

COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



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Issue No : 98

Time : 21st July, 2020 @ 7:00 PM

Mizoram COVID-19 Helpline no. 102(toll free)/ 0389 2323336/0389 2318336

01.07.2020 LEH 31.07.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA
KALPUI DAN TUR THUPEK

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1. July ni 21, 2020 tlai dar 5:30 a Khawvel COVID-19 dinhmun (source: World Health Organization)

Confirmed cases	-	14,538,094
Confirmed deaths	-	6,07,358
Countries/Territories affected by COVID-19	-	213

COVID-19 natna vei hmuhchhuah tamna ram te

USA	- 37,48,248	Brazil	-20,98,389	India	-11,55,191
Russia	-7,77,486	South Africa	- 3,73,628	Peru	- 3,53,590
Mexico	- 3,44,244	Chile	- 3,33,029	United Kingdom	- 2,94,796
Iran	- 2,76,202	Pakistan	- 2,66,096	Spain	- 2,60,255

COVID-19 natna thihpui tamna ram te

USA	- 1,39,964	Brazil	- 79,488	United Kingdom	- 45,300
Mexico	- 39,184	Italy	- 35,045	France	- 30,046
Spain	- 28,420	India	- 28,084	Iran	- 14,405
Peru	- 13,187	Russia	- 12,427	Belgium	- 9,800

Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

USA	- 62,788	India	- 37,148	Brazil	- 23,529
South Africa	- 9,300	Colombia	- 6,578	Russia	- 5,940
Mexico	- 5,311	Argentina	- 4,231	Peru	- 4,090
Bangladesh	- 2,928	Saudi Arabia	- 2,429	Iran	- 2,414

WHO in region a then dan a COVID-19 vei zat

Americas	- 77,02,075	Europe	- 30,79,218	South-East Asia	- 14,78,141
Eastern Mediterranean	- 14,00,544	Africa	- 6,11,185	Western Pacific	- 2,66,190

- Darkar 24 chhungin positive thar **1,89,236** an awm a; **3,667** in an thihpui.

2. July ni 21, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

COVID-19 vei hmuhchhuah tawh zat : 11,55,191

Tuna vei mek zat: 4,02,529

Sl.	State/UT	Positive hmuhchhuah tawh zat	Damchhuak	Thi	Sl.	State/UT	Positive hmuhchhuah tawh zat	Damchhuak	Thi
1	Andaman & Nicobar Islands	207	152	0	19	Madhya Pradesh	23310	15684	738
2	Andhra Pradesh	53724	24228	696	20	Maharashtra	318695	175029	12030
3	Arunachal Pradesh	790	285	3	21	Manipur	1925	1307	0
4	Assam	25382	17095	58	22	Meghalaya	466	66	4
5	Bihar	27646	17433	217	23	Mizoram	297	168	0
6	Chandigarh	737	518	12	24	Nagaland	1021	484	0
7	Chhattisgarh	5561	3944	25	25	Odisha	18110	12910	97
8	Dadra Nagar Haveli, Daman & Diu	684	448	2	26	Puducherry	2092	1265	29
9	Delhi	123747	104918	3663	27	Punjab	10510	7118	262
10	Goa	3853	2361	23	28	Rajasthan	30390	22195	568
11	Gujarat	49353	35678	2162	29	Sikkim	305	92	0
12	Haryana	26858	20226	355	30	Tamil Nadu	175678	121776	2551
13	Himachal Pradesh	1631	1067	11	31	Telangana	46274	34323	422
14	Jammu & Kashmir	14650	8274	254	32	Tripura	3079	1845	7
15	Jharkhand	5756	2810	53	33	Uttarakhand	4642	3212	55
16	Karnataka	67420	23795	1403	34	Uttar Pradesh	51160	30831	1192
17	Kerala	13274	5616	43	35	West Bengal	44769	26418	1147
18	Ladakh	1195	1007	2		Cases being reassigned to states	0		
						TOTAL	1155191	724578	28084

* Darkar 24 chhungin **sample 3,33,395** test niin positive case thar **37,148** hmuh a ni a, mi **24,491** dam (cured) a puan niin **587** in an thihpui a ni.

* ICMR chhinchhiaah dan chuan India rama sample test tawh zawng zawng zat hi **1,43,81,303** a ni. (Mizorama data thar update tur a awmin, MoHFW –in update hmanlo mahse table ah hian update tel thin a ni)

DIRECTORATE OF INFORMATION & PUBLIC RELATIONS
Government of Mizoram
Helpline: 102 (Toll Free) /0389-2323336 /2318336

20.07.2020 (11:00 PM)

MIZORAM COVID-19 UPDATE

TOTAL CASES +13 297	CURED/DISCHARGED 168	ACTIVE CASES +13 129	DEATHS 0
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▶ 13 new cases confirmed by ZMC lab today

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Information & Public Relations Department
Government of Mizoram
20.07.2020 (11:00 PM)

COVID-19 Mizoram Statistics

Total Cases	297	Male 202
Active Cases	129	Female 95
Discharged	168	

District-Wise

District	Active	Discharged	District	Active	Discharged
Aizawl	90	39	Lawngtlai	13	8
Lunglei	16	47	Mamit	1	20
Siaha	3	23	Khawzawl	Nil	3
Champhai	2	10	Hnahthial	Nil	Nil
Kolasib	Nil	12	Saitual	Nil	3
Serchhip	4	3	TOTAL	129	168

Source : H&FW Department

3. Quarantine leh a kaihnawih senso chungchanga Sorkar thuchhuak thar

Ministry of Home Affairs' Order No.40-3 /2020-DM-I(A) dated 29.06.2020 dungzuiin Mizoram Sawrkar pawhin inkharkhip burna chu tlema thlah zalen deuhin Order dated 30.06.2020 a ti chhuak a. Ni 25.05.2020 atanga thlawhna service te chhunzawm a nih bakah State chhunga veivah khapna-te hlih anih takah chuan mipui tan zin veivah pawh a lo awlsam chho leh ta a.

Hei avang hian State pawn atanga lo lut leh Mizorarn mi leh sa zin chhuaka lo haw leh te pawh an thahnem chho zel a ni. Chutih rualin Mizorarn mi leh sa State pawna tangkhang te pawh lak luh kim thawkhat an ni ta bawk a. Chuvangin, hnathawhna leh mimal tul thila State chhunga rawn lut leh zin chhuaka lo let leh te quarantine leh an hriselna enfiahna kawnga Sawrkar a in senso reng chu tul tawh lova hriat a ni. Chuvangin, he thu chhuah ni July ni 20, 2020 atanga thu leh awm hma chu State pawn atanga Mizoram rawn lut te chuan an quarantine leh test senso chu an intum ve tawh ang a, a kalphung tur erawh chu hetiang hi a ni ang

For details [Click here](#)

4. STANDARD OPERATING PROCEDURE FOR SOCIAL DISTANCING

For details [Click here](#)

5. Health & Family Welfare Department in Quarantine chungchanga hriattur pawimawh thar a chhuah...

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6. Construction Works HnaThawktu Migrant Workers Chhawr/Chhawrtu Online Report-na...

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7. COVID-19 Positive thar 13 hmuhbelh a ni

Nimin July ni 20, 2020 khan ZMC laboratory-ah swab sample 133 test niin heng zinga 120 a negative a, positive thar 13 hmuhbelh a ni thung.

ZMC laboratory-a COVID-19 positive thar hmuhbelh te hi mipa vek kum 23-49 inkar niin, Aizawl district ami vek an ni. An zinga 11 hi RAY building Falkland a BSF sipai quarantine mekte an ni a, COVID-19 symptoms nei an awmlo, a dang pahnih hi ZMC a awm ve ve, pakhat hi Indian Army Jammu & Kashmir atanga lo haw, symptoms nei a ni a, a dang pakhat leh hi ZMC daktawr, positive contact atanga kai, symptoms neilo a ni.

ZMC Laboratory-a District hrang hrang sample test zat (20th July, 2020)

Aizawl	- 111 (Mipa - 93, Hmeichhia - 18)
Hnahthial	- 8 (Mipa - 6, Hmeichhia - 2)
ZMC	- 14 (Mipa - 9, Hmeichhia - 5)

TOTAL - 133 (Mipa - 108, Hmeichhia - 25)

Nimin July ni 20, 2020 ah vek khan Lunglei Civil Hospital Truenat PCR ah sample 17 test a ni bawk a. Sample test te hi Repeat Test vek niin, Positive sample repeat BSF Zotlang, Lunglei mi 4 te test zingah 3 chu an negative a, 1 a la positive a ni. Anni bakah hian postive contact repeat sample 11 leh midang 2 te an negative bawk.

✚ **Mizorama COVID 19 positive case hmuhchhuah tawh zawng zawng zat:**

Total cases	- 297
Paramilitary Forces (BSF/AR/NDRF)	- 99 (33.33%)
Civilians	- 198 (66.66%)

✚ **Mizorama COVID-19 vei mek zat :**

Total Active cases	- 129
Paramilitary Forces (BSF/AR/NDRF)	- 99 (76.74%)
Civilians	- 30 (23.25%)

✚ **COVID-19 recovery rate in Mizoram - 56.56%**

8. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 250 chuang test niin, ZMC, Aizawl, Mamit leh Serchhip atanga dawnte an ni. Nimin lama test 133 ah 120 an negative a, positve mi 13 hmuhchhuah thar an ni. Covid-19 damlo hmuhchhuah thar 13 zinga 5-te hi positive contact atanga kai an ni.

Vawiin khan Falkawn damdawiinah Covid-19 damlo 4 admit thar an ni.

Vawiin khan ZMC-a Covid-19 damlo enkawl lai, symptoms nei lo leh investigation hrang hrang result tha 14-te chu Covid Care Centre-ah sawn an ni. Tun dinhmunah ZMC-ah Covid 19 damlo 20 enkawl mek an ni a, ICU-a awm mek ten hma an sawn ve zel a, Isolation Ward leh SICU-a awmte zingah harsatna em em nei an awm lo. **(ZMC bulletin)**

9. Chief Minister Pu Zoramthanga hova vawiina Horticulture Department hotute thutkhawmah COVID-19 hriheng avanga thei leh thlai thartute leh a leitute inkara awlsam zawk leh hlawk zawka an indawr theihna tura inthlunzawmna, Fruit and Vegetable Supply Chain chu Horticulture Department, Commerce and Industries Department leh MIZOFED te tanghova hmalakna hi chhunzawm zel a la nih thu report a ni a, June ni 19 atanga July ni 20, 2020 thleng khan thei leh thlai (zikhlum, tomato, samtawk, lakhuihthei, theihai) trip 15 supply tawh a nih thu leh, Heng atang hian Zoram khaw hrang hranga kut hnathawktute hnenah cheng nuai 21 chuang a lluh hman thu tarlan a ni. **For details [Click here](#)**

10. Health & Family Welfare Minister Dr. R. Lalthangliana chuan vawiin tlai khan a pisa ah Mizorama Assam Rifles (AR), Border Security Force (BSF) leh Border Roads Task Force (BRTF) hotute kovin Mizorama COVID-19 darh zel tur veng tura hmalak dan tur a sawipui a, tun dinhmunah Mizorama COVID-19 vei mek 129 zinga 99 (76.74%) chu sipai, Para-military force Mizorama awm mekte zing ami an ni tih sawiin, an mi leh sate Mizorama lo lut leh Mizoram atanga chhuakte uluk tak leh fimkhur taka chhinchhiah a enzui turin sipai hotute a hrih a. An camp chhungah COVID-19 vei enkawl na tur Covid Care Centre (CCC) buatsaih dan tur sawipuiin Health Department official-te nen a rang thei ang bera a hmuna en an tum a ni. **For details [Click here](#)**

11. "Mizoram Police te COVID-19 boruaka an tangkaina leh thawhrimna a fakawm a, mipuite pawhin hei hi a takin an hmu a, social media hmang diklo, mipui ti chi-ai thinte chhuichhuah kawnga an hnathawh a chhuanawm a ni." - Pu Lalchamliana, Home Minister

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12. "COVID-19 hripui vanga harsatna awmin ram pum a tuam a, tum angin tumah kan kal rih lova, hemi avang hian sports pawhin in a tuar nasa a, a Department ang pawhin a tuar nasa pawl kan ni. Inkharkhipna leh kaihhruaina avangin tun thlengin mipui punkhawmna tur infiamna buatsaih khap a la nih rih avangin infiammite fitness pawhin a tawrh ka ring a, Sports Association hrang hrang hruaitu kalkhawmten in kaihhruai infiammite mahni invawnga, in lamah theihtawpa tan la tura fuih turin ka ngen che u." - Robert Romawia Royte, Sports Minister
For details [Click here](#)
13. Health & Family Welfare Board Vice- Chairman Dr. ZR Thiamsanga'n Champhai Civil Hospital-a Truelab Quattro Real Time Quantitative Micro PCR khawl bunna tur siam mek a tlawh
For details [Click here](#)
14. Lunglei HPC Vice Chairman Pu Lawmawma Tochwawng leh Mizoram Bamboo Development Board Vice Chairman Dr K.Pachhunga te kaihhruaiin vawiin khan Lunglei DC Conference Hall-ah tun hnaia Military leh Paramilitary Force zinga Covid-19 vei engemawzat Mizorama hmuhchhuah anih chungchang sawiho tur leh sipai ho zingah leh mipui nawlpui hnena he hri hi inkaidarh anih lohna tura Sipate zawm tur inkaihhruaina 'Standard Operating Procedure (SOP) for Military and Paramilitary Forces' duang turin meeting neih a ni. **For details [Click here](#)**
15. **COVID-19 hripui leng dona vawiin khan Agriculture Minister Pu C.Lalrinsanga, Lunglei West MLA chuan MLA-LADS atangin Rs. 25,00,000 chu CM Relief Fund ah hian a chunglut. Heti hian CM Relief Fund for COVID-19 atana sum lut zawng zawng chu Rs. 20.22 crores a tling tawh. Hetah hian CM Relief Fund HDFC Bank account a pung (interest) Rs. 2,20,784 chu telh a ni. COVID-19 hrileng avanga puih ngaite puihna leh bungrua mamawh leina, etc atan Rs. 12,43,37,049 hman tawh niin, Rs. 7.78 crores a la bang a ni.**
16. Coronavirus (COVID-19) hripui khawvel hmun hrang hrangah a darh zel avang leh he natna hi inkaichhawn awlsam tak a nih avanga mipuite an him theih nan leh an inven theih nan Lunglei District Magistrate Pu V. lalsangliana chuan mipuite zawm tur thupek a chhuah.
For details [Click here](#)
17. Home Department chuan thu leh awm hma chuan state pawn atangin Mizoramah lirthei ke pahnih nei chi (two wheeler) hmangin tumah luh phal a ni tawh lo tiin thupek an chhuah a. Home Department chuan lirthei ke pahnih nei khaltute hi kawng lakah chhan hrang hrang - fur ruah sur, petrol thun, dawra thil lei etc. tura an din fo thin avangin COVID-19 theh darh theitu an nih theihna a san bakah, state pawna atanga lo lut te awlsam zawka chhinchhiah an nih theih nan leh mipui te himna ngaihtuahin he khapna thupek chhuah a nih thu an tarlang a ni.
18. **Covid-19 Task Group on Animal Husbandry & Veterinary and Fisheries daily activity report (21st July, 2020)**
For details [Click here](#)
19. **Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (21st July, 2020 @ 3:00pm)**
For details [Click here](#)

20. Covid-19 Task Group on Quarantine Facilities daily report (as on 21st July, 2020)

FORM A				QUARANTINE FACILITY AS ON TODAY				AS ON TODAY	
Sl.No	District	No of Facilities	Capacity	No of pax admitted in Home Q	No of pax admitted in Hotel Q	No of pax admitted in CQF	No of pax admitted in GQF	No of pax shifted to isolation	TOTAL PAX IN QF
	1	2	3	4	5	6	7	8	10
1	Aizawl	37	2062	263	42	42	643	41	1031
2	Champhai	7	334	0	0	0	43	3	46
3	Hnahthial	22	333	4	0	0	8	0	12
4	Khawzawl	26	530	0	0	0	10	0	10
5	Kolasib	18	781	9	0	0	257	0	266
6	Lawngtlai	21	715	19	0	0	69	0	88
7	Lunglei	22	791	0	0	0	142	17	159
8	Mamit	25	768	0	0	0	58	2	60
9	Saitual	44	704	0	0	0	11	0	11
10	Serchhip	31	617	109	0	0	43	6	158
11	Siaha	36	1469	9	0	0	41	3	53
	TOTAL	289	9104	413	42	42	1325	72	1894

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
1	2	7	3	4	5	6	7	8	9
1	Government QF	9239	162	11273	95	9753	2	195	1325
2	Isolation Facilities	-	11	687	0	615	0	0	72
3	Community QF	7760	4	3952	6	3896	0	14	42
4	Home Quarantine	-	1	1363	32	947	1	3	413
5	Hotel/Paid QF	69	0	93	0	50	0	1	42
	TOTAL	17068	178	17368	133	15261	3	213	1894

* ONLY CAPACITY OF QUARANTINE FACILITIES SHOWN

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21. List of Churches' Halls as Community Quarantine Facilities (as reported by Task Group on Quarantine Facilities)

Sl.No	District	PCI	BCM	SA	LIKBK	ECM	UPC NEI	UPC MZ	TOTAL
1	2	3	4	5	6	7	8	9	10
1	Aizawl	88	18	16	-	-	1	1	124
2	Champhai	15	-	-	-	-	-	-	15
3	Hnahthial	-	-	-	-	-	-	-	-
4	Khawzawl	3	-	-	-	-	-	-	3
5	Kolasib	-	-	-	-	-	-	-	-
6	Lawngtlai	1	1	-	7	-	-	-	9
7	Lunglei	3	16	-	-	-	1	1	21
8	Mamit	5	2	-	-	-	-	-	7
9	Saitual	2	-	-	-	-	-	-	2
10	Serchhip	2	1	-	-	-	-	-	3
11	Siaha	2	2	-	3	2	1	-	10
	TOTAL	121	40	16	10	2	3	2	194

For details [Click here](#)

22. COVID-19 Task Group on Migrant Workers & Stranded Travellers Report (21st July, 2020)

Task Group hnena Mizorama rawn haw tura in register zawng zawng zat – **14,401** (*an rawn haw tak tak hma a chhinchhiah zat an ni*)

Rawn haw tak tak chhinchhiah tawh zat (Mizoram rawn thleng zat) – **13,861**

Kawnga rawn thang mek – **0**

Rawn la haw tur chhinchhiah zat – **540**

Rawn haw tawh Quarantine Facility a awm mek chhinchhiah zat – **856**

Rawn haw tawh zinga Quarantine facility chhuahsan zat – **13005**

🚩 *State thenkhat atang rawn haw tur in report thar an awm belh thin vangin figure hi a inthlak chang a awm thin.*

🚩 *TGMWST leh DC-te'n quarantine an chhinchhiah hi a zat a inang lo va. Hei hi a chhan chu, Task Group chuan tangkhang rawn haw official-a in-report chauh an chhinchhiah laiin, DC-te chuan khung hran tawh phawt chu, official-a in-report leh in-report lem lova lo hawte bakah, an rawn haw hnua chhan hrang hrang vanga an contact-te nen lama quarantine zawng zawng an chhinchhiah tel vek vang a ni.*

23. Mizoram chhunga ramdang mi tangkhang an chenna ram/state lama haw tur thawn chhuah hmabak la awm zat – as on 21st July, 2020 (as reported by Task group on Migrant Workers & Stranded Travellers)

SI No.	Name of State (India) / Country	No. of Stranded
1	Assam	14
2	Myanmar	48
	TOTAL	62

24. Status of Mizoram Surveillance of COVID-19 (Time: 20.7.2020 5:00pm – 21.7.2020 5:00 pm) – input from IDSP, H&FW department

S.No	Category	A thar Date: 21.7.2020	Belhkhawm Date: 21.7.2020
1	Endik tawh zawng zawng zat	798	138642
2	Rapid Anti Body Test of India(RATI) neih zat	7	16731
3	COVID-19 SAMPLE TEST NEIH DAN		
	NICED - KOLKATA	-	5
	Guwahati Medical College	-	12
	Silchar Medical College	-	41
	Lunglei Civil Hospital (Truenat – PCR)	17	788
	Zoram Medical College(ZMC)	133	17451
	COVID-19 samples test tawh zawng zawng zat	150	18297
4	Rinhleih SRHF-ZMC Damdawin-a dah zat	0	281
5	Damlo DCHC a dah zat		7
6	Damlo CCC a dah zat		91
7	CONFIRMED POSITIVE CASE NEIH DAN		
	Guwahati Medical College	-	1
	Lunglei Civil Hospital, Truenat - PCR	0	16
	Zoram Medical College, Falkawn (RT-PCR)	13	280
	COVID-19 Confirmed positive cases neih zat	13	297
8	COVID-19 positive damdawiin-a dah zat	13	297
9	COVID-19 vei dam leh zat	0	168
10	COVID-19 positive neih mek zat	0	129
11	COVID-19 vanga thi awm zat		0

For details [Click here](#)

25. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a COVID-19 vei enkawl mek zat. – 21st July, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DEDICATED COVID HEALTH CENTER(DCHC)	COVID CARE CENTER(CCC)
Aizawl East	0	31
Aizawl West	0	25
Lunglei	0	17
Siaha	3	0
Champhai	0	2
Kolasib	0	0
Serchhip	4	0
Lawngtlai	0	14
Mamit	0	2
Saitual	0	0
Khawzawl	0	0
Hnahthial	0	0
TOTAL	7	91

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26. District hrang hrang a Rapid Antibody Test report (1st April, 2020 – 21st July, 2020) (input from IDSP, H&FW dept)

District Name	Total Centres	Total Persons	Total Active Persons	Test Conducted
AIZAWL	2	91	45	6865
KOLASIB	1	38	22	2177
LUNGLEI	2	50	42	1701
SAIHA	1	18	12	1678
LAWNGTLAI	1	10	2	1090
CHAMPHAI	1	28	20	872
SERCHHIP	1	29	26	795
MAMIT	1	19	12	602
SAITUAL	1	4	4	431
KHAWZAWL	1	2	2	262
Hnahthial	1	13	6	258
TOTAL	13	302	193	16731

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LLTF / VLTF-te hnena ngenna

1. Insawiselna nei ZMC-a admit tur chuan Screening room **9436743459**-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
2. Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngai te erawh chu an quarantine-na hmun theuhvah sample la tura IDSP team phone tur a ni.
3. Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni

(ZMC bulletin)

27. Existing number of inmates at all designated Quarantine Facilities in Mizoram on July 21, 2020
(as reported by Mizoram State Control on COVID-19, DM&R)

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON								21-07-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19						TIME : 4:00pm
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	51	11324	108	9861	1	196	1267
2	Isolation Facilities	1	688	4	619			69
3	Community Quarantine Facilities	1	3953	8	3904	0	14	35
4	Home Quarantine	8	1371	10	957	0	3	411
5	Hotel/Paid Quarantine Facilities	15	108	0	50	0	1	57
	Total	76	17444	130	15391	1	214	1839

For details [Click here](#)

28. Daily Report on Status at Government Quarantine Facilities in various Districts on July 21, 2020
(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										21-07-2020
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19						TIME: 4:00pm	
FORM 'A'			Quarantine Facility				ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS			Admitted		Discharged					
	1	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V-(VII+ IX))
1	Aizawl	37	2244	23	3632	77	3011	1	33	588
2	Champhai	7	334	2	463	0	418	0	0	45
3	Hnahthial	22	333	0	182	0	173	0	1	8
4	Khawzawl	26	530	0	299	0	278	0	11	10
5	Kolasib	21	751	8	1522	16	1263	0	10	249
6	Lawngtlai	21	715	1	1172	6	1108	0	0	64
7	Lunglei	22	791	0	1088	0	882	0	64	142
8	Mamit	25	768	3	595	9	515	0	28	52
9	Saitual	44	704	5	455	0	438	0	1	16
10	Serchhip	31	617	8	500	0	439	0	10	51
11	Siaha	36	1469	1	1416	0	1336	0	38	42
	TOTAL	292	9256	51	11324	108	9861	1	196	1267

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29. COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin **email - mzcvolunteers@gmail.com** ah emaw **COVID-19 helpline 102, 0389-232336/2318336-ah** te in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

30. Daily Report on Status at Isolation Facilities in various Districts on July 21, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON							21-07-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm	
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS	
		ADMITTED		DISCHARGED			
I	II	III	IV	V	VI	VII	
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted to isolation)	Progressive Total of persons admitted to isolation	No.of persons discharged from isolation on the date of report	Progressive Total of persons discharged from isolation	No. of persons in Isolation facility on the date of report (IV Minus VI)	
1	Aizawl	1	436	4	398	38	
2	Champhai	0	23	0	20	3	
3	Hnahthial	0	2	0	2	0	
4	Khawzawl	0	18	0	18	0	
5	Kolasib	0	38	0	38	0	
6	Lawngtlai	0	0	0	0	0	
7	Lunglei	0	38	0	21	17	
8	Mamit	0	31	0	29	2	
9	Saitual	0	2	0	2	0	
10	Serchhip	0	43	0	37	6	
11	Siaha	0	57	0	54	3	
	TOTAL	1	688	4	619	69	

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31. Daily Report on Status at Community Quarantine Facilities in various Districts on July 21, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON											21-07-2020
Name of State : Mizoram			MIZORAM STATE CONTROL ON COVID-19						TIME: 4:00pm		
FORM 'C'			QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS		
FACILITY STATUS			ADMITTED		DISCHARGED						
I	II	III	IV	V	VI	VII	VIII	IX			
Sl.no	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV- (VI+ VIII))	
1	Aizawl	348	3581	1	2923	8	2884	0	4	35	
2	Champhai	15	414	0	318	0	318			0	
3	Hnahthial	2	16	0	11	0	11			0	
4	Khawzawl									0	
5	Kolasib									0	
6	Lawngtlai	4	99	0	96	0	96			0	
7	Lunglei	21	314	0	222	0	218	0	4	0	
8	Mamit	8	220	0	123	0	123			0	
9	Saitual	4	45	0	28	0	28			0	
10	Serchhip	7	280	0	168	0	162	0	6	0	
11	Siaha	5	0	0	64	0	64	0	0	0	
	TOTAL	414	4969	1	3953	8	3904	0	14	35	

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32. The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanhhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

33. Daily Report on Status of Home Quarantine in various Districts on July 21, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 21-07-2020								
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
		ADMITTED		DISCHARGED				
Sl.no	I	II	III	IV	V	VI	VII	VIII
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	3	834	0	568			266
2	Champhai	0	40	0	40			0
3	Hnahthial	5	11	0	2			9
4	Khawzawl	0	2	0	2			0
5	Kolasib	0	20	0	11			9
6	Lawngtlai	0	71	0	52			19
7	Lunglei	0	116	0	116			0
8	Mamit	0	10	0	10			0
9	Saitual	0	9	0	9			0
10	Serchhip	0	217	4	109	0	3	105
11	Siaha	0	41	6	38			3
	TOTAL	8	1371	10	957	0	3	411

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34. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on July 21, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 21-07-2020										
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm		
FORM 'E'			QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS	
			ADMITTED		DISCHARGED					
Sl.no	I	II	III	IV	V	VI	VII	VIII		
	District	No.of Facility	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(V+ VII))
1	Aizawl	8	59	15	108	0	50	0	1	57
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha									0
	TOTAL	8	59	15	108	0	50	0	1	57

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35. Champhai District Quarantine Facility hrang hranga khung hran zat (as on 21st July,2020 5:00 pm)

- | | |
|--|----------------------------------|
| 1) DPRC Institutional Quarantine Centre | - 25 (22 Male + 3 Female) |
| 2) Tourist Lodge Champhai Institutional Quarantine Centre | - 20 (19 Male + 1 Female) |
| 3) Dedicated Covid Health Centre (Nursing School Building Top Floor) | - 2 (Male) |
| TOTAL | - 47 (43 Male + 4 Female) |
- (DIPR)**

36. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 21st July, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 20.7.2020 9:00AM - 21.7.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 20.7.2020 9:00AM - 21.7.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		L.TF	Total	Police		L.TF	Total	Police		L.TF	Police		L.TF
		Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)		Other Police	Flying Squad (w.e.f 3.6.2020)	
1	Entering or staying at any public place without the use of mask (Section 4(1))	111	351		462	11100	35100		46200	11864	10964	1536	2807700	1521000	209400
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))		2		2		400		400						
3	Spitting in public places (Section 4(3))		2		2		600		600						
4	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(4))														
5	Avoiding or attempting to evade quarantine and/or isolation at designated quarantine facility as per regulations/guidelines/instructions in force from time to time (Section 4(6))														
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))														
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))														
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	16	33		49	16000	33000		49000						
TOTAL		127	388		515	27100	69100		96200	24364			Rs.4538100		

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37. Directorate of Health Services (Food & Drugs Administration Wing) thuchhauh

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuai mobile number tarlanahthe hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zei tur kan veng thei a ni tih i hre reng ang u.

Thawna tur number : 9436152192 / 7005084957 / 9436196515

38. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 21st July, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 20.7.2020 9:00AM – 21.7.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 20.7.2020 9:00AM – 21.7.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount of fines imposed since 4.5.2020				
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f.3.6.2020)			Other Police	Flying Squad (w.e.f.3.6.2020)			
1	Kolasib	4(1)		26		26		2600		2600	130	748	8	886	13200	78400	800	92400	
		4(9)		2		2		2000		2000									
		Sub Total				28	Sub Total												4600
2	Mamit	Sub Total					Sub Total					702	224	22	948	94400	23400	2200	120000
		4(1)	81	200		281	8100	20000		28100	6435	5988	487	12910	1355800	896200	71200	2323200	
3	Aizawl	4(2)		1		1		200		200									
		4(3)		2		2		600		600									
		4(9)	5	31		36	5000	31000		36000									
		Sub Total				320	Sub Total												64900
4	Saitual	Sub Total					Sub Total					318	82	45	445	92900	33000	6500	132400
		4(1)		4		4		400		400	348	368	200	916	93600	49300	32000	174900	
5	Champhai	Sub Total				4	Sub Total												400
		4(1)		16		16		1600		1600	144	648	25	817	14400	65700	3500	83600	
6	Khawzawl	Sub Total				16	Sub Total												1600
		7	Serchhip	4(1)	7	11		18	700	1100		1800	923	735	57	1715	130500	83400	5700
Sub Total				18	Sub Total				1800										
8	Hnahthial	4(1)		22		22		2200		2200	351	160	74	585	35400	26000	7400	68800	
		Sub Total				22	Sub Total												2200
9	Lunglei	4(1)		34		34		3400		3400	734	937	171	1842	256900	116400	22500	395800	
		4(2)		1		1		200		200									
		4(9)	1			1	1000		1000										1000
		Sub Total				36	Sub Total												4600
10	Lawngtlai	4(1)	8	34		42	800	3400		4200	842	990	122	1954	76800	120100	12800	209700	
		Sub Total				42	Sub Total												4200
11	Siaha	4(1)		4		4		400		400	161	84	325	570	36600	29100	44800	110500	
		Sub Total				4	Sub Total												400
12	SP Traffic Aizawl	4(1)	15			15	1500			1500	776	-	-	776	607200	-	-	607200	
		4(9)	10			10	10000			10000									
		Sub Total				25	Sub Total												11500
GRAND TOTAL						515				96200	11864	10964	1536	24364	2807700	1521000	209400	4538100	

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39. Food Corporation of India (FCI), District Office, Aizawl report (20th July, 2020)
(Mizoram chungga FCI Godown hrang hranga buhfai awm zat)

	Rice Raw Grade A	Rice Common	Wheat	Belkhawm	% of utilization
Food Supply Depot AIZAWL	4368.3979800MT	0.000	0.000	4368.3979800MT	95.17
Food Supply Depot KOLASIB	3011.9950660MT	0.000	132.082715MT	3144.0777810MT	62.88
Food Supply Depot BUALPUI	4165.2538020MT	0.000	0.000	4165.2538020MT	89.77
Food Supply Depot LUNGLEI	3127.9556350MT	0.000	0.000	3127.9556350MT	107.12
Food Supply Depot BAIRABI	3096.0333520MT	0.000	0.000	3096.0333520MT	61.92
Food Supply Depot LAWNGTLAI	3023.1333520MT	0.000	0.000	3023.1333520MT	90.51
Belkhawm	20792.7691870MT	0.000	132.082715MT	20924.8519020MT	82.09

40. Mental Health Professionals (Mizoram) ten Helpline Call an dawn zat (20th July, 2020 @ 9:00 PM)

Sl no	Name of MH Professional	Substance related	Anxiety related	Depression related	Psychosis & Others	20 th July 2020	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
1	Dr Zonunmawii Pachuau Lunglei	0	0	0	0	0	0	4	4
2	Dr C Lalhrekima AZL	0	0	0	0	0	885	0	885
3	Dr Ruth Lalmuanpuii AZL	0	0	0	0	0	60	19	79
4	Dr Vanlaldiki Ralte AZL	1	1	2	1	5	135	26	161
5	Dr Lalduhawmi Chavngthu AZL	0	0	0	0	0	18	6	24
6	Dr Robert L Khawlhing SNO	0	3	0	0	3	190	69	259
7	Dr Rajesh Rongpi ZMC	0	0	0	0	0	0	62	62
8	Dr Lalhriatpua ZMC	2	2	0	2	6	461	9	470
9	Dr Lalengmawii AZL	0	0	0	0	0	63	9	72
10.	Biakhluzuali Chenkual AZL	0	0	0	0	0	81	9	90
11.	Jane Lalduhchungi Vanchhawng AZL	0	0	0	0	0	54	9	63
12.	Jane Zodingiani Lailung Serchhip	0	0	0	1	1	71	20	91
13.	Helen Lalnunmawii Sailo Kolasib	0	0	0	0	0	24	10	34
14.	Jacob Chaliandinga Lawngtlai	0	0	0	0	0	39	12	51
15.	Vanlalmuani Champhai	0	0	0	0	0	41	4	45
16.	Lalawmpuii Siaha	0	0	0	0	0	60	17	77
17.	Vanlalzari Mamit	0	0	0	0	0	42	0	42
18.	Dr Elizabeth Niang Tawi Mang Champhai	0	0	0	0	0	13	26	39
19.	K. Lalmuanpuii AZL	0	0	0	0	0	2	0	2
20.	VanlalpariAZL	0	0	0	0	0	1	4	5
21.	Angochhachhai Siaha	0	0	0	0	0	20	5	25
22.	Lalmuanpuii Hauhnar AZL	0	0	0	0	0	1	5	6
23.	Ngaihawmi Khenglawt Kolsaib	0	0	0	0	0	1	18	19
24.	Vanlalruati Lawngtlai	0	0	0	0	0	11	4	15
25.	Lalnunruati Lunglei	0	0	0	0	0	21	0	21
26.	ZD Lalhmangaihzuai Serchhip	0	0	0	0	0	2	7	9
Total		3	6	2	4	15	2296	354	2650

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41. Dt. 20.7.20 Dar 7:00 PM atanga 21.7.20 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlenga Essential Commodity bungrua lo luh dan.

Sl.No	Items	Quantity	
1	Atta	132 bags	66.00 qtls
2	Alu	505 bags	252.50 qtls
3	Purun	194 bags	97.00 qtls
4	Buhfai (bazar)	1640 bags	820.00 qtls
5	Chi	310 bags	155.00 qtls
6	Dal	32 bags	16.00 qtls
7	Chini	1769 bags	884.50 qtls
8	Artui	565 cases	
9	Maida	150 bags	75.00 qtls
10	Tel	50 cases	
11	Amul	2796 cases	
12	POL	24 Trucks	
13	LPG	11 Trucks	
14	Cement	14030 bags	

Sawrkarin Bungraw phur lirthei rawn luh dan leh chet vel chungchanga khuahkhirhna hlip

Mizoram sawrkar chuan July ni 8, 2020 atang khan Mizoram chhunga nitin mamawh thil ni lo bungraw chidang phur lirthei rawn luh leh veivah chungchanga khuahkhirhna te a hlip a. Hetih rual hian bungraw dang zawng zawng te pawh phurhluh luh remtih vek a ni a. Home Department hnenah dilna lak hmasak a ngai tawh lo a ni. Mahse, **mCOVID-19 app** leh **website: m.covid19.mizoram.gov.in** a **mPASS Registration erawh tih ngei ngei tur a ni chhonzawm a. Entry point-ah te Self Declaration** thehluk chhonzawm zel tur a ni bawk a ni. (DIPR)

Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuai mobile number tarlanahthe hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhona tha kaltlangin hri leng darh zeit tur kan veng thei a ni tih i hre reng ang u.

Thawna tur number : 9436152192 / 7005084957 / 9436196515

COVID-19 RT-PCR test result la hre lo te tan mahni district theuhva IDSP Data Manager te a hnuai number-ah te hian zawh theih a ni

- State Nodal Officer on COVID-19

Aizawl West District	Esther Lalhmingchhuangi	8014126549
Aizawl East District	Imanuela Chawngthu	9862300935
Lunglei District	R.Lalruatkima	9862533130
Champhai District	Dr. Samuel Laldinthara Robert Vanlalruata	8588009756 8118908946
Serchhip District	C.Lalmalsawmi	9436376248
Kolasib District	Caleb Lalawmawia	9774403199
Mamit District	Lalbiakpari	9436155693
Saiha District	H.Lalmuanchhungi	7085188159
Lawngtlai District	Lalthlanpuia	9485495875

Note: District thar pathumte chuan an awm thinna district hmasa Data Manager te an ring ang.

CHIEF MINISTER'S RELIEF FUND PEK THEIHNATE

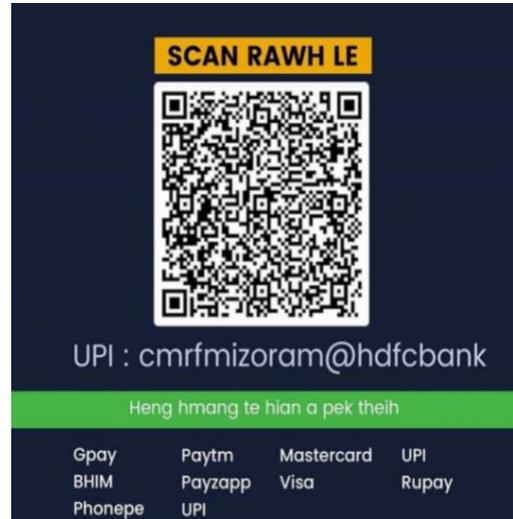
○ State Bank of India

Account No.: 39278398200
 IFSC: SBIN0004809
 SWIFT: SBININBB447
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 Branch: Aizawl
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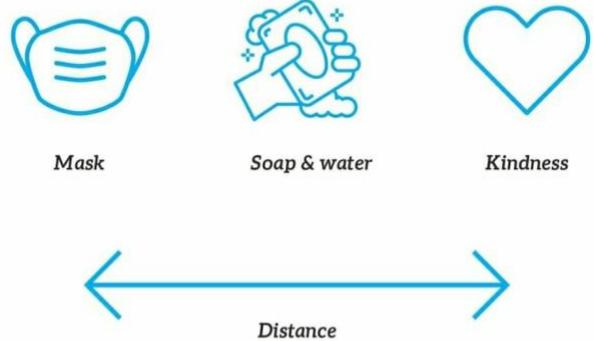


Hard work deserves respect.

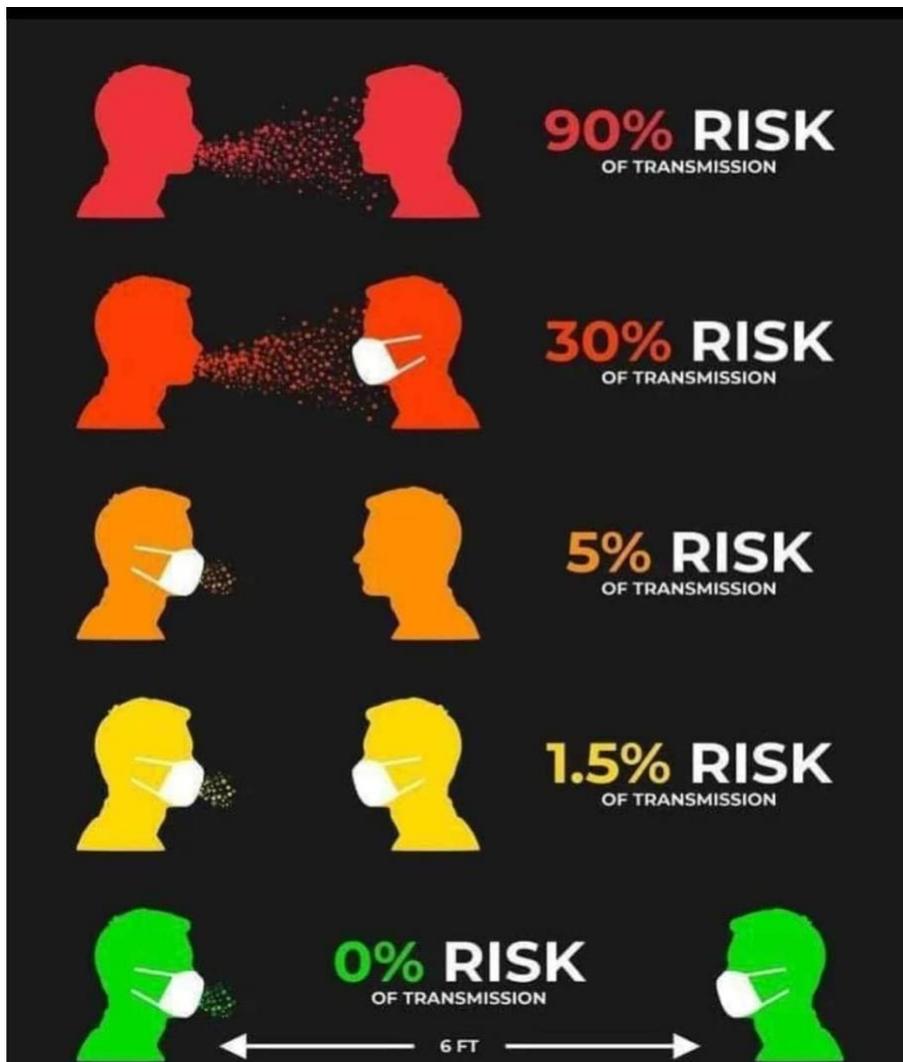


By recognizing everyone's sincere efforts, we come closer to building a better future.

WHAT SUPERHEROES ARE USING TO BEAT COVID-19



unicef | for every child



Let's Fight Against
CORONAVIRUS?

**CHHUNGTE NIH LEH HMEHRIAT
THA NIH HI COVID-19 HIAN
A THLIAR HRANGLO,
I TAN AN HLAUH AWM TING MAI.
CHUVANGIN, MI ZAWNG ZAWNG
LAKAH INVENG FIMKHUR ANG
CHE AW...**

**COVID-19 KIAN HMA CHUAN,
CHHUNGTE VA TLAWH HRIH
SUH, AN HLAU ANG CHE.
TAWM HRAM HRAM RAWH.
A REI TAWH LO ANG.**

**COMMITTEE ON COVID-19
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**

Issued by
Covid-19 Committee on
Psychological and Social Guidance,
Govt of Mizoram

Ventilator vuah aiin hmai khuh
a nuam zawk e

Mamawh zualpui leh
Nunna atana pawimawh
chauh lei ang aw

Thing leh thlai i phun ang aw...
Malsawm dawn nan

ISSUED BY COVID-19 COMMITTEE ON
PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM

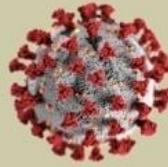
RAM ROEL KHAWL, SAWRKAR HNATHAWK,
KOHHRAN LEH TLAWMNGAI PAWL,
RAM LEH HNAM HMANGAIHTUTEN TIHTAK
ZETA NUN CHHAN TUMA AN TANGRUAL HI
CHUNG PATHIAN DUHZAWNG,
AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh
hmingthatna leh hamthatna
khel rih lovin...

I thiam I finna nen raldo
hmatawngah rawn intlar ve
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

ISSUED BY
COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM



Covid-19 hi natna pakhat ve mai
a ni a, in ven theih a ni. Vei te tan
pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih
nan mi tam tak an tawngtai reng
bawk e



Sawrkar, Kohhran, Tlawmngai
pawl leh mi tha tam takin in
him nan leh dam nan hna an
thawk reng e.



Tihbai awm natna ni mahse..a
hnaizaw 'Chhandamtun'
thlamuang rawh min ti'...

What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not
CURFEW
It's
CARE FOR U