang hranga buhfai awm zat)*

|                                | Rice Raw Grade A | RiceCommon | Wheat        | Belhkhawm       |
|--------------------------------|------------------|------------|--------------|-----------------|
| Food Supply Depot<br>AIZAWL    | 3709.6969600MT   | 0.000      | 0.000        | 3709.6969600MT  |
| Food Supply Depot<br>KOLASIB   | 2264.2016800MT   | 0.000      | 202.444425MT | 2466.6461050MT  |
| Food Supply Depot<br>BUALPUI   | 3456.1859280MT   | 0.000      | 0.000        | 3456.1859280MT  |
| Food Supply Depot<br>LUNGLEI   | 2906.8108820MT   | 0.000      | 0.000        | 2906.8108820MT  |
| Food Supply Depot<br>BAIRABI   | 2560.3542300MT   | 0.000      | 0.000        | 2560.3542300MT  |
| Food Supply Depot<br>LAWNGTLAI | 3013.2365840MT   | 0.000      | 0.000        | 3013.2365840MT  |
| Belhkhawm                      | 17910.4862640MT  | 0.000      | 202.444425MT | 18112.9306890MT |

35. Mental Health Professionals (Mizoram) ten Helpline Call an dawn zat (10<sup>th</sup> July, 2020 @ 9:00 PM)

| Sl no | Name of MH Professional               | Substance related | Anxiety related | Depression related | Psychosis & Others | 10 <sup>th</sup> July 2020 | Within state Cumulative | Other states Cumulative | Cumulative both Within & outside state |
|-------|---------------------------------------|-------------------|-----------------|--------------------|--------------------|----------------------------|-------------------------|-------------------------|----------------------------------------|
| 1     | Dr Zonunmawii Pachuau Lunglei         | 0                 | 0               | 0                  | 0                  | 0                          | 0                       | 4                       | 4                                      |
| 2     | Dr C Lalhrekima AZL                   | 2                 | 2               | 2                  | 1                  | 7                          | 825                     | 0                       | 825                                    |
| 3     | Dr Ruth Lalmuanpuii AZL               | 0                 | 0               | 0                  | 0                  | 0                          | 60                      | 19                      | 79                                     |
| 4     | Dr Vanlaldiki Ralte AZL               | 2                 | 1               | 3                  | 0                  | 6                          | 85                      | 26                      | 111                                    |
| 5     | Dr Lalduhawmi Chawngthu AZL           | 0                 | 0               | 0                  | 0                  | 0                          | 18                      | 6                       | 24                                     |
| 6     | Dr Robert L Khawihring SNO            | 0                 | 0               | 0                  | 0                  | 0                          | 169                     | 69                      | 238                                    |
| 7     | Dr Rajesh Rongpi ZMC                  | 0                 | 2               | 0                  | 0                  | 2                          | 0                       | 62                      | 62                                     |
| 8     | Dr Lalhriatpuia ZMC                   | 2                 | 0               | 0                  | 0                  | 2                          | 434                     | 9                       | 443                                    |
| 9     | Dr Lalengmawii AZL                    | 0                 | 0               | 0                  | 0                  | 0                          | 63                      | 9                       | 72                                     |
| 10.   | Biakhluzuali Chenkual AZL             | 0                 | 0               | 0                  | 0                  | 0                          | 81                      | 9                       | 90                                     |
| 11.   | Jane Lalduhchhungi Vanchhawng AZL     | 0                 | 0               | 0                  | 0                  | 0                          | 48                      | 9                       | 57                                     |
| 12.   | Jane Zodingliani Lailung Serchhip     | 0                 | 0               | 0                  | 0                  | 0                          | 65                      | 20                      | 85                                     |
| 13.   | Helen Lalnunmawii Sailo Kolasib       | 0                 | 0               | 0                  | 0                  | 0                          | 23                      | 10                      | 33                                     |
| 14.   | Jacob Chaliindinga Lawngtlai          | 0                 | 0               | 0                  | 0                  | 0                          | 38                      | 12                      | 50                                     |
| 15.   | Vanlalmuani Champhai                  | 0                 | 0               | 0                  | 0                  | 0                          | 39                      | 4                       | 43                                     |
| 16.   | Lalawmpuii Siaha                      | 0                 | 0               | 0                  | 0                  | 0                          | 60                      | 17                      | 77                                     |
| 17.   | Vanlalzari Mamit                      | 0                 | 0               | 0                  | 0                  | 0                          | 41                      | 0                       | 41                                     |
| 18.   | Dr Elizabeth Niang Tawi Mang Champhai | 0                 | 0               | 0                  | 0                  | 0                          | 12                      | 25                      | 37                                     |
| 19.   | K. Lalmuanpuii AZL                    | 0                 | 0               | 0                  | 0                  | 0                          | 2                       | 0                       | 2                                      |
| 20.   | VanlalpariAZL                         | 0                 | 0               | 0                  | 0                  | 0                          | 1                       | 4                       | 5                                      |
| 21.   | Angochhachhai Siaha                   | 0                 | 0               | 1                  | 0                  | 1                          | 19                      | 5                       | 24                                     |
| 22.   | Lalmuanpuii Hauhnar AZL               | 0                 | 0               | 0                  | 0                  | 0                          | 1                       | 5                       | 6                                      |
| 23.   | Ngaihawmi Khenglawt Kolsaib           | 0                 | 0               | 0                  | 0                  | 0                          | 0                       | 18                      | 18                                     |
| 24.   | Vanlalruati Lawngtlai                 | 0                 | 1               | 0                  | 0                  | 1                          | 9                       | 4                       | 13                                     |
| 25.   | Lalnunruati Lunglei                   | 0                 | 1               | 0                  | 0                  | 1                          | 19                      | 0                       | 19                                     |
| 26.   | ZD Lalhmangaihzuai Serchhip           | 0                 | 0               | 0                  | 0                  | 0                          | 2                       | 7                       | 9                                      |
| Total |                                       | 6                 | 7               | 6                  | 1                  | 20                         | 2114                    | 353                     | 2467                                   |

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36. Dt. 10.7.20 Dar 7:00 PM atanga 11.7.20 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlanga Essential Commodity bungrua lo luh dan.

| Sl.No | Items          | Quantity   |             |
|-------|----------------|------------|-------------|
| 1     | Atta           | 5 bags     | 2.50 qtls   |
| 2     | Alu            | 183 bags   | 91.50 qtls  |
| 3     | Purun          | 49 bags    | 24.50 qtls  |
| 4     | Buhfai (bazar) | 237 bags   | 118.50 qtls |
| 5     | Chi            | 220 bags   | 110.00 qtls |
| 6     | Maida          | 78 bags    | 39.00 qtls  |
| 7     | Chini          | 305 bags   | 152.50 qtls |
| 8     | Dal            | 75 bags    | 37.50 qtls  |
| 9     | Tel            | 835 cases  |             |
| 10    | Amul           | 85 cases   |             |
| 11    | Artui          | 1164 cases |             |
| 12    | POL            | 13 Trucks  |             |
| 13    | LPG            | 18 Trucks  |             |
| 14    | Cement         | 15265 bags |             |

✚ Mithiamte sawi danin Covid 19 vei damloin mask a vuah loh chuan a veilo midangah mask vuah reng chung pawhin natna a kaichhawn theihna hi 70% lai a ni a. Mask a vuah erawh chuan midang mask vuahloah pawh a kaichhawn theihna hi 5% chauh a ni. A natna veiin mask a vuah a, a vei loin mask a lo vuah ve bawh chuan natna inkaichhawn theihna hi 1.5% ah a tlahniam thei an ti. Hetiang a nih avang hian he hrileng laka himna tur chuan mask vuah hi kan tih makmawh a ni. Mask i vuah hian zaah zain i him phah lo a ni maithei, amaherawh chu midang i kaichhawn zelna tur erawh nasa takin a veng thei a ni. Chuvangin tun hun hi midangte tana malsawmna i nih theihna hun tha leh remchang tak a ni e. Midangte tan malsawmna i nih theih nan Mask hi lo vuah ve thin ang che.

**COVID-19 RT-PCR test result la hre lo te tan mahni district theuhva IDSP Data Manager te a hnuai number-ah te hian zawh theih a ni**  
*- State Nodal Officer on COVID-19*

|                      |                                              |                          |
|----------------------|----------------------------------------------|--------------------------|
| Aizawl West District | Esther Lalhmingchhuangi                      | 8014126549               |
| Aizawl East District | Imanuela Chawngthu                           | 9862300935               |
| Lunglei District     | R.Lalruatkima                                | 9862533130               |
| Champhai District    | Dr. Samuel Laldinthara<br>Robert Vanlalruata | 8588009756<br>8118908946 |
| Serchhip District    | C.Lalmalsawmi                                | 9436376248               |
| Kolasib District     | Caleb Lalawmawia                             | 9774403199               |
| Mamit District       | Lalbiakpari                                  | 9436155693               |
| Saiha District       | H.Lalmuanchhungi                             | 7085188159               |
| Lawngtlai District   | Lalthlanpuia                                 | 9485495875               |

**Note:** District thar pathumte chuan an awm thinna district hmasa Data Manager te an ring ang.

DIPR

### CHIEF MINISTER’S RELIEF FUND PEK THEIHNATE

○ State Bank of India

Account No.: 39278398200

IFSC: SBIN0004809

SWIFT: SBININBB447

UPI: cmrfmizoram@sbi

Branch: Dawrpui

Branch Code: 004809

HDFC:

Account No.: 18141450000025

IFSC: HDFC0001814

UPI: cmrfmizoram@hdfcbank

Branch: Aizawl

Branch Code: 001814

  
Government of Mizoram  
**CHIEF MINISTER'S RELIEF FUND  
MIZORAM**



Account No - 39278398200  
IFSC - SBIN0004809  
SWIFT - SBININBB447  
UPI - cmrfmizoram@sbi  
BANK - State Bank of India  
Branch Name - Dawrpui  
Branch Code - 04809

Citizens and Organizations can donate using the following methods:  
RTGS/NEFT | Debit Cards | Credit Cards | Internet Banking | UPI  
Foreign Remittances | Mobile Wallets  
by scanning the QR Code, through Virtual Payment Address  
or by navigating to  
<https://www.onlinesbi.com/sbicollect/collecthome.htm>



**SCAN RAWH LE**



UPI : cmrfmizoram@hdfcbank

Heng hmang te hian a pek theih

|         |         |            |       |
|---------|---------|------------|-------|
| Gpay    | Paytm   | Mastercard | UPI   |
| BHIM    | Payzapp | Visa       | Rupay |
| Phonepe | UPI     |            |       |

  
Let's Fight Against  
**CORONAVIRUS?**

**CHHUNGTE NIH LEH HMEHRIAT  
THA NIH HI COVID-19 HIAN  
A THLIAR HRANGLO,  
I TAN AN HLAUH AWM TING MAI.  
CHUVANGIN, MI ZAWNG ZAWNG  
LAKAH INVENG FIMKHUR ANG  
CHE AW...**

**COVID-19 KIAN HMA CHUAN,  
CHHUNGTE VA TLAWH HRIH  
SUH, AN HLAU ANG CHE.  
TAWM HRAM HRAM RAWH.  
A REI TAWH LO ANG.**

  
**COMMITTEE ON COVID-19  
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**  


Issued by  
Covid-19 Committee on  
Psychological and Social Guidance,  
Govt of Mizoram

  
Ventilator vuah aiin hmai khuh  
a nuam zawk e

  
Mamawh zualpui leh  
Nunna atana pawimawh  
chauh lei ang aw

  
Thing leh thlai i phun ang aw...  
Malsawm dawn nan

ISSUED BY COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOVT OF MIZORAM

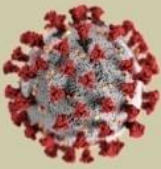
RAM ROREL KHAWL, SAWRKAR HNATHAWK, KOHHRAN LEH TLAWMNGAI PAWL, RAM LEH HNAM HMANGAIHTUTEN TIHTAK ZETA NUN CHHAN TUMA AN TANGRUAL HI CHUNG PATHIAN DUHZAWNG, AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh hmingthatna leh hamthatna khel rih lovin...

I thiam I finna nen raldo hmatawngah rawn intlar ve rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

ISSUED BY COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOVT OF MIZORAM



Covid-19 hi natna pakhat ve mai a ni a, in ven theih a ni. Vei te tan pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih nan mi tam tak an tawngtai reng bawk e



Sawrkhar, Kohhran, Tlawmngai pawl leh mi tha tam takin in him nan leh dam nan hna an thawk reng e.



Tihbai awm natna ni mahse..a hnai zawk 'Chhandamtun' thlamuang rawh min ti'...

# What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not

CURFEW

It's

CARE FOR U