

COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



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Issue No : 175

Time : 9th October, 2020 @ 7:00 PM

Mizoram COVID-19 Helpline no. 102(toll free)/ 0389 2323336/0389 2318336

01.10.2020 LEH 31.10.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA (UNLOCK 4.0)
KALPUI DAN TUR THUPEK **For details [Click here](#)**

1. October ni 9, 2020 tlai dar 5:30 a khawvel COVID-19 dinhmun (source: WHO)

Confirmed cases - 3,62,37,403
Confirmed deaths - 10,54,868

COVID-19 natna vei hmuh chhuah tamna ram te

USA - 74,71,688	India - 69,06,151	Brazil - 50,00,694
Russia - 12,60,112	Colombia - 8,77,683	Argentina - 8,40,915
Spain - 8,35,901	Peru - 8,35,662	Mexico - 7,74,020
South Africa - 6,83,242	France - 6,26,502	U.K. - 5,44,279

COVID-19 natna thihpui tamna ram te

USA - 2,10,338	Brazil - 1,48,228	India - 1,06,490
Mexico - 80,083	U.K. - 42,515	Italy - 36,061
Peru - 33,009	Spain - 32,562	France - 32,211
Iran - 27,888	Colombia - 27,180	Argentina - 22,226

Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

India - 70,496	USA - 52,458	Brazil - 31,553
France - 17,965	Argentina - 16,447	U.K. - 14,162
Russia - 11,493	Spain - 10,491	Colombia - 7,875
Ukraine - 5,397	Czech Republic - 5,338	Netherlands - 4,979

Darkar 24 chhunga COVID-19 natna thihpui tam zualna ram te

India - 964	USA - 888	Brazil - 734
Argentina - 399	Ecuador - 398	Mexico - 369
Iran - 230	Russia - 191	Colombia - 163
Philippines - 144	Indonesia - 108	Peru - 95

WHO in region a then dan a COVID-19 vei zat

Americas - 1,75,12,753	South-East Asia - 77,41,559	Europe - 65,58,747
Eastern Mediterranean - 25,67,134	Africa - 12,12,396	Western Pacific - 6,44,073

Darkar 24 chhungin positive thar **3,34,693** an awm a; **6,060** in an thihpui.

2. October ni 9, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)
COVID-19 vei hmuhchhuah tawh zat : 69,06,151
Tuna vei mek zat: 8,93,592

Sl.	State/UT	Vei mek	Damch hu ak	Thi	Sl.	State/UT	Vei mek	Damchh uak	Thi
1	Andaman & Nicobar Islands	190	3707	55	19	Madhya Pradesh	16788	122687	2547
2	Andhra Pradesh	48661	684930	6128	20	Maharashtra	242438	1212016	39430
3	Arunachal Pradesh	2778	8679	22	21	Manipur	2877	9719	83
4	Assam	30767	159836	794	22	Meghalaya	2369	4832	60
5	Bihar	11447	180696	929	23	Mizoram	220	1937	0
6	Chandigarh	1392	11344	186	24	Nagaland	1155	5564	17
7	Chhattisgarh	27427	106027	1158	25	Odisha	26184	216984	974
8	Dadra Nagar Haveli, Daman & Diu	105	3025	2	26	Puducherry	4727	25256	556
9	Delhi	22232	272948	5653	27	Punjab	10775	107200	3741
10	Goa	4716	31902	484	28	Rajasthan	21382	129618	1605
11	Gujarat	16465	127786	3538	29	Sikkim	545	2650	51
12	Haryana	10867	126267	1548	30	Tamil Nadu	44437	586454	10052
13	Himachal Pradesh	2493	13597	238	31	Telangana	26374	180953	1208
14	Jammu & Kashmir	11482	69020	1291	32	Tripura	4197	23474	311
15	Jharkhand	9272	80439	775	33	Uttarakhand	7849	44808	702
16	Karnataka	117162	552519	9675	34	Uttar Pradesh	42552	378662	6245
17	Kerala	90664	167256	930	35	West Bengal	28854	249737	5439
18	Ladakh	1299	3540	63		TOTAL	893592	5906069	106490

*Darkar 24 chhungin sample 11,68,705 test niin positive thar 70,496 hmuh a ni a, mi 78,365 dam (cured) a puan niin 964 in an thihpui a ni.

*ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat chu 8,46,34,680 a ni.

*India ram COVID-19 recovery rate - 85.52%

*Test atanga positive hmuhchhuah zat % - 8.15%

*Darkar 24 chhunga sample test zat atanga positive hmuhchhuah zat % - 6.03%



3. Mizoram chhunga Government/Community/Hotel Quarantine Facility-a awmte inkaihhraina dan thar siam a ni
For details [Click here](#)
4. Health & Family Welfare Department in Home Quarantine phalsakte tana hman tur 'Inkaihhraina (Guidelines)' thar a siam
For details [Click here](#)
5. Community Covid Care Centre (CCCC) Inkaihhraina (Standard Operating Procedure) ruahman a ni
For details [Click here](#)
6. Covid-19 hri kai / damlo te enkawlina hmun (CCC/DCHC/DCH/Home Isolation) atanga chhuahtir (discharge)/ enkawlina tihtawp dan tur ruahmanna siam a ni
For details [Click here](#)
7. Covid-19 kara Kum Upate leh Natna benvawn neite (High Risk Group) te fimkhur dan tur
For details [Click here](#)
8. Mizoram chhunga commercial passenger phur motor ten an zawm tur Standard Operating Procedure
For details [Click here](#)
9. Health and Family Welfare Department-in hriattirna 30.7.2020-a a lo tihchhuah tawh, COVID-19 test-na man bithliah chungchang chu ni 24.8.2020 khan thuchhuah thar siamin a tidanglam. Sawrkar hospital/facility-a RT-PCR leh TrueNat test-na man chu hetiang hian siam that a ni
For details [Click here](#)
10. SOP on preventive measures to contain spread of COVID-19 in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work
For details [Click here](#)
11. SOP for partial reopening of Schools for students of 9th to 12th classes on a voluntary basis, for taking guidance from their teachers: In the context of COVID-19
For details [Click here](#)
12. Notification regarding mPASS – Entry of Persons
For details [Click here](#)
13. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (9th October, 2020 @ 9:00am)
For details [Click here](#)
14. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (9th October, 2020 @ 3:00pm)
For details [Click here](#)

15. COVID-19 Positive thar 7 hmuhchhuah a ni.

October ni 8, 2020 khan ZMC RT-PCR laboratory-ah sample 130 test a ni a, positive 2 hmuhchhuah thar a ni. District hrang hrang TrueNAT laboratory-a sample test zingah COVID-19 positive hmuhchhuah thar 1 a awm a. Rapid Antigen Test hmanga COVID-19 positive hmuhchhuah thar 4 a awm.

***ZMC RT-PCR laboratory-a** positive hmuhchhuah tharte hi Aizawl district-a sample lakte niin mipa kum 50 a upa, Bihar atanga lo kal, Hotel Orchid a quanrantine lai mek leh mipa kum 22 a upa Karimganj, Assam atanga lo kal, Zemabawk Cancer Hospital a thawk, Quarantine Facility a khunghran lai mek a ni a. Symptom nei lo ve ve an ni.

TrueNAT Laboratory-a COVID-19 positive hmuhchhuah

Mamit district : 1 - Mipa kum 40 a upa, Mangaldai, Assam atanga lo haw, Quanrantine facility awm lai, symptom neilo a ni.

Rapid Antigen Test hmanga COVID-19 positive hmuhchhuah thar

Aizawl district : 1 - Mipa kum 55 a upa, Kolkata, West Bengal atanga lo lut, Lengpui Airport screening point a lo hmuhchhuah, symptom nei lo a ni.

Mamit district : 3 - Mipa 1 leh Hmeichhia 2, Kum 32 - 60 inkar, Darchawi, Tripura atanga lo haw, Kanhmun Screening point-a hmuhchhuah, symptom nei lo an ni.

ZMC Laboratory-a sample test zat

Aizawl district - 130 (Mipa - 103, Hmeichhia - 27)

District hrang hrang TrueNAT laboratory-a sample test zat

Lunglei district - 23 (Mipa - 17, Hmeichhia - 6)
Mamit district - 5 (Mipa)
Kolasib district - 8 (Mipa - 3, Hmeichhia - 5)
Serchhip district - 15 (Mipa - 13, Hmeichhia - 2)
Lawngtlai district - 1 (Mipa)
Khawzawl district - 1 (Mipa)
Saitual district - 2 (Mipa)

TOTAL - 55 (Mipa - 42, Hmeichhia - 13)

Rapid Antigen Test zat

Aizawl district - 71 (Mipa - 49, Hmeichhia - 22)
Lunglei district - 9 (Mipa vek)
Champhai district - 5 (Mipa - 3, Hmeichhia - 2)
Mamit district - 9 (Mipa - 6, Hmeichhia - 3)
Serchhip district - 5 (Mipa - 3, Hmeichhia - 2)
Lawngtlai district - 1 (Mipa vek)

TOTAL - 100 (Mipa - 71, Hmeichhia - 29)

🚦 COVID-19 vei enkawlina hmun atang mi 37 chhuahtir an ni.

Vawiin October ni 9, 2020-a COVID-19 positive enkawlina CCC/DCHC hrang hrang atanga chhuahtirte:

- | | |
|---------------------------------|------|
| 1) CCC, Champhai | : 1 |
| 2) SIRD CCC, Pukpui | : 2 |
| 3) SIRD CCC, Kolasib | : 1 |
| 4) Pushpak CCC, Zokhawsang | : 1 |
| 5) Gilead CCC, Bawngkawn | : 6 |
| 6) SRHF-ZMC | : 1 |
| 7) Nursing School CCC, Serchhip | : 10 |
| 8) Polytechnic CCC, Thingdawl | : 1 |
| 9) Tribal Art Centre, Tanhril | : 14 |

16. Lengpui Airport-a thlawhna passenger lo thlengte phurtur te

Home Department order No. F.22012/2/2020-HM/COVID-19. Dt 11/9/2020 duhdan ang leh Dt.14/9/2020 a Task Group on Commodities and Transport meeting thurel angin a hnuiaia tarlan motor te hi Lengpui Airport-a thlawhna passenger lo thlengte phurturin ruat an ni a, a bik taka sorkarin phalna a pekte an nihloh chuan motor dangin thlawhna atanga lo thleng passenger te phurh phal a ni lo.

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17. Food, Civil Supplies & Consumer Affairs department-in Covid-19 hrileng kara mipuiten ei leh bar an tlakchham lohna tura a hmalaknate

- 1) NFSA Ration Card nei te leh Non-NFSA Ration Card nei, miharsa Task Force-in an thlan chhuah te hnenah LESD&E Department pawisa atangin buhfai a thlawnin April thla khan quintal 13,717.06 sem a ni.
- 2) Non-NFSA hnuiaia miharsa Task Force-in an thlan chhuah te hnenah buhfai a thlawnin May thla khan quintal 10,682.78 FCS&CA Department-in a sem a ni.
- 3) PMGKAY Scheme hnuiaia NFSA Ration Card nei te hnena a thlawn a sem tur thla khat zelah 33,410.75 Quintals (mi pakhat tan thla khatah 5 Kgs. per head) Central Sawrkar atanga hmuh a ni a, hei hi April, 2020 atang khan sem tan a ni tawh a November, 2020 thleng sem tura allocation hi hmuh a ni. Tunah hian August thla quota thleng buhfai hi pek tawh a ni. Central sawrkar atanga allocation thla khat atana Mizoramin a hmuh quintal 33,410.75 hian NFSA Ration Card nei te hnena 5 Kgs. zela pe tur hian buhfai 1,182.05 Quintals zelin thlatin a daih lo a. Hei hi a chhan chu NFSA beneficiaries zat hi kum 2015 ami angin Central sawrkarin an rawn chhut vang leh, tun dinhmunah beneficiaries hi a hma aiin an tam tawh vang a ni. Hemi avang hian PMGKAY hnuiaia thla khatah quintal 34,592.80 sem chhuah mek a ni. State Sawrkar-in buhfai PMGKAY Scheme-a a chawi belh tawh zat chu quintal 5097.80 a ni.

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18. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriattheih chinah vawiin hian sample 162 test niin ZMC leh Aizawl hmun hrang hrang atanga dawnte an ni. Nimin lama sample test 130 ah 2 an positive. Covid-19 positive hmuhchhuah tharte hi civilian hnamdang mipa ve ve, kum 50 leh 22, Quarantine facility a awm lai, symptoms nei lo an ni.

Nimin khan TrueNat hmangin Covid-19 positive Mamit District ah civilian mipa kum 40 a upa, Assam atanga lo haw, Quarantine facility-a awm lai, symptoms nei lo hmuhchhuah a ni.

Nimin khan Rapid Antigen Test hmangin Aizawl District ah civilian mipa kum 50 a upa, symptoms nei lo leh Mamit District ah civilian mipa 1 leh hmeichhia 2, kum 32 leh 60 inkar, symptoms nei lo hmuhchhuah an ni bawk.

Vawiin khan ZMC-ah Covid-19 vei rinhlelh mi 2 admit thar an ni. Covid-19 positive mi 7 la enkawl mek an ni a, ngaihtuahawm lutuk an awm lo.(ZMC bulletin)

19. Covid-19 Task Group on Quarantine Facilities daily report (as on 7th October, 2020)

FORM A				QUARANTINE FACILITY AS ON TODAY				AS ON TODAY		
SI.No	District	No of Facilities	Capacity	No of pax admitted in Home Q	No of pax admitted in Hotel Q	No of pax admitted in CQF	No of pax admitted in GQF	TOTAL PAX IN QF	No of pax shifted to isolation	TOTAL INCLUDING PAX in ISOLATION
	1	2	3	4	5	6	7	8	10	
1	Aizawl	40	2253	201	27	3	185	416	188	1316
2	Champhai	7	334	10	0	0	14	24		
3	Hnahthial	22	333	9	0	0	0	9		
4	Khawzawl	26	530	5	0	0	3	8		
5	Kolasib	21	908	0	0	0	264	264		
6	Lawngtlai	23	715	46	0	0	87	133		
7	Lunglei	24	791	0	0	0	35	35		
8	Mamit	25	768	6	0	0	22	28		
9	Saitual	44	704	0	0	0	15	15		
10	Serchhip	33	552	0	0	0	168	168		
11	Siaha	36	1469	8	0	0	20	28		
TOTAL		301	9357	285	27	3	813	1128		

SI.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
	2	2A	3	4	5	6	7	8	9
1	Government QF	9357	72	17200	74	15901	1	486	813
2	Isolation Facilities	-	1	1703	2	1515	0	0	188
3	Community QF	7760	0	4008	0	3993	0	12	3
4	Home Quarantine	-	35	2246	17	1934	0	27	285
5	Hotel/Paid QF	69	6	309	3	277	0	5	27
TOTAL		17186	114	25466	96	23620	1	530	1316

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20. Military Quarantine Report on 7th October, 2020 (Covid-19 Task Group on Quarantine Facilities)

Sl. No.	District	No. of military personnel quarantined
1	Aizawl	197
2	Champhai	0
3	Hnahthial	0
4	Khawzawl	0
5	Kolasib	170
6	Lawngtlai	0
7	Lunglei	
8	Mamit	0
9	Saitual	0
10	Serchhip	40
11	Siaha	0
Total		407

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21. Status of Mizoram Surveillance of COVID-19 (as on 9.10.2020 @5:00 pm) – input from IDSP, H&FW department

S.No	Category	Newly added on Date: 09.10.2020	Cumulative till Date: 09.10.2020
1	Number of persons screened	601	1,84,458
2	COVID-19 SAMPLE TESTED		
	Outside Mizoram	-	58
	Rapid Antigen Test	100	26,029
	Truenat – PCR, Mizoram	55	4,715
	Zoram Medical College(ZMC)	130	55,185
	Total no. of Samples tested	285	85,986
3	Number of patients/suspects admitted at DCH	2	17
4	Number of patients/suspects admitted at DCHC	0	0
5	Number of patients/suspects admitted at CCC	6	167
6	Home Isolation	0	3
6	NUMBER OF CONFIRMED POSITIVE CASES		
	Guwahati Medical College	-	1
	Rapid Antigen Test	4	305
	Truenat – PCR, Mizoram	1	313
	RT-PCR, ZMC, Falkawn	2	1,538
	Total no. of COVID-19 Confirmed positive	7	2,157
7	Number of positive cases Hospitalized	7	2,157
8	Number of persons discharged	16	1,960
9	Migrated	0	2
10	Number of active cases	7	197
11	Number of death due to COVID-19	0	0

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22. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a enkawl mek zat. – October 9, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DCH		DCHC		CCC	
	Newly added on 9.10.2020	Cumulative	Newly added on 9.10.2020	No. of Presently Isolated	Newly added on 9.10.2020	No. of Presently Isolated
Aizawl West	2	17	0	0	0	3
Aizawl East			0	0	2	11
Lunglei			0	0	0	72
Siaha			0	0	0	0
Champhai			0	0	0	3
Kolasib			0	0	0	8
Serchhip			0	0	0	18
Lawngtlai			0	0	0	38
Mamit			0	0	4	12
Saitual			0	0	1	2
Khawzawl			0	0	0	0
Hnahthial			0	0	0	0
TOTAL	2	17	0	0	6	167

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23. Existing number of inmates at all designated Quarantine Facilities in Mizoram on October 9, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON							09-10-2020	
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME : 4:00pm	
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Qurantine Facilities	65	17265	66	15967	0	486	812
2	Isolation Facilities	0	1703	16	1531			172
3	Community Quarantine Facilities	0	4008	0	3993	0	12	3
4	Home Quarantine	24	2270	7	1941	0	27	302
5	Hotel/Paid Quarantine Facilities	13	322	2	279	0	5	38
	Total	102	25568	91	23711	0	530	1327

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24. Daily Report on Military and Para-military Status at Quarantine Facilities in various Districts on October 9, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

ABSTRACT OF DAILY REPORT ON MILITARY AND PARA MILITARY STATUS AT QUARANTINE FACILITIES AS ON										09-10-2020
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'F'				Quarantine Facility				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				Admitted		Discharged				
	1	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report {V- (VII+ IX)}
1	Aizawl	5	430	12	882	7	515	0	165	202
2	Champhai	1	150	0	0	0	0	0	0	0
3	Hnahthial	1	0	0	0	0	0	0	0	0
4	Khawzawl	1	0	0	0	0	0	0	0	0
5	Kolasib	2	135	1	636	1	452	0	14	170
6	Lawngtlai	1	20	0	0	0	0	0	0	0
7	Lunglei	2	136	0	195	0	195	0	0	0
8	Mamit	1	10	0	0	0	0	0	0	0
9	Saitual	1	0	0	0	0	0	0	0	0
10	Serchhip	1	60	2	266	0	216	0	8	42
11	Siaha	1	20	0	0	0	0	0	0	0
	TOTAL	17	961	15	1979	8	1378	0	187	414

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SRHF-ZMC-a admit turte ken tur

- 1) Blanket pan (paih emaw disinfect pawilo tur)
2) Toothbrush, Toothpaste
4) Thawmhnaw
6) Sahbawn, Shampoo, Detergent
7) Towel
9) Flask
11) Pawisa Rs. 3000 - Rs 5000 a tul awm huna hman tur (Contaminate loh)
- 3) Mobile charger
5) Mug
8) Bottle, No , Spoon
10) Samkhuih

25. Daily Report on Status at Government Quarantine Facilities in various Districts on October 9, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										9-10-2020
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19						TIME: 4:00pm	
FORM 'A'			Quarantine Facility					ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS			Admitted		Discharged					
	1	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report {V- (VII+ IX)}
1	Aizawl	40	2410	24	5763	31	5439	0	146	178
2	Champhai	7	334	2	663	2	649	0	0	14
3	Hnahthial	22	333	0	240	0	237	0	3	0
4	Khawzawl	26	545	0	353	1	339	0	12	2
5	Kolasib	21	1000	5	2638	1	2325	0	45	268
6	Lawngtlai	23	715	7	1568	0	1474	0	0	94
7	Lunglei	24	791	6	1857	5	1694	0	127	36
8	Mamit	25	420	8	809	10	739	0	50	20
9	Saitual	44	704	1	570	0	545	0	9	16
10	Serchhip	33	622	8	1263	5	1041	0	51	171
11	Siaha	36	1469	4	1541	11	1485	0	43	13
	TOTAL	301	9343	65	17265	66	15967	0	486	812

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26. Daily Report on Status at Isolation Facilities in various Districts on October 9, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON							09-10-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME: 4:00pm	
FORM 'B'		FACILITY FOR ISOLATION					CURRENT STATUS
		ADMITTED					
I	II	III	IV	V	VI	VII	
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted	Progressive Total of persons admitted to isolation			Total number of persons admitted to isolation	
1	Aizawl	0	648	0	0	648	
2	Champhai	0	33	0	0	33	
3	Hnahthial	0	7	0	0	7	
4	Khawzawl	0	19	0	0	19	
5	Kolasib	0	285	0	0	285	
6	Lawngtlai	0	0	0	0	0	
7	Lunglei	0	275	0	0	275	
8	Mamit	0	57	0	0	57	
9	Saitual	0	11	0	0	11	
10	Serchhip	0	306	0	0	306	
11	Siaha	0	62	0	0	62	
	TOTAL	0	1703	0	0	1703	

For details [Click here](#)

 COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin **email - mzcvolunteers@gmail.com ah emaw**
COVID-19 helpline 102, 0389-232336/2318336-ah te in report theih a ni.
 Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

27. Daily Report on Status at Community Quarantine Facilities in various Districts on October 9, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 09-10-2020										
Name of State : Mizoram			MIZORAM STATE CONTROL ON COVID-19						TIME: 4:00pm	
FORM 'C'			QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS			ADMITTED		DISCHARGED					
Sl.no	I	II	III		IV		V		VI	
	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV- (VI+ VIII))
1	Aizawl	348	3581	0	2978	0	2973	0	2	3
2	Champhai	15	414	0	318	0	318			0
3	Hnahthial	2	16	0	11	0	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	218	0	4	0
8	Mamit	8	220	0	123	0	123			0
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64		64	0	0	0
	TOTAL	414	4969	0	4008	0	3993	0	12	3

For details [Click here](#)

28. Daily Report on Status of Home Quarantine in various Districts on October 9, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 09-10-2020								
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
		ADMITTED		DISCHARGED				
Sl.no	I	II	III	IV	V	VI	VII	VIII
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	22	1202	6	985	0		217
2	Champhai	1	69	1	59	0		10
3	Hnahthial	0	161	0	149	0	3	9
4	Khawzawl	0	10	0	5	0		5
5	Kolasib	0	39	0	39	0		0
6	Lawngtlai	0	242	0	176	0	20	46
7	Lunglei	0	123	0	123	0		0
8	Mamit	0	28	0	22	0		6
9	Saitual	0	11	0	11	0		0
10	Serchhip	1	296	0	291	0	4	1
11	Siaha	0	89	0	81	0		8
	TOTAL	24	2270	7	1941	0	27	302

For details [Click here](#)

LLTF / VLTF-te hnena ngenna

- 1) Insawiselna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
- 2) Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngaite erawh chu an quarantine-na hmun theuhah sample la tura IDSP team phone tur a ni.
- 3) Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni.
- 4) Quarantine Facility-a naupai, nau nei hnai an nih chuan an pasal emaw an rawn hawpui-ten kalpui tur a ni a, midang rawn hruai tel loh tur.
- 5) Damlo, Covid-19 vei rinhlelh, mahni insaseng thei lo tan awmpuitu pakhat chauh rawn neih tur a ni. **(ZMC bulletin)**

29. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on October 9, 2020
(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 09-10-2020										
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19				TIME: 4:00pm		
FORM 'E'				QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
Sl.no	I			ADMITTED		DISCHARGED		VI	VII	VIII
	District	No.of Facility	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged			
1	Aizawl	8	59	13	322	2	279	0	5	38
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha									0
	TOTAL	8	59	13	322	2	279	0	5	38

For details [Click here](#)

30. Lawngtlai District-ah khung hran mek mi 144 an awm (09.10.2020 @ 5:00 PM)

State pawn atanga Lawngtlai District-a lo haw leh lo lut, COVID-19 hri leng laka fimkhur thila government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 5:00 thleng khan mi 144 a ni a. An zinga mi 104 chu facility quarantine niin, mi 40 chu home quarantine an ni.

Vawiinah state pawn atangin mi 12 lo thlen belhin, Medical Quarters-ah 8 leh Tourist Lodge-ah 4 dah an ni a. Tourist Lodge atang hian khung hran hun bi hmang zo mi 2 chhuahtir an ni thung.

For details [Click here](#)

31. Mamit District-ah khung hran mek mi 28 an awm (09.10.2020 @ 5:00 PM)

India ram hmun hrang hrang atanga lo hawte awmna tura buatsaih Mamit District chhunga Quarantine Facility, CCC leh Home Quarantine- ah mi 28 an awm mek a. Mi 11, Sawrkar hun tiam awm tling tawh leh Covid - 19 test result negative-te chhuahtir an ni.

For details [Click here](#)

32. Champhai District Quarantine Facility hrang hrang dinhmun (October 9, 2020 @ 5:00 pm)

1) DPRC Institutional Quarantine Centre	- 5	(4 Male + 1 Female)
2) Tourist Lodge Institutional Quarantine Centre	- 9	(8 Male + 1 Female)
3) Home Quarantine	- 10	(Male)
4) Covid Care Centre (Nursing School Building)	- 3	(Male)
TOTAL	- 27	(25 Male + 2 Female)

33. Khawzawl District Quarantine Facility hrang hrang dinhmun (October 9, 2020 @ 5:00 pm)

1) Highway Restaurant, Kawlkulh	- 1	(Male)
2) DC’s Rest House	- 1	(Male)
3) Home Quarantine	- 5	(1 male + 4 Female)
Total	- 7	(3 Male + 4 Female)

34. Kolasib District Quarantine Facility hrang hrang dinhmun (October 9, 2020 @ 5:00 pm)

- a) Vawiinah Govt Quarantine Facilities atangin mi 26 an chhuak (DIET-2, RSTC-15, Lodge-4, Nursing-5). Quarantine Centre-ah lut thar mi 8 an awm (RSTC-2, Lodge-3, Nursing-3).
- b) Lailapur Garrison, CIJWS-ah leh Pratap Hall, CIJWS-ah lut leh chhuak chhuak an awmlo.
- c) Tun dinhmunah District Chhunga Quarantine Facility hrang hrangah mi 211 an awm mek a, Quarantine Facility pangngaiah mi 39 leh CIJWS Quarantine Facilities ah mi 172 an awm mek a ni.
- d) Thingdawl Polytechnic CCC-ah Quarantine Facility atangin positive mi 3 sawn luh an ni a (RSTC-2, Nursing-1), mi 1 a chhuak thung. SIRD CCC atangin lut leh chhuak an awmlo. Tun dinhmunah Polytechnic CCC ah Positive 4 leh SIRD CCC-ah mi 1 an awm mek ani.
- e) DCHC ah enkawl lai an awm lo.

35. Food Corporation of India (FCI), District Office, Aizawl report (8th October, 2020)
(Mizoram chhunga FCI Godown hrang hranga buhfai awm zat)

Food Supply Depot (FSD)	Rice Raw Grade A	RiceCommon	Wheat	Belhkhawm	% of utilization
AIZAWL	3222.845060MT	0.00	0.000	3222.845060MT	70.21
KOLASIB	3782.156320MT	0.00	334.045775MT	4116.202095MT	82.32
BUALPUI	4659.350475MT	0.00	0.000	4659.350475MT	100.42
LUNGLEI	2688.327378MT	0.00	0.000	2688.327378MT	92.07
BAIRABI	2997.639060MT	0.00	251.064780MT	3248.703840MT	64.97
LAWNGTLAI	2218.456292MT	0.00	0.000	2218.456292MT	66.42
Belhkhawm	19568.774585MT	0.00	585.110555MT	20153.885140MT	79.07

36. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 9th October, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 8.10.2020 9:00AM – 9.10.2020 9:00AM) imposed by					Amount of fines imposed (last 24 hours 8.10.2020 9:00AM – 9.10.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		LTF	Total	Police		LTF	Total	Police		LTF	Police		LTF	
		Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f.6.20 20)		Other Police	Flying Squad (w.e.f.6.20 20)		
1	Entering or staying at any public place without the use of mask (Section 4(1))	128	196		324	12800	19600		32400	20970	22863 (w.e.f.6.20 20)	1709	5101700	2908900 (w.e.f.6.20 20)	226700	
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))	10			10	2000		2000								
3	Spitting in public places (Section 4(3))	10			10	3000		3000								
4	Organising any social or religious event without prior permission from the competent authority (Section 4(4))	Nil	Nil													
5	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(5))	Nil	Nil													
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))	Nil	Nil													
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))	Nil	Nil													
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	7			7	7000		7000								
TOTAL		155	196	0	351	24800	19600	0	44400	45542			8237300			

For details [Click here](#)

37. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 9th October, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 8.10.2020 9:00AM – 9.10.2020 9:00AM) imposed by				Amount (in Rs.) of fines imposed (last 24 hours 8.10.2020 9:00AM – 9.10.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount (in Rs.) of fines imposed since 4.5.2020			
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f.3.6.2020)			Other Police	Flying Squad (w.e.f.3.6.2020)		
1	Kolasib	4(1)		8		8		800		800	130	1300	8	1438	13200	143500	800	157500
		Sub Total			8	Sub Total			800									
2	Mamit	4(1)								781	257	22	1060	112800	26700	2200	141700	
		Sub Total				Sub Total												
3	Aizawl	4(1)	126	120		246	12600	12000		24600	14025	11257	487	25769	3101200	1550900	71200	4723300
		4(2)	7			7	1400			1400								
		4(3)	10			10	3000			3000								
		4(9)	6			6	6000			6000								
		Sub Total			269	Sub Total												
4	Saitual	4(1)		9		9		900		900	318	487	45	850	92900	85500	6500	184900
		Sub Total			9	Sub Total			900									
5	Champhai	4(1)		13		13		1300		1300	403	975	200	1578	123700	120700	32000	276400
		Sub Total			13	Sub Total			1300									
6	Khawzawl	4(1)		8		8		800		800	144	1331	198	1673	14400	134000	20800	169200
		Sub Total			8	Sub Total			800									
7	Serchhip	4(1)		12		12		1200		1200	1021	1507	57	2585	140300	170500	5700	316500
		Sub Total			12	Sub Total			1200									
8	Hnahthial	4(1)								482	287	74	843	49200	39000	7400	95600	
		Sub Total				Sub Total												
9	Lunglei	4(1)		17		17		1700		1700	952	2480	171	3603	358800	280200	22500	661500
		4(2)	3			3	600			600								
		Sub Total			20	Sub Total			2300									
10	Lawngtlai	4(1)	2	4		6	200	400		600	1409	2425	122	3956	264100	281500	12800	558400
		4(9)	1			1	1000			1000								
		Sub Total			7	Sub Total			1600									
11	Siaha	4(1)		5		5		500		500	162	557	325	1044	37600	76400	44800	158800
		Sub Total			5	Sub Total			500									
12	SP Traffic Aizawl	4(9)								1143	-	-	1143	793500	-	-	793500	
		Sub Total				Sub Total												
GRAND TOTAL			155	196	0	351	24800	19600	0	44400	20970	22863	1709	45542	5101700	2908900	226700	8237300

For details [Click here](#)

38. Mental Health Professionals (Mizoram) Helpline Call report (8th October, 2020 @ 9:00 PM)

Particulars	8 th Oct 2020				8 th Oct 2020 Total	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
	Substance related	Anxiety related	Depression related	Psychosis & Others				
Total	2	4	0	2	8	3750	394	4144

For details [Click here](#)

🚩 The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanchhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri an vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuaia mobile number tarlanahte hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zei tur kan veng thei a ni tih i hre reng ang u.

Thawwna tur number : 9436152192 / 7005084957 / 9436196515

CHIEF MINISTER’S RELIEF FUND PEK THEIHNATE

○ **State Bank of India**

Account No.: 39278398200
IFSC: SBIN0004809
SWIFT: SBININBB447
UPI: cmrfmizoram@sbi
Branch: Dawrpui
Branch Code: 004809

HDFC:

Account No.: 18141450000025
IFSC: HDFC0001814
UPI: cmrfmizoram@hdfcbank
Branch: Aizawl
Branch Code: 001814



COVID-19

LAKA I HIM THEIH NAN



NITIN EIZAWNGA THAWK CHHUAK THIN TE CHU KAN VEIVAHNA LEH KAN HNATHAWHNA HMUNAH THEIHTAWPIN FIMKHUR ILA. KAN HIM TLANNA TURA SAWRKARIN INKAIHHRUAINA DAN A SIAM TE I ZAWM THEUH ANG U

KHAWIAH PAWH MASK HMAN TE, HAND SANITIZER HMAN TE UAR LA, A REMCHANNA HMUN APIANGAH KUT ULUK TAKIN SIL FO RAWH. KUT FAILOIN MIT LEH HNAR, HMAI BAWR KHAWIH LOH TUR A NI

CHHUNGTE, THIANTE, THENAWMTE LEH MIDANG INAH LEN LOH A HIM BER

KHAWLAIAH CHIL CHHAK LOH TUR

TUL TAWPAH LO CHUAN PUIPUNNAAH KAL LO LA. MIDANGTE HNIAHAW AWM LOH HRAM TUM ANG CHE

KUM UPATE LEH NATNA BENVAWN NEITE CHU PAWNAH CHHUAH LOH HRAM TUM TUR A NI

Issued in public interest by
Information & Public Relations Department, Government of Mizoram



COVID-19 LAKA KUM UPATE LEH NATNA BENVAWN NEITE (HIGH RISK GROUP) FIMKHUR DAN TUR

Issued in public interest by
Information & Public Relations Department,
Government of Mizoram

Kum Upate leh natna benvawn (cancer, asthma, thin/kal/lung/chuap thalo, HIV +ve, zunthlum, thisen sang etc.) neite hi an taksa a chak loh avang leh an taksa natna dotu an tlakchham avangin COVID-19 an kai chuan an la na (serious) duh bik a, midang te aiin an fimkhur zual bik a ngai a ni.

ENGTIN NGE HIGH RISK GROUP-TE AN FIMKHUR ZUAL BIK THEIH ANG?

- I inah awm la, tul tawpah lo chuan mi inah leng suh.
- Titi honaah inhlat taka thut a, mask vuah ngei ngei tur a ni.
- Puipunna/chaw eikhawmna/bazar/committee meeting-naah te kal loh hram tur.
- Chenpuite zingah Isolation/Quarantine lai, Covid-19 dona lama thawk leh chhuak vak nasate an awm chuan hnaih loh tur.

HIGH RISK GROUP TE'N TAKSA LEH RILRU HRISSEL NAN ENGTE NGE AN TIH ANG?

- Taksa insawizawi/chet tam, eitur hrisei ei a pawimawh.
- Mahni nuam tihzawng (hobby) tih nan hun hmang ang che.
- Phone leh thildang hmangin thiante, chhungte nen inbiak fo a tha.
- Social media/ TV/radio-ah te Covid news leh chanchin en tlem rawh.
- I damdawi mamawh tur thla hnih daih tal khawl khawm reng ang che.
- Phone number pawimawh awlsam tea hmuh theihin dah rawh.
- Tul tawpah lo chuan Damdawi ina kal loh a him.
- Rilru hah ngawih ngawih/lungngaih/ hlauhna reh mai lo te i neih chuan Helpline/doctor/ Counselling lama tanpui theitu tur che rawn ang che.

Covid Helpline (No. 102/ 0389-2323336/ 0389-2322336/ 0389-2318336)

**NANG LEH MIDANGTE COVID-19 LAKA KAN LO HIM
ZAWK THEIH NAN HENG **TIH TUR** LEH **TIH LOH** TUR TE HI
ZAWM ANG CHE**

TIH TUR TE



Tui leh sahbawn hmanga zing taka kutsil emaw alcohol hmanga kut tih fai reng



I khuh leh hahchhiau in rawmawl/tissue paper-in emaw, i ban thlep hmangin emaw i hnar leh i ka hup rawh



Tissue paper i hman zawh veleh bawihlawh bawmah tha takin paih rawh



I nawmsam loh a, Doctor i rawn dawn anih chuan i ka leh i hnar khuh chungin kal ngei ang che.



Vantlang hmunah i kalin facemask vuah dan dakin vuah thin ang che.



Inah tawm la, puipunna hmunah ah kal suh ang che

TIH LOH TUR TE



Inchibai, inkuah tih rih loh tur

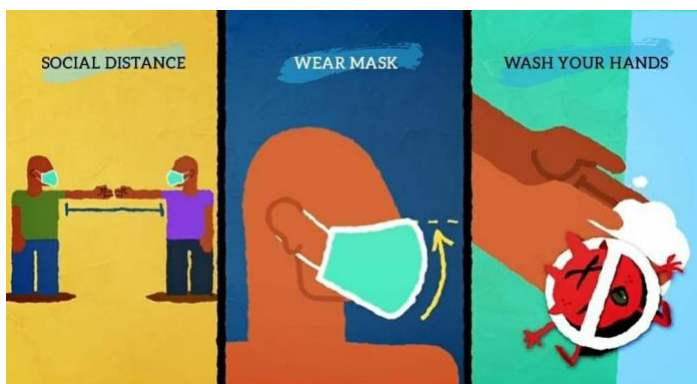


I kutin i ka, hnar leh mit khawih suh.



Khawlai/puipunna hmunah i chil chhak suh

COVID-19 HI HNEH NGEI TURIN I TANGHO ANG U



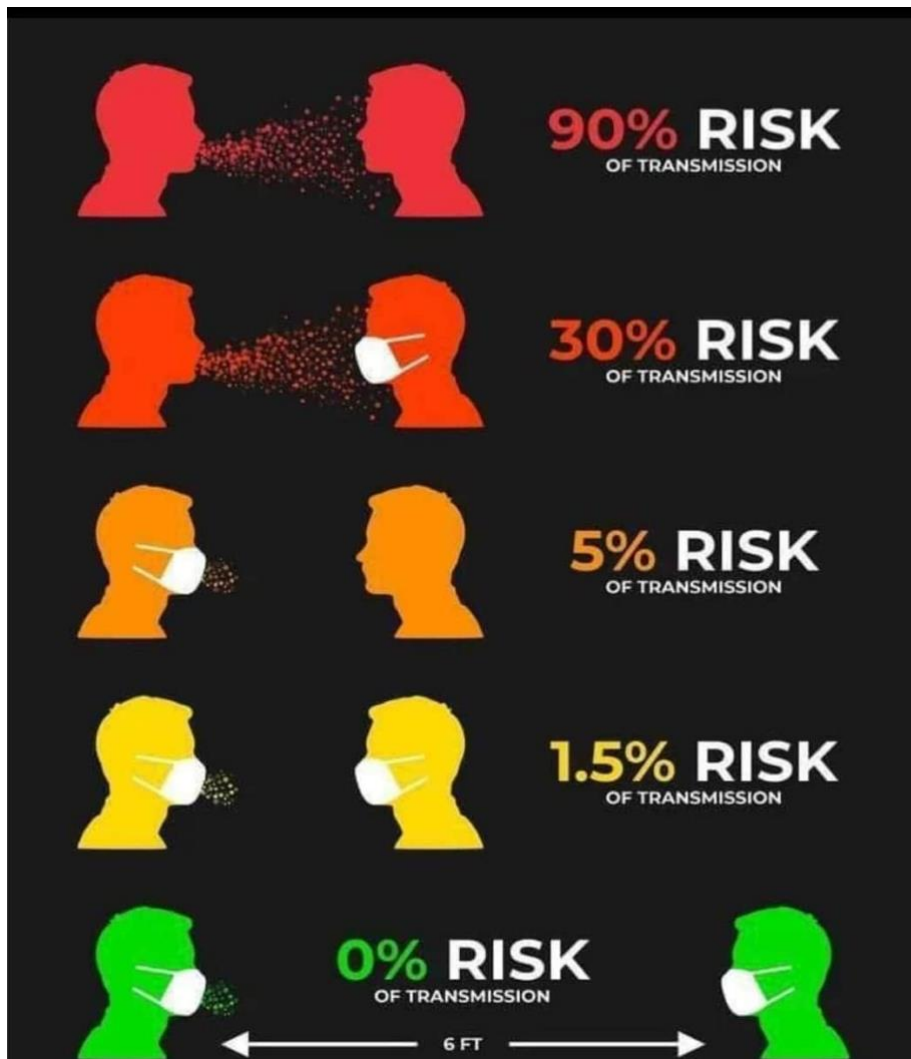
PROTECT YOURSELF THROUGH
A SIMPLE

ACT

Thank you for being a

HERO





Let's Fight Against
CORONAVIRUS?

**CHHUNGTE NIH LEH HMELHRIAT
THA NIH HI COVID-19 HIAN
A THLIAR HRANGLO,
I TAN AN HLAUH AWM TING MAI.
CHUVANGIN, MI ZAWNG ZAWNG
LAKAH INVENG FIMKHUR ANG
CHE AW...**

**COVID-19 KIAN HMA CHUAN,
CHHUNGTE VA TLAWH HRIH
SUH, AN HLAU ANG CHE.
TAWM HRAM HRAM RAWH.
A REI TAWH LO ANG.**

**COMMITTEE ON COVID-19
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**

Issued by
Covid-19 Committee on
Psychological and Social Guidance,
Govt of Mizoram

Ventilator vuah aiin hmai khuh
a nuam zawk e

Mamawh zualpui leh
Nunna atana pawimawh
chauh lei ang aw

Thing leh thlai i phun ang aw...
Malsawm dawn nan

ISSUED BY COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOVT OF MIZORAM

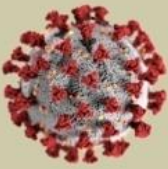
RAM ROREL KHAWL, SAWRKAR HNATHAWK, KOHHRAN LEH TLAWMNGAI PAWL, RAM LEH HNAM HMANGAIHTUTEN TIHTAK ZETA NUN CHHAN TUMA AN TANGRUAL HI CHUNG PATHIAN DUHZAWNG, AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh hmingthatna leh hamthatna khel rih lovin...

I thiam I finna nen raldo hmatawngah rawn intlar ve rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

ISSUED BY COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOVT OF MIZORAM



Covid-19 hi natna pakhat ve mai a ni a, in ven theih a ni. Vei te tan pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih nan mi tam tak an tawngtai reng bawk e



Sawrkarak, Kohhran, Tlawmngai pawl leh mi tha tam takin in him nan leh dam nan hna an thawk reng e.



Tihbai awm natna ni mahse..a hnai zawk 'Chhandamtun' thlamuang rawh min ti'...

What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not
CURFEW
It's
CARE FOR U

THURAWN

- ☐ Kan him tlanna tura sawrkar thuchhuah reng reng ngaipawimawh thin ang che.
- ☐ Vanduai vanga kai palh theih ani, chumi avang chuan i inchhir leh mai loh nan thu awih la, fimkhur la, invawng uluk ang che.
- ☐ Covid-19 hri leng mek nen hian inbihruk siak ang mai kan ni. A chang leh mi a barakhaih thut a, phut zawk theih ani. Chumi avang chuan Covid-19 hian mi a chenchilh mek ta tih a hriat a, barakhaih a i awmloh nan inveng fimkhur la, pawnah inlan tam lo la, hri kai lohna tura tih te zawmin in hliahkhuh tlat ang che.
- ☐ Midang himna thlentu niin nang malsawmna lo ni ang che.