

COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



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Issue No : 180

Time : 14th October, 2020 @ 7:00 PM

Mizoram COVID-19 Helpline no. 102(toll free)/ 0389 2323336/0389 2318336

01.10.2020 LEH 31.10.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA (UNLOCK 4.0)
KALPUI DAN TUR THUPEK [For details Click here](#)

1. October ni 14, 2020 tlai dar 5:30 a khawvel COVID-19 dinhmun (source: WHO)

Confirmed cases - 3,78,88,384
Confirmed deaths - 10,81,868

COVID-19 natna vei hmuh chhuah tamna ram te

USA	- 77,28,436	India	- 72,39,389	Brazil	- 51,03,408
Russia	- 13,26,178	Colombia	- 9,19,083	Argentina	- 9,03,730
Spain	- 8,61,112	Peru	- 8,51,171	Mexico	- 8,21,045
France	- 7,15,764	South Africa	- 6,93,359	U.K.	- 6,17,692

COVID-19 natna thihpui tamna ram te

USA	- 2,13,626	Brazil	- 1,50,689	India	- 1,10,586
Mexico	- 83,945	U.K.	- 42,875	Italy	- 36,205
Peru	- 33,357	Spain	- 32,929	France	- 32,589
Iran	- 29,070	Colombia	- 27,985	Argentina	- 24,186

Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

India	- 63,509	USA	- 46,308	U.K.	- 13,972
Russia	- 13,868	Argentina	- 9,524	Brazil	- 8,429
France	- 8,295	Colombia	- 7,767	Netherlands	- 6,844
Ukraine	- 5,133	Italy	- 4,619	Poland	- 4,394

Darkar 24 chhunga COVID-19 natna thihpui tam zualna ram te

India	- 730	USA	- 335	Argentina	- 318
Iran	- 254	Russia	- 244	Brazil	- 201
Mexico	- 164	Colombia	- 151	Ukraine	- 107
France	- 94	Indonesia	- 92	South Africa	- 83

WHO in region a then dan a COVID-19 vei zat

Americas - 1,80,90,384	South-East Asia - 81,27,106	Europe - 71,08,781
Eastern Mediterranean - 26,60,450	Africa - 12,37,088	Western Pacific - 6,63,834

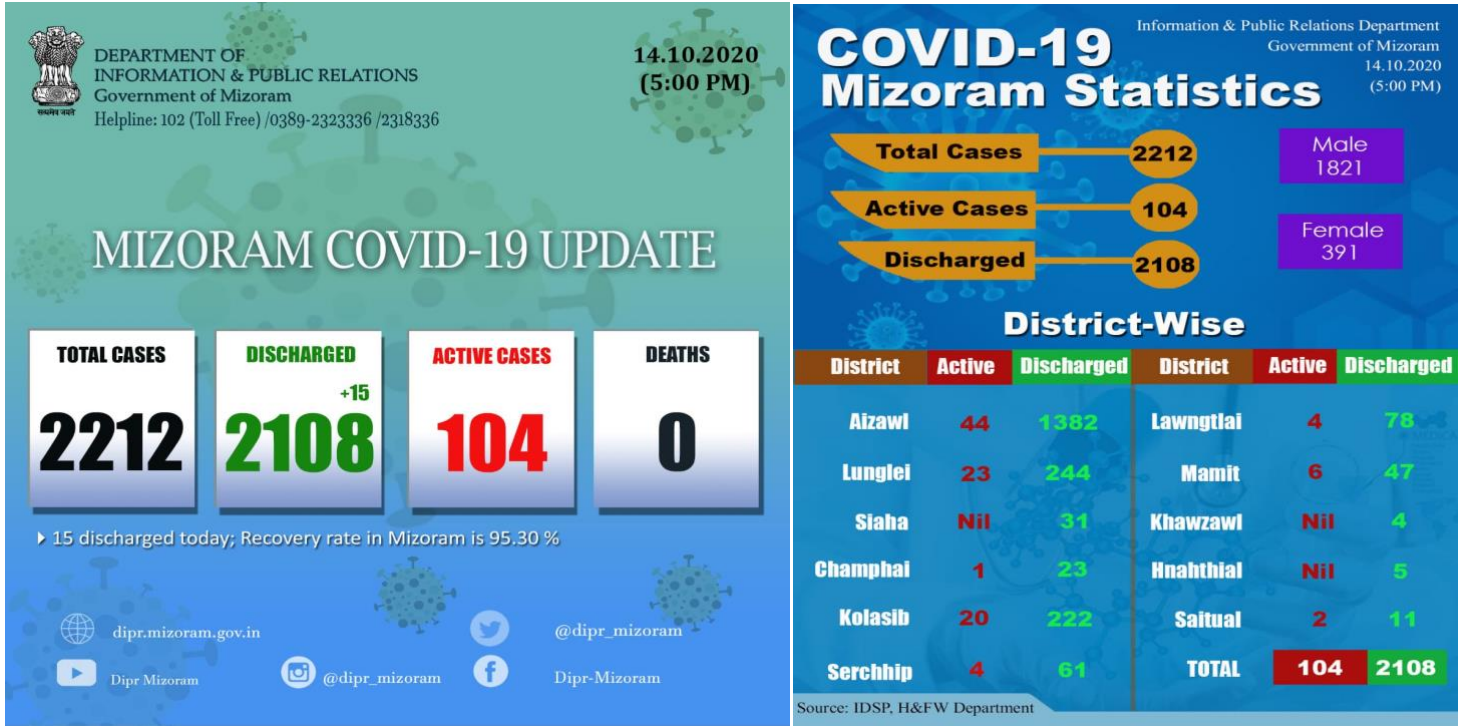
Darkar 24 chhungin positive thar **2,74,967** an awm a; **3,915** in an thihpui.

2. October ni 14, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

COVID-19 vei hmuhchhuah tawh zat : 72,39,389 (8.03%)Tuna vei mek zat: 8,26,876 (11.42%)

Sl.	State/UT	Vei mek	Damch hu ak	Thi	Sl.	State/UT	Vei mek	Damchh uak	Thi
1	Andaman & Nicobar Islands	199	3782	55	19	Madhya Pradesh	14661	132429	2671
2	Andhra Pradesh	42855	714427	6291	20	Maharashtra	205884	1297252	40701
3	Arunachal Pradesh	2960	9573	28	21	Manipur	2867	10829	97
4	Assam	28897	167059	830	22	Meghalaya	2367	5406	65
5	Bihar	10835	187059	961	23	Mizoram	119	2093	0
6	Chandigarh	1127	12007	197	24	Nagaland	1513	5831	19
7	Chhattisgarh	27208	119352	1306	25	Odisha	22892	232988	1057
8	Dadra Nagar Haveli, Daman & Diu	85	3081	2	26	Puducherry	4572	26865	567
9	Delhi	21490	286880	5854	27	Punjab	8212	113105	3894
10	Goa	4316	34252	514	28	Rajasthan	21924	139616	1679
11	Gujarat	15187	134990	3584	29	Sikkim	344	3014	59
12	Haryana	10319	132382	1601	30	Tamil Nadu	43239	612320	10371
13	Himachal Pradesh	2507	15001	254	31	Telangana	23728	191269	1241
14	Jammu & Kashmir	9866	73502	1340	32	Tripura	3500	25041	318
15	Jharkhand	7617	85314	805	33	Uttarakhand	6576	48283	782
16	Karnataka	113478	602505	10123	34	Uttar Pradesh	38082	397570	6466
17	Kerala	95493	207357	1046	35	West Bengal	30988	265288	5744
18	Ladakh	969	4205	64		TOTAL	826876	6301927	110586

- *Darkar 24 chhungin sample 11,45,015 test niin positive thar 63,509 hmuh a ni a, mi 74,632 dam (cured) a puan niin 730 in an thihpui a ni.
- *ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat chu 9,00,90,122 a ni.
- *Darkar 24 chhunga sample test zat atanga positive hmuhchhuah zat % : 5.15%
- *COVID-19 positive enkawl dam tawh zat : 63,01,927 (87.05%)



3. Mizoram chhunga Government/Community/Hotel Quarantine Facility-a awmte inkaihhraina dan thar siam a ni
For details [Click here](#)
4. Health & Family Welfare Department in Home Quarantine phalsakte tana hman tur 'Inkaihhraina (Guidelines)' thar a siam
For details [Click here](#)
5. Community Covid Care Centre (CCCC) Inkaihhraina (Standard Operating Procedure) ruahman a ni
For details [Click here](#)
6. Covid-19 hri kai / damlo te enkawlina hmun (CCC/DCHC/DCH/Home Isolation) atanga chhuahtir (discharge)/ enkawlina tihtawp dan tur ruahmanna siam a ni
For details [Click here](#)
7. Covid-19 kara Kum Upate leh Natna benvawn neite (High Risk Group) te fimkhur dan tur
For details [Click here](#)
8. Mizoram chhunga commercial passenger phur motor ten an zawm tur Standard Operating Procedure
For details [Click here](#)
9. Health and Family Welfare Department-in hriattirna 30.7.2020-a a lo tihchhuah tawh, COVID-19 test-na man bithliah chungchang chu ni 24.8.2020 khan thuchhuah thar siamin a tidanglam. Sawrkar hospital/facility-a RT-PCR leh TrueNat test-na man chu hetiang hian siam that a ni
For details [Click here](#)
10. SOP on preventive measures to contain spread of COVID-19 in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work
For details [Click here](#)
11. SOP for partial reopening of Schools for students of 9th to 12th classes on a voluntary basis, for taking guidance from their teachers: In the context of COVID-19
For details [Click here](#)
12. Notification regarding mPASS – Entry of Persons
For details [Click here](#)
13. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (14th October, 2020 @ 9:00am)
For details [Click here](#)
14. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (14th October, 2020 @ 3:00pm)
For details [Click here](#)

15. COVID-19 dona atana hman tangkai turin mimal leh pawl thahnemngai tak takte atangin Chief Minister's Relief Fund for COVID-19 ah sum hmuh a ni thin a. Vawiin khan Fundamental Baptist Churches Association of Mizoram atangin **Rs. 20,000** hmuh a ni. Heti hian vawiin thlenga COVID-19 dona atana CM Relief Fund-a sum lut tawh zat chu **Rs. 21,66,81,571** a ni.
16. Vawiin chawhnu khan Chief Secretary's Conference Hall, MINECO-ah COVID-19 hripui leng mek kara Mizoram dinhmun thlirhona thutkhawm neih a ni a. Health & Family Welfare Minister Dr. R. Lalthangliana'n he thlirhona hi kaihruiin, Medical Operational Team on COVID-19 Chairman Dr. ZR Thiamsanga, MLA, Chief Secretary Pu Lalnunmawia Chuaungo, Health Department hotute leh Indian Medical Association (IMA) aiawhte bakah Health department leh Police Contract Tracing Team aiawhte an tel a ni.

Vawiin thutkhawmnaah hian mipui ten awlsam zawka sample an test theih nan Aizawl khawpui hmun laili deuhah sample test theihna hmun pan awlsam tur "kiosks" ruahman tha tih a ni a. kiosk siam ngai tur zat leh a hmunhma turte a rang lama tihfel tum a ni. COVID-19 hrileng karah chhan hrang hrang vangin COVID-19 vei ni silo natna dang vanga damlo, inentir ngai ten harsatna an tawh theih thu sawiho niin hemi kawnga harsatna awm theite an rang lama chinfel a nih theih nan ruahmanna siam thuai tum a ni bawk. Indian Council of Medical Research (ICMR)-in COVID-19 symptoms neite a thlawna an in test theih dan tur ruahmanna a siam thu sawi niin Mizoramah pawh ICMR inkaihhruaina ang hi kalpui a nih theih nan ruahmanna felfai tak siam nghal tum a ni.

For details [Click here](#)



17. Vawiin October ni 14, 2020 chhun dar 12:00 thlenga Mizoram COVID-19 dinhmun (source : IDSP, H&FW Department)
- | | |
|---|-----------------|
| Positive hmuhchhuah zawng zawng zat | : 2212 |
| COVID-19 vei tawh lo, enkawlina hmun atanga chhuahtir zat | : 2093 (94.62%) |
| COVID-19 la vei mek zat | : 119 (5.38%) |
| COVID-19 la vei mek zinga 53 (44.54%) hi military/paramilitary forces an ni | |

COVID-19 positive hmuhchhuah dan:

RT-PCR (ZMC)	: 1544
TrueNAT PCR	: 322
Rapid Antigen Test	: 346
Total	: 2212

Sample Test tawh zat:

RT-PCR (ZMC)	: 56,273
TrueNAT PCR	: 5,122
Rapid Antigen Test	: 29,295
TOTAL	: 90,960

COVID-19 hri kai hmuhchhuah **2212** zinga **1557 (70.39%)** hi Mizoram pawn atanga rawn lut (Travel history nei) te an ni a. Tualchhunga inkaichhawng (local transmission) hmuhchhuah zat hi **655 (29.61%)** a ni.

18. COVID-19 Positive thar 10 hmuhchhuah a ni.

October ni 13, 2020 khan ZMC RT-PCR laboratory-ah sample 291 test a ni a, result a negative vek. District hrang hrang TrueNAT laboratory-a sample test zingah COVID-19 positive hmuhchhuah thar 2 an awm a. Rapid Antigen Test hmanga COVID-19 positive hmuhchhuah thar 8 an awm.

TrueNAT Laboratory-a COVID-19 positive hmuhchhuah

Champhai district	: 1 - Mipa kum 20 a upa, Karimganj Assam atanga lo kal, Tarmat Company hnuiaia thawk, symptom nei lo a ni.
Lawngtlai district	:1 - Mipa kum 50 a upa, Uttarakhand atanga lo kal, PKRPP Construction Company hnuiaia thawk , Quarantine facily a awm mek, symptom nei lo a ni.

Rapid Antigen Test hmanga COVID-19 positive hmuhchhuah thar

Aizawl district : 7 - Mipa 4 leh Hmeichhia 3 an ni a, zin chhuahna (travel history) nei lo, tualchhung atanga kai vek an ni.

➡Dawrpui	- Mipa 3 leh Hmeichhia 1; kum 10, 35, 65 & 73; symptoms nei vek, kaina chhan hriat rihloh
➡Chanmari West	- Hmeichhia 2 leh Mipa 1; kum 5, 25 & 61, symptoms neilo an ni a. Chhungkaw khat a chengho niin, nimin lama positive hmuhchhuah takte nen chhungkhat an ni.
Kolasib district	: 1 - Hmeichhia kum 37 a upa, Vairengte Venghlun a cheng, CIJWS a thawk a ni a. Symptom a nei lo.

ZMC Laboratory-a sample test zat

Aizawl district	- 291	(Mipa - 209, Hmeichhia - 82)
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District hrang hrang TrueNAT laboratory-a sample test zat

Lunglei district	- 12	(Mipa - 8, Hmeichhia - 4)
Siaha district	- 8	(Mipa)
Champhai district	- 10	(Mipa - 9, Hmeichhia - 1)
Kolasib district	- 28	(Mipa)
Lawngtlai district	- 22	(Mipa - 17, Hmeichhia - 5)
TOTAL	- 80	(Mipa - 70, Hmeichhia - 10)

Rapid Antigen Test zat

Aizawl district	- 112	(Mipa - 49, Hmeichhia - 63)
Lunglei district	- 27	(Mipa - 16, Hmeichhia - 11)
Siaha district	- 6	(Mipa - 3, Hmeichhia - 3)
Champhai district	- 17	(Mipa - 8, Hmeichhia - 9)
Mamit district	- 14	(Mipa - 11, Hmeichhia - 3)
Kolasib district	- 393	(Mipa - 380, Hmeichhia - 13)
Serchhip district	- 2	(Mipa)
Lawngtlai district	- 4	(Hmeichhia)
Khawzawl district	- 2	(Mipa)
Saitual district	- 5	(Mipa - 3, Hmeichhia - 2)
TOTAL	- 582	(Mipa - 474, Hmeichhia - 108)

COVID-19 vei enkawlina hmun atang mi 15 chhuahtir an ni.

Vawiin October ni 14, 2020-a COVID-19 positive enkawlina CCC/DCHC hrang hrang atanga chhuahtirte:

- 1) Pukpui CCC, Lunglei : 9
- 2) CCC, Mamit : 2
- 3) Nursing School CCC, Serchhip : 1
- 4) Assam Rifles CCC, Zokhawsang : 3

19. **Lengpui Airport-a thlawhna passenger lo thlengte phurtur te**

Home Department order No. F.22012/2/2020-HM/COVID-19. Dt 11/9/2020 duhdan ang leh Dt.14/9/2020 a Task Group on Commodities and Transport meeting thurel angin a hnuaia tarlan motor te hi Lengpui Airport-a thlawhna passenger lo thlengte phurturin ruat an ni a, a bik taka sorkarin phalna a pekte an nihloh chuan motor dangin thlawhna atanga lo thleng passenger te phurh phal a ni lo.

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20. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriattheih chinah vawiin hian sample 220 test niin ZMC leh Aizawl hmun hrang hrang atanga dawnte an ni. Nimin lama sample test 291-te chu an negative vek.

Nimin khan Rapid Antigen Test hmangin Covid-19 positive Aizawl District ah mipa 4 leh hmeichhia 3 kum 5 leh 73 inkar leh Kolasib District ah hmeichhia kum 37 a upa hmuhchhuah an ni.

Nimin khan TrueNat hmangin Covid-19 positive Champhai District ah mipa kum 20 a upa leh Lawngtlai District ah mipa kum 50 a upa hmuhchhuah an ni bawk.

Vawiin khan ZMC-ah Covid-19 positive mi 5 admit thar an ni a, tun dinhmunah Covid 19 positive mi 31, mizo vek, thla 8 leh kum 73 inkar enkawl mek an ni. ICU a awm 1-in oxygen a la mamawh a, hma erawh a sawn hret. Isolation Ward-a awmte zingah ngaihtuahawm em em an awm lo. **(ZMC bulletin)**

21. Covid-19 Task Group on Quarantine Facilities daily report (as on 13th October, 2020)

FORM A				QUARANTINE FACILITY AS ON TODAY				AS ON TODAY		
Sl.No	District	No of Facilities	Capacity	No of pax admitted in Home Q	No of pax admitted in Hotel Q	No of pax admitted in CQF	No of pax admitted in GQF	TOTAL PAX IN QF	No of pax shifted to isolation	TOTAL INCLUDING PAX in ISOLATION
	1	2	3	4	5	6	7	8	10	
1	Aizawl	40	2253	241	59	3	215	518	112	1361
2	Champhai	7	334	18	0	0	13	31		
3	Hnahthai	22	333	32	0	0	4	36		
4	Khawzawl	26	530	21	0	0	5	26		
5	Kolasib	21	908	0	0	0	264	264		
6	Lawngtlai	23	715	39	0	0	110	149		
7	Lunglei	24	791	0	0	0	75	75		
8	Mamit	25	768	6	0	0	30	36		
9	Saitual	44	704	3	0	0	13	16		
10	Serchhip	33	552	29	0	0	54	83		
11	Siaha	36	1469	6	0	0	9	15		
	TOTAL	301	9357	395	59	3	792	1249		

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
1	2	2A	3	4	5	6	7	8	9
1	Government QF	9357	114	17620	84	16335	1	493	792
2	Isolation Facilities	-	5	1714	40	1602	0	0	112
3	Community QF	7760	0	4008	0	3993	0	12	3
4	Home Quarantine	-	56	2393	0	1970	0	28	395
5	Hotel/Paid QF	69	0	343	0	279	0	5	59
	TOTAL	17186	175	26078	124	24179	1	538	1361

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22. Military Quarantine Report on 13th October, 2020 (Covid-19 Task Group on Quarantine Facilities)

Sl. No.	District	No. of military personnel quarantined
1	Aizawl	190
2	Champhai	0
3	Hnahthial	0
4	Khawzawl	0
5	Kolasib	162
6	Lawngtlai	0
7	Lunglei	48
8	Mamit	0
9	Saitual	0
10	Serchhip	27
11	Siaha	0
Total		427

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23. Status of Mizoram Surveillance of COVID-19 (as on 14.10.2020 @5:00 pm) – *input from IDSP, H&FW department*

S.No	Category	Newly added on Date: 14.10.2020	Cumulative till Date: 14.10.2020
1	Number of persons screened	693	1,87,742
2	COVID-19 SAMPLE TESTED		
	Outside Mizoram	-	58
	Rapid Antigen Test	582	29,295
	Truenat – PCR, Mizoram	80	5,122
	Zoram Medical College(ZMC)	291	56,273
	Total no. of Samples tested	953	90,748
3	Number of patients/suspects admitted at DCH	6	39
4	Number of patients/suspects admitted at DCHC	0	1
5	Number of patients/suspects admitted at CCC	8	79
6	Home Isolation	0	3
6	NUMBER OF CONFIRMED POSITIVE CASES		
	Guwahati Medical College	-	1
	Rapid Antigen Test	8	337
	Truenat – PCR, Mizoram	2	332
	RT-PCR, ZMC, Falkawn	0	1,542
	Total no. of COVID-19 Confirmed positive	10	2,212
7	Number of positive cases Hospitalized	10	2,212
8	Number of persons discharged	15	2,108
9	Number of active cases	10	104
10	Number of death due to COVID-19	0	0

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24. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a enkawl mek zat. – October 14, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DCH		DCHC		CCC	
	Newly added on 14.10.'20	Cumulative	Newly added on 14.10.'20	No. of Presently Isolated	Newly added on 14.10.'20	No. of Presently Isolated
Aizawl West	6	39	0	0	0	4
Aizawl East			0	0	3	12
Lunglei			0	0	0	37
Siaha			0	0	0	0
Champhai			0	0	1	1
Kolasib			0	1	3	9
Serchhip			0	0	0	5
Lawngtlai			0	0	1	4
Mamit			0	0	0	5
Saitual			0	0	0	2
Khawzawl			0	0	0	0
Hnahthial			0	0	0	0
TOTAL	6	39	0	1	8	79

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25. Existing number of inmates at all designated Quarantine Facilities in Mizoram on October 14, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON								14-10-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19						TIME : 4:00pm
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	93	17713	49	16384	7	500	829
2	Isolation Facilities	10	1724	3	1605			119
3	Community Quarantine Facilities	0	4008	0	3993	0	12	3
4	Home Quarantine	13	2406	0	1970	0	28	408
5	Hotel/Paid Quarantine Facilities	0	343	0	279	0	5	59
	Total	116	26194	52	24231	7	545	1418

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26. Daily Report on Military and Para-military Status at Quarantine Facilities in various Districts on October 14, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

ABSTRACT OF DAILY REPORT ON MILITARY AND PARA MILITARY STATUS AT QUARANTINE FACILITIES AS ON										14-10-2020
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'F'				Quarantine Facility				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				Admitted		Discharged				
	I	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V-{ VII+ IX})
1	Aizawl	5	430	12	983	9	625	2	167	191
2	Champhai	1	150	0	0	0	0	0	0	0
3	Hnahthial	1	0	0	0	0	0	0	0	0
4	Khawzawl	1	0	0	0	0	0	0	0	0
5	Kolasib	2	135	16	683	12	501	7	23	159
6	Lawngtlai	1	20	0	0	0	0	0	0	0
7	Lunglei	2	136	0	243	0	195	0	0	48
8	Mamit	1	10	0	0	0	0	0	0	0
9	Saitual	1	0	0	0	0	0	0	0	0
10	Serchhip	1	60	23	304	0	246	0	8	50
11	Siaha	1	20	0	0	0	0	0	0	0
	TOTAL	17	961	51	2213	21	1567	9	198	448

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SRHF-ZMC-a admit turte ken tur

- 1) Blanket pan (paih emaw disinfect pawilo tur)
2) Toothbrush, Toothpaste
4) Thawmh naw
6) Sahbawn, Shampoo, Detergent
7) Towel
9) Flask
11) Pawisa Rs. 3000 - Rs 5000 a tul awm huna hman tur (Contaminate loh)
- 3) Mobile charger
5) Mug
8) Bottle, No , Spoon
10) Samkhuih

27. Daily Report on Status at Government Quarantine Facilities in various Districts on October 14, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										14-10-2020
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'A'				Quarantine Facility				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				Admitted		Discharged				
	I	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V-{ VII+ IX})
1	Aizawl	40	2410	12	5904	14	5545	0	146	213
2	Champhai	7	334	0	671	0	658	0	0	13
3	Hnahthial	22	333	1	245	0	237	0	3	5
4	Khawzawl	26	545	0	358	0	341	0	12	5
5	Kolasib	21	1000	27	2732	14	2406	7	56	270
6	Lawngtlai	23	715	0	1591	0	1481	0	0	110
7	Lunglei	24	791	3	1922	6	1723	0	127	72
8	Mamit	25	420	0	828	0	748	0	50	30
9	Saitual	44	704	0	582	0	560	0	9	13
10	Serchhip	33	622	49	1338	15	1196	0	54	88
11	Siaha	36	1469	1	1542	0	1489	0	43	10
	TOTAL	301	9343	93	17713	49	16384	7	500	829

For details [Click here](#)

28. Daily Report on Status at Isolation Facilities in various Districts on October 14, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON						14-10-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS
		ADMITTED				
I	II	III	IV	V	VI	VII
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted	Progressive Total of persons admitted to isolation			Total number of persons admitted to isolation
1	Aizawl	0	648	0	0	648
2	Champhai	1	34	0	0	34
3	Hnahthial	0	7	0	0	7
4	Khawzawl	0	19	0	0	19
5	Kolasib	2	293	0	0	293
6	Lawngtlai	0	0	0	0	0
7	Lunglei	4	279	0	0	279
8	Mamit	3	62	0	0	62
9	Saitual	0	11	0	0	11
10	Serchhip	0	309	0	0	309
11	Siaha	0	62	0	0	62
	TOTAL	10	1724	0	0	1724

For details [Click here](#)

COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin email - mzcvolunteers@gmail.com ah emaw

COVID-19 helpline 102, 0389-232336/2318336-ah te in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

29. Daily Report on Status at Community Quarantine Facilities in various Districts on October 14, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 14-10-2020										
Name of State : Mizoram				MIZORAM STATE CONTROL ON COVID-19					TIME: 4:00pm	
FORM 'C'				QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				ADMITTED		DISCHARGED				
Sl.no	I	II		III	IV	V	VI	VII	VIII	IX
	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV- (VI+ VIII))
1	Aizawl	348	3581	0	2978	0	2973	0	2	3
2	Champhai	15	414	0	318	0	318			0
3	Hnahthial	2	16	0	11	0	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	218	0	4	0
8	Mamit	8	220	0	123	0	123			0
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64		64	0	0	0
	TOTAL	414	4969	0	4008	0	3993	0	12	3

For details [Click here](#)

30. Daily Report on Status of Home Quarantine in various Districts on October 14, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 14-10-2020								
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
		ADMITTED		DISCHARGED				
Sl.no	I	II	III	IV	V	VI	VII	VIII
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	0	1242	0	1001	0		241
2	Champhai	0	77	0	59	0		18
3	Hnahthial	4	188	0	149	0	3	36
4	Khawzawl	6	37	0	10	0		27
5	Kolasib	0	39	0	39	0		0
6	Lawngtlai	0	242	0	182	0	21	39
7	Lunglei	0	123	0	123	0		0
8	Mamit	3	31	0	22	0		9
9	Saitual	0	14	0	11	0		3
10	Serchhip	0	324	0	291	0	4	29
11	Siaha	0	89	0	83	0		6
	TOTAL	13	2406	0	1970	0	28	408

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LLTF / VLTF-te hnena ngenna

- 1) Insawiselna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
- 2) Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngaite erawh chu an quarantine-na hmun theuhah sample la tura IDSP team phone tur a ni.
- 3) Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni.
- 4) Quarantine Facility-a naupai, nau nei hnai an nih chuan an pasal emaw an rawn hawpui-ten kalpui tur a ni a, midang rawn hruai tel loh tur.
- 5) Damlo, Covid-19 vei rinhlelh, mahni insaseng thei lo tan awmpuitu pakhat chauh rawn neih tur a ni. (ZMC bulletin)

31. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on October 14, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 14-10-2020										
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19				TIME: 4:00pm		
FORM 'E'				QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
				ADMITTED		DISCHARGED				
Sl.no	I			II	III	IV	V	VI	VII	VIII
	District	No.of Facility	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(V+ VII))
1	Aizawl	8	59	0	343	0	279	0	5	59
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha			0						0
TOTAL		8	59	0	343	0	279	0	5	59

For details [Click here](#)

32. Lawngtlai District-ah khung hran mek mi 85 an awm (14.10.2020 @ 5:00 PM)

State pawn atanga Lawngtlai District-a lo haw leh lo lut, COVID-19 hri leng laka fimkhur thila government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 5:00 thleng khan mi 85 a ni a. An zinga mi 66 chu facility quarantine niin, mi 19 chu home quarantine an ni.

Nizan leh vawiinah state pawn atangin mi 13 lo thlen belhin, Medical Quarters-ah dah an ni a. Medical Quarters atang vek hian khung hran hun bi hmang zo mi 16 chhuahtir an ni thung a. Nimina District Hospital Lawngtlai TrueNAT Laboratory-a COVID-19 positive case hmuh chhuah belh mi 1 chu PWD Inspection Bungalow atangin Lawngtlai Covid Care Centre (CCC)-ah sawn a ni bawk.

For details [Click here](#)
33. Mamit District-ah khung hran mek mi 48 an awm (14.10.2020 @ 5:00 PM)

India ram hmun hrang hrang atanga lo hawte awmna tura buatsaih Mamit District chhunga Quarantine Facility, CCC leh Home Quarantine- ah mi 48 an awm mek a. Mi 2 Assam atanga rawn haw khunghran belh an ni a. Mi 2, CCC- atanga dam taka chhuahtir an ni a. CCC - Mamit atang hian mi 1 ZMC Aizawl ah refer a ni bawk.

For details [Click here](#)
34. Champhai District Quarantine Facility hrang hrang dinhmun (October 14, 2020 @ 5:00 pm)

1) DPRC Institutional Quarantine Centre	- 7	(5 Male + 2 Female)
2) Tourist Lodge Institutional Quarantine Centre	- 6	(4 Male + 2 Female)
3) Home Quarantine	- 17	(Male)
4) Covid Care Centre (CCC), Nursing School Building	- 1	(Male)
TOTAL	- 31	(27 Male + 4 Female)
35. Khawzawl District Quarantine Facility hrang hrang dinhmun (October 14, 2020 @ 5:00 pm)

1) Forest Rest House, Khawzawl	- 3	(Female)
2) Highway Restaurant, Kawlkulh	- 2	(Male)
3) Home Quarantine	- 21	(Male)
Total	- 26	(23 Male + 3 Female)
36. Kolasib District Quarantine Facility hrang hrang dinhmun (October 14, 2020 @ 5:00 pm)

a) Vawiinah Govt Quarantine Facilities atangin chhuak an awmlo. Quarantine Centre-ah lut thar mi 6 an awm thung (Nursing-6).

b) Lailapur Garrison, CIJWS-ah chhuak an awmlo a, mi 14 an lut thung. Pratap Hall, CIJWS Vairengte ah mi 2 an lut a, mi 12 an chhuak thung.

c) Company Camp Quarantine Centre-ah lut leh chhuak an awmlo.

d) Tun dinhmunah District Chhunga Quarantine Facility hrang hrangah mi 306 an awm mek a, Quarantine Facility pangngaiah mi 71, CIJWS Quarantine Facilities ah mi 177 leh Company Quarantine Centre ah mi 58 an awm mek a ni.

e) SIRD CCC ah mi 1 CIJWS Civil staff dah luh a ni. Tun dinhmunah SIRD CCC ah mi 9 an awm mek a.

f) DCHC ah mi 1, Nursing Student, duty tura Aizawl Electric Veng atanga lo chhuk chu duty hma in COVID19 test a postitive avangin dah luh a ni a, Contact Tracing Team pawhin hnuchhui hna an thawk nghal ani. Tun dinhmunah DCHC ah mi 2 an awm mek ani.

37. Dt.13.10.2020 Dar 6:00 PM atanga 14.10.2020 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlanga Essential Commodity bungrua lo luh dan.

Sl.No	Items	Quantity	
1	Buhfai (Bazar)	220 bags	110.00 qtls
2	Alu	355 bags	177.50 qtls
3	Purun	77 bags	38.50 qtls
4	Dal	575 bags	287.50 qtls
5	Chini	140 bags	70.00 qtls
6	Maida	97 bags	48.50 qtls
7	Atta	67 bags	33.50 qtls
8	Artui	405 cases	
9	Tel	30 cases	
10	Amul	1475 cases	
11	Tomato	202 boxes	
12	POL	28 Truck	
13	LPG	10 Trucks	
14	Cement	9520 bags	

37. Mental Health Professionals (Mizoram) Helpline Call report (13th October, 2020 @ 9:00 PM)

Particulars	13 th Oct 2020				13 th Oct 2020 Total	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
	Substance related	Anxiety related	Depression related	Psychosis & Others				
Total	1	2	0	2	5	3802	400	4202

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38. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 14th October, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 13.10.2020 9:00 AM – 14.10.2020 9:00AM) imposed by					Amount of fines imposed (last 24 hours 13.10.2020 9:00AM – 14.10.2020 9:00AM) imposed by					Cumulative nos of Offenders since 4.5.2020				Cumulative amount of fines imposed since 4.5.2020			
		Police		LTF	Total	Police		LTF	Total	Police		LTF	Police		LTF				
		Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f.6.20 20)		Other Police	Flying Squad (w.e.f.6.20 20)					
1	Entering or staying at any public place without the use of mask (Section 4(1))	147	70		217	14700	7000		21700	21963	23571	1709	5303800	2988300	226700				
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))	16			16	3200		3200											
3	Spitting in public places (Section 4(3))	1			1	300		300											
4	Organising any social or religious event without prior permission from the competent authority (Section 4(4))	Nil	Nil																
5	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(5))	Nil																	
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))	Nil	Nil																
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))	Nil	Nil																
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	12			12	12000		12000											
TOTAL		176	70	0	246	30200	7000	0	37200	47243			8518800						

For details [Click here](#)

39. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 14th October, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 13.10.2020 9:00 AM – 14.10.2020 9:00AM) imposed by				Amount (in Rs.) of fines imposed (last 24 hours 13.10.2020 9:00AM – 14.10.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount (in Rs.) of fines imposed since 4.5.2020			
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f.3.6.2020)			Other Police	Flying Squad (w.e.f.3.6.2020)		
1	Kolasib	4(1)		8		8		800		800	130	1322	8	1460	13200	145700	800	159700
		Sub Total				8	Sub Total											
2	Mamit	4(1)									781	257	22	1060	112800	26700	2200	141700
		Sub Total					Sub Total											
3	Aizawl	4(1)	127			127	12700			12700	14929	11663	487	27079	3287100	1591600	71200	4949900
		4(2)	16			16	3200			3200								
		4(3)	1			1	300			300								
		4(9)	11			11	11000			11000								
		Sub Total				155	Sub Total											
4	Saitual	4(1)		4		4		400		400	318	497	45	860	92900	86500	6500	185900
		Sub Total				4	Sub Total											
5	Champhai	4(1)		5		5		500		500	403	1016	200	1619	123700	124800	32000	280500
		Sub Total				5	Sub Total											
6	Khawzawl	4(1)	2	2		4	200	200		400	153	1346	198	1697	15300	135500	20800	171600
		Sub Total				4	Sub Total											
7	Serchhip	4(1)		1		1		100		100	1021	1548	57	2626	140300	182200	5700	328200
		Sub Total					Sub Total											
8	Hnahthial	4(1)		8		8		800		800	488	299	74	861	49800	40200	7400	97400
		Sub Total				8	Sub Total											
9	Lunglei	4(1)		13		13		1300		1300	973	2531	171	3675	361900	286200	22500	670600
		Sub Total				13	Sub Total											
10	Lawngtlai	4(1)	18	24		42	1800	2400		4200	1461	2519	122	4102	274700	290900	12800	578400
		4(9)	1			1	1000			1000								
		Sub Total				43	Sub Total											
11	Siaha	4(1)		5		5		500		500	162	573	325	1060	37600	78000	44800	160400
		Sub Total				5	Sub Total											
12	SP Traffic Aizawl	4(9)									1144	-	-	1144	794500	-	-	794500
		Sub Total					Sub Total											
GRAND TOTAL			176	70	0	246	30200	7000	0	37200	21963	23571	1709	47243	5303800	2988300	226700	8518800

For details [Click here](#)

🇲🇲 The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanchhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

CHIEF MINISTER'S RELIEF FUND PEK THEIHNATE

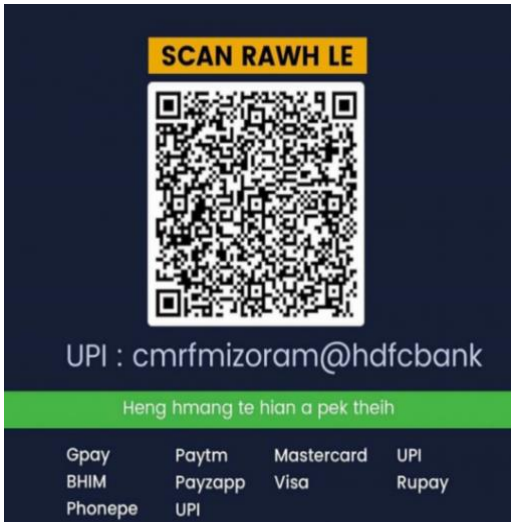
○ **State Bank of India**

Account No.: 39278398200
IFSC: SBIN0004809
SWIFT: SBININBB447
UPI: cmrfmizoram@sbi
Branch: Dawrpui
Branch Code: 004809



HDFC:

Account No.: 18141450000025
IFSC: HDFC0001814
UPI: cmrfmizoram@hdfcbank
Branch: Aizawl
Branch Code: 001814



COVID-19 LAKA I HIM THEIH NAN



**NITIN EIZAWNGA THAWK CHHUAK THIN TE CHU KAN VEIVAHNA LEH
KAN HNATHAWHNA HMUNAH THEIHTAWPIN FIMKHUR ILA.
KAN HIM TLANNA TURA SAWRKARIN INKAIHHRUAINA
DAN A SIAM TE I ZAWM THEUH ANG U**

**KHAWIAH PAWH MASK HMAN TE, HAND SANITIZER
HMAN TE UAR LA, A REMCHANNA HMUN APIANGAH
KUT ULUK TAKIN SIL FO RAWH. KUT FAILOIN MIT LEH
HNAR, HMAI BAWR KHAWIH LOH TUR A NI**

**CHHUNGTE, THIANTE, THENAWMTE LEH MIDANG INAH
LEN LOH A HIM BER**

KHAWLAIAH CHIL CHHAK LOH TUR

**TUL TAWPAH LO CHUAN PUIPUNNAAH KAL
LO LA. MIDANGTE HNIAHAW AWM LOH HRAM
TUM ANG CHE**

**KUM UPA LEH NATNA BENVAWN NEITE CHU
PAWNAH CHHUAH LOH HRAM TUM TUR A NI**

Issued in public interest by
Information & Public Relations Department, Government of Mizoram



COVID-19
LAKA KUM
UPATE LEH
NATNA
BENVAWN
NEITE (HIGH
RISK GROUP)
FIMKHUR
DAN TUR

Issued in public interest by
 Information & Public Relations Department,
 Government of Mizoram

Kum Upate leh natna benvawn (cancer, asthma, thin/kal/lung/chuap ꯃhalo, HIV +ve, zunthlum, thisen sang etc.) neite hi an taksa a chak loh avang leh an taksaa natna dotu an tlakchham avangin COVID-19 an kai chuan an la na (serious) duh bik a, midang te aiin an fimkhur zual bik a ngai a ni.

ENG TIN NGE HIGH RISK GROUP-TE AN FIMKHUR ZUAL BIK THEIH ANG?

- I inah awm la, ꯃul tawpah lo chuan mi inah leng suh.
- Titi honaah inhlat taka ꯃhut a, mask vuah ngei ngei tur a ni.
- Puipunna/chaw eikhawmna/bazar/committee meeting-naah te kal loh hram tur.
- Chenpuite zingah Isolation/Quarantine lai, Covid-19 dona lama thawk leh chhuak vak nasate an awm chuan hnaih loh tur.

HIGH RISK GROUP TE'N TAKSA LEH RILRU HRISEL NAN ENGTE NGE AN TIH ANG?

- Taksa insawizawi/chet tam, eitur hrisel ei a pawimawh.
- Mahni nuam tihzawng (hobby) tih nan hun hmang ang che.
- Phone leh thildang hmangin ꯃhiante, chhungte nen inbiak fo a ꯃha.
- Social media/ TV/radio-ah te Covid news leh chanchin en tlem rawh.
- I damdawi mamawh tur thla hnih daih tal khaw! khawm reng ang che.
- Phone number pawimawh awlsam tea hmuh theihin dah rawh.
- ꯃul tawpah lo chuan Damdawi ina kal loh a him.
- Rilru hah ngawih ngawih/lungngaih/ hlauhna reh mai lo te i neih chuan Helpline/doctor/ Counselling lama ꯃanpui theitu tur che rawn ang che.

Covid Helpline (No. 102/ 0389-2323336/ 0389-2322336/ 0389-2318336)

NANG LEH MIDANGTE COVID-19 LAKA KAN LO HIM
ZAWK THEIH NAN HENG TIH TUR LEH TIH LOH TUR TE HI
ZAWM ANG CHE

TIH TUR TE



Tui leh sahbawn hmanga zing taka kutsil emaw alcohol hmanga kut tih fai reng



I khuh leh hahchhiau in rawmaw! tissue paper-in emaw, i ban thlep hmangin emaw i hnar leh i ka hup rawh



Tissue paper i hman zawh veleh bawhlahw bawmah tha takin paih rawh



I nawmsam loh a, Doctor i rawn dawn anih chuan i ka leh i hnar khuh chungin kal ngei ang che.



Vantlang hmunah i kalin facemask vuah dan dakin vuah thin ang che.



Inah tawm la, puipunna hmunah ah kal suh ang che



Inchibai, inkuah tih rih loh tur



I kutin i ka, hnar leh mit khawih suh.



Khawlai/puipunna hmunah i chii chhak suh

TIH LOH TUR TE

COVID-19 HI HNEH NGEI TURIN I TANGHO ANG U



Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri an vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuai mobile number tarlanahte hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zei tur kan veng thei a ni tih i hre reng ang u.

Thawwna tur number : 9436152192 / 7005084957 / 9436196515



Let's Fight Against
CORONAVIRUS?

**CHHUNGTE NIH LEH HMELHRIAT
THA NIH HI COVID-19 HIAN
A THLIAR HRANGLO,
I TAN AN HLAUH AWM TING MAI.
CHUVANGIN, MI ZAWNG ZAWNG
LAKAH INVENG FIMKHUR ANG
CHE AW...**

**COVID-19 KIAN HMA CHUAN,
CHHUNGTE VA TLAWH HRIH
SUH, AN HLAU ANG CHE.
TAWM HRAM HRAM RAWH.
A REI TAWH LO ANG.**



**COMMITTEE ON COVID-19
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**



Issued by
Covid-19 Committee on
Psychological and Social Guidance,
Govt of Mizoram



Ventilator vuah aiin hmai khuh
a nuam zawk e

Mamawh zualpui leh
Nunna atana pawimawh
chauh lei ang aw



Thing leh thlai i phun ang aw...
Malsawm dawn nan



ISSUED BY COVID-19 COMMITTEE ON
PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM

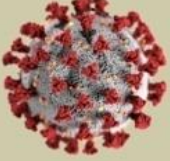
**RAM ROREL KHAWL, SAWRKAR HNATHAWK,
KOHHRAN LEH TLAWMNGAI PAWL,
RAM LEH HNAM HMANGAIHTUTEN TIHTAK
ZETA NUN CHHAN TUMA AN TANGRUAL HI
CHUNG PATHIAN DUHZAWNG.
AMAH BIAK DAN DIK A NI NGEI ANG.**

Unau, nang pawh
hmingthatna leh hamthatna
khel rih lovin...

I thiam I finna nen raldo
hmatawngah rawn intlar ve
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

ISSUED BY
COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM



Covid-19 hi natna pakhat ve mai
a ni a, in ven theih a ni. Vei te tan
pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih
nan mi tam tak an tawngtai reng
bawk e



Sawrkhar, Kohhran, Tlawmngai
pawl leh mi tha tam takin in
him nan leh dam nan hna an
thawk reng e.



Tihbai awm natna ni mahse..a
hnai zawk 'Chhandamtun'
thlamuang rawh min ti"...

What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not
CURFEW
It's
CARE FOR U

THURAWN

- ☐ Kan him tlanna tura sawrkar thuchhuah reng reng ngaipawimawh thin ang che.
- ☐ Vanduai vanga kai palh theih ani, chumi avang chuan i inchhir leh mai loh nan thu awih la, fimkhur la, invawng uluk ang che.
- ☐ Covid-19 hri leng mek nen hian inbihruk siak ang mai kan ni. A chang leh mi a barakhaih thut a, phut zawk theih ani. Chumi avang chuan Covid-19 hian mi a chenchilh mek ta tih a hriat a, barakhaih a i awmlah nan inveng fimkhur la, pawnah inlan tam lo la, hri kai lohna tura tih te zawmin in hliahkhuah tlat ang che.
- ☐ Midang himna thlentu niin nang malsawmna lo ni ang che.