

COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



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Issue No : 142

Time : 6th September, 2020 @ 6:30 PM

Mizoram COVID-19 Helpline no. 102(toll free)/ 0389 2323336/0389 2318336

01.09.2020 LEH 30.09.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA KALPUI DAN TUR THUPEK For details [Click here](#)

1. September ni 6, 2020 tlaidar 5:30 a Khawvel COVID-19 dinhmun (source: WHO)

Confirmed cases - 2,67,26,982
Confirmed deaths - 8,76,152

COVID-19 natna vei hmuh chhuah tamna ram te

USA	- 61,44,138	India	- 41,13,811	Brazil	- 40,92,832
Russia	- 10,20,310	Peru	- 6,76,848	Colombia	- 6,50,062
South Africa	- 6,35,078	Mexico	- 6,23,090	Spain	- 4,98,989
Argentina	- 4,61,882	Chile	- 4,20,434	Iran	- 3,84,666

COVID-19 natna thihpui tamna ram te

USA	- 1,86,663	Brazil	- 1,25,521	India	- 70,626
Mexico	- 66,851	U.K.	- 41,537	Italy	- 35,518
France	- 30,535	Peru	- 29,554	Spain	- 29,418
Iran	- 22,154	Colombia	- 20,888	Russia	- 17,759

Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

India	- 90,632	Brazil	- 51,194	USA	- 49,131
Argentina	- 10,684	Spain	- 10,476	France	- 8,860
Colombia	- 8,488	Peru	- 6,703	Mexico	- 6,196
Russia	- 5,205	Iraq	- 4,644	Indonesia	- 3,128

Darkar 24 chhunga COVID-19 natna thihpui tam zualna ram te

India	- 1,065	USA	- 976	Brazil	- 907
Mexico	- 522	South Africa	- 289	Colombia	- 270
Argentina	- 217	Spain	- 184	Peru	- 149
Russia	- 110	Iran	- 110	Indonesia	- 108

WHO in region a then dan a COVID-19 vei zat

Americas - 1,40,01,390	South-East Asia - 46,89,943	Europe - 44,43,522
Eastern Mediterranean - 19,96,246	Africa - 10,78,662	Western Pacific - 5,16,478

Darkar 24 chhungin positive thar **3,10,714** an awm a; **5,881** in an thihpui.

2. September ni 6, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)
COVID-19 vei hmuhchhuah tawh zat : 41,13,811
Tuna vei mek zat: 8,62,320

Sl.	State/UT	Vei mek	Damch hu ak	Thi	Sl.	State/UT	Vei mek	Damchh uak	Thi
1	Andaman & Nicobar Islands	338	2904	50	19	Madhya Pradesh	15688	54649	1543
2	Andhra Pradesh	100880	382104	4347	20	Maharashtra	221012	636574	26276
3	Arunachal Pradesh	1525	3381	8	21	Manipur	1872	4975	36
4	Assam	28507	95063	352	22	Meghalaya	1374	1527	15
5	Bihar	16594	128503	735	23	Mizoram	380	713	0
6	Chandigarh	2143	3290	69	24	Nagaland	726	3392	10
7	Chhattisgarh	22320	20487	356	25	Odisha	25909	93774	538
8	Dadra Nagar Haveli, Daman & Diu	301	2234	2	26	Puducherry	5161	11107	298
9	Delhi	19870	163785	4538	27	Punjab	15870	43849	1808
10	Goa	4945	15281	229	28	Rajasthan	14996	73245	1122
11	Gujarat	16334	83419	3091	29	Sikkim	549	1347	5
12	Haryana	14911	58580	781	30	Tamil Nadu	51583	398366	7748
13	Himachal Pradesh	1978	4986	54	31	Telangana	32553	107530	886
14	Jammu & Kashmir	9547	31924	770	32	Tripura	6220	8745	144
15	Jharkhand	15005	34330	462	33	Uttarakhand	7575	16056	330
16	Karnataka	99636	283298	6298	34	Uttar Pradesh	59963	195959	3843
17	Kerala	21867	62555	337	35	West Bengal	23390	150801	3510
18	Ladakh	834	2127	35		TOTAL	862320	3180865	70626

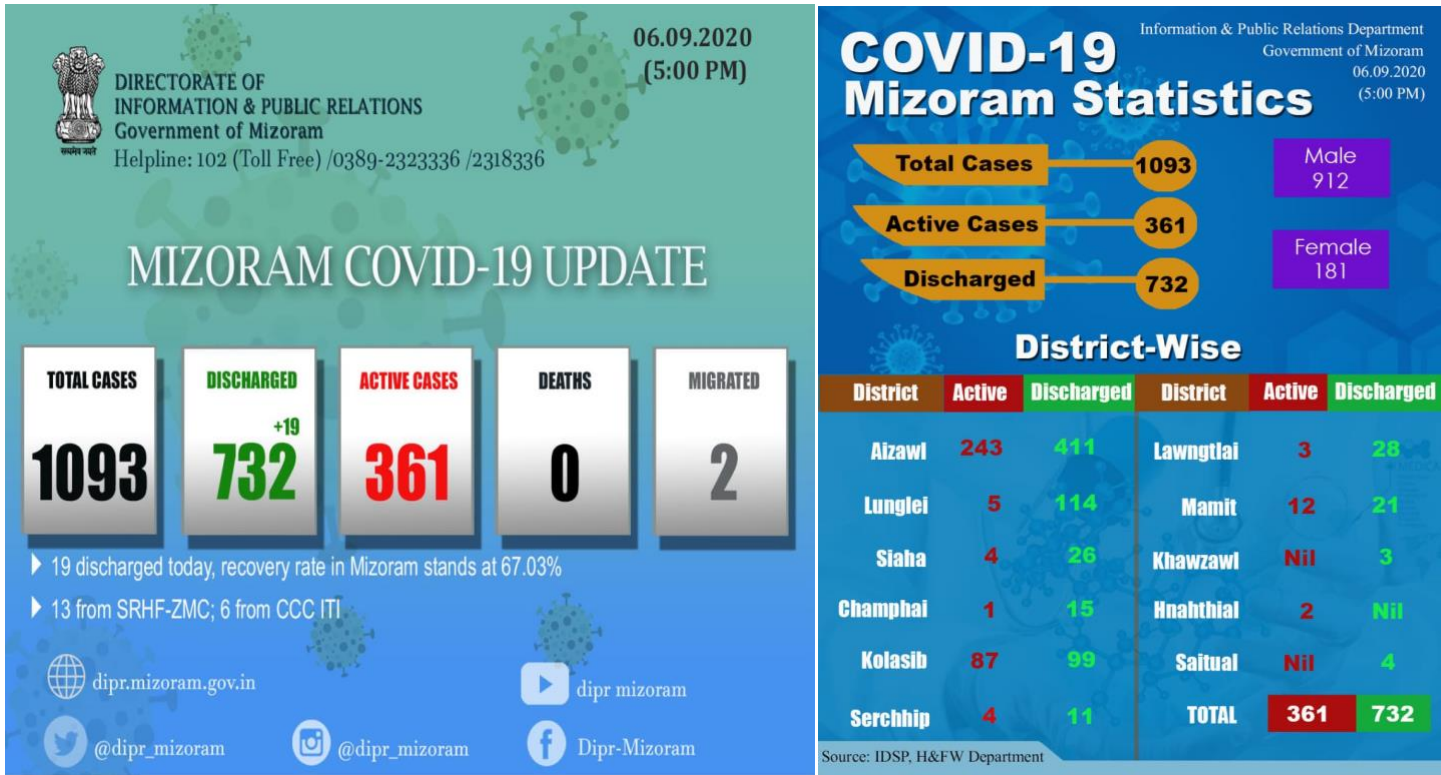
- *Darkar 24 chhungin sample 10,92,654 test niin positive thar 90,632 hmuh a ni a, mi 73,642 dam (cured) a puan niin 1,065 in an thihpui a ni.

* ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat chu 4,88,31,145 a ni.

*India ram COVID-19 recovery rate - 77.32%

*Test atanga positive hmuhchhuah zat % - 8.30%

*Darkar 24 chhunga sample test zat atanga positive hmuhchhuah zat % - 7.12%



3. Health minister hova inrawnkhawmna neih ah COVID-19 vei hmuhchhuahte damdawiin atanga chhuahtir chungchangah kalphung pangngaia kal chhunzawm tha tih a ni.

Vawiin chhun khan SAD Conference Hall, MINECO-ah Health & Family Welfare Minister Dr. R. Lalthangliana hovin inrawnkhawmna hun hman a ni a, he inrawnkhawmna ah hian Medical Operational Team on COVID-19 Chairman Dr. ZR Thiamsanga, MLA, Chief Secretary Pu Lalnunmawia Chuango, Health & Family Welfare Secretary, Home Secretary, IGP (L&O) leh Health & Family Welfare Department hotute an tel a, Central YMA, Mizoram Kohhran Hruaitu Committee (MKHC), Indian Medical Association (IMA) leh Mizoram Government Doctors' Association (MGDA) aiawhte an tel bawk a ni.

Vawiin inrawnkhawmna hunah hian COVID-19 veite an sample test a negative hma chuan anmahni enkawlina hmun CCC/DCHC/DCH atangin chhuahtir loh tur tih sawrkarin a kalpui lai mek hi hman chhunzawm zel tha tih a ni a. Mizoramah COVID-19 positive an pung zel a, CCC/DCHC/DCH ah te indah sen loh hun a thleng a nih chuan mipui mar dek chung leh mipuite ngaihndan ngaichang chung zelin thutlukna siam nise tih a ni.

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4. Quarantine Centre a senso leh thlen dan chungchanga sawrkar thuchhuak

Mizoram Sawrkar Chief Secretary hova Meeting Minute Dt.27.7.2020 zulzuiin Notification hmasa No.C.16011/298/2020-DC(A) / Dated,23rdJuly, 2020 chu a hnuaia mi ang hian tih danglam a ni

. A : Quarantine Center thlen man:

Sl. No	Name of Quarantine Center	Chawitur (Mipakhat tan)
1	Deluxe ; i)Tourist Lodge, Chaltlang (a vaiin) ii)State Guest House (a vaiin) iii)Tourist Lodge, Beraw(Room No-102,104,105,107,202,204,205 & 207& Cottage No - 2,3,4,5,6 &7)	Hengah te hian mi pakhatin zankhatah Rs.500/- zel a chawi ang.
2	Standard : i)SIRD Hostel (Hall leh Dormitory tellovin) ii)Tourist, Lodge Lengpui iii) FRCDR, Farmer Rest House, Bethlehem Vengthlang iv)RAY Housing, Falkland v)Forest Training School Hostel, Bethlehem Vengthlang vi)Sericulture Training Centre, Zemabawk-	Hengahte hian mi pakhatin zankhatah Rs.200/- zel a chawiang.
3	Ordinarv : (I)leh (2) lo zawng	Hengahtehian mi pakhatin zankhatah Rs. 100/- zel a chawi ang.

NB : Thlen man hi nu leh pate bula la mu naupangte hnen atangin lak loh tur a ni. Puitling bikah chuan khum an lo intawm a nih pawhin khum khat zelin (per bed) lak thin tur a ni. Mutbu (mattress, blanket, bed linen) an intum a nih chuan thlen man lak loh tur a ni.

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 **Quarantine chungchanga hriattur pawimawh**
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5. Standard Operating Procedure for Social Distancing
For details [Click here](#)

6. Mizoram chhunga commercial passenger phur motor ten an zawm tur Standard Operating Procedure
For details [Click here](#)

7. Health and Family Welfare Department-in hriattirna 30.7.2020-a a lo tihchhuah tawh, COVID-19 test-na man bithliah chungchang chu ni 24.8.2020 khan thuchhuah thar siamin a tidanglam. Sawrkar hospital/facility-a RT-PCR leh TrueNat test-na man chu hetiang hian siam that a ni
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 **Construction Works Hnathawktu Migrant Workers Chhawr/Chhawrtu Online Report-na**
For details [Click here](#)

8. **Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (6th September, 2020 @ 3:00pm)**
For details [Click here](#)

9. **COVID-19 Positive thar 31 hmuhchhuah a ni.**

September ni 5, 2020 khan ZMC lab-a sample 218 test zingah COVID-19 positive thar 26 hmuhchhuah a ni . Rapid Antigen Test hmangin COVID-19 positive thar 5 hmuhchhuah niin, Lunglei Civil Hospital TrueNAT laboratory-a sample test a negative vek.

ZMC Laboratory-a positive hmuhchhuah tharte hi :-

-  **Aizawl district** – mi 25 an ni a, an zinga 19 hi tunhnaia Mizoram pawn atanga lo kir, Quarantine facility a awm an ni.
- Thingsulthliah BRO (pioneer) camp a quarantine lai mek mi 15, mipa vek, kum 6-58 inkar.
 - Thingsulthliah ah GVV Construction Pvt. Ltd in an chhawr lai Mizo mipa 2, kum 46 a upa ve ve, an kaina hriat theih rih loh.
 - Medical frontline worker 3, mipa 1 (kum 51) leh hmeichhia 2 (kum 26 & 27), CCC-ah positive contact atanga kai ni a hriat.
 - Chanmari West local Task Force member mipa kum 24 a upa, a kaina hriatloh, sample test vanga Home Quarantine lai.
 - Civil mi 4, mipa vek, kum 27 – 70 inkar, tunhnaia Mizoram pawn atanga lo lut, Quarantine Facility a awm mek.

 **Lawngtlai district** - Mipa 1, kum 25 a upa, civilian, quarantine facility a awm lai mek, state pawn atanga lo haw.

Kolasib district-a Rapid Antigen Test hmanga COVID-19 positive hmuhchhuah thar 5 hi Mizoram pawn ami lirthei khalhtute an ni a. Mipa vek, kum 22-38 inkar an ni a, Vairengte screening point a test an ni.

ZMC a sample test dan

Aizawl district	- 210	(Mipa - 153, Hmeichhia - 57)
Lawngtlai district	- 7	(Mipa vek)
Champhai district	- 1	(Mipa)
Total	- 218	(Mipa - 161, Hmeichhia - 57)

RAT test dan

Aizawl district	- 9	(Mipa - 7, Hmeichhia - 2)
Mamit district	- 13	(Mipa vek)
Kolasib district	-5	(Mipa vek)

**Kolasib district atang hian RAT positive zat chiah report dawn a ni.*

Total	- 27	(Mipa - 25, Hmeichhia - 2)
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Lunglei Civil Hospital TrueNAT laboratory-a sample test dan

Total - 25 (Mipa vek)

COVID-19 vei enkawlina hmun atang mi 19 chhuahtir an ni.

Vawiin September ni 6, 2020-a COVID-19 positive enkawlina CCC/DCHC hrang hrang atanga chhuahtirte:

- | | | |
|--------------------|------|--|
| 1) SRHF-ZMC | - 13 | (civil - mipa 9 & hmeichhia 3, BSF – mipa 1) |
| 2) ITI CCC, Aizawl | - 6 | (civil - mipa 2 & hmeichhia 4) |

10. India rama COVID-19 case pun chhoh dan :

- | | | |
|--------------------------|--------------------|-----------|
| *July ni 17, 2020 ah | 10 lakh cases | (59 days) |
| *August ni 7, 2020 ah | 10 - 20 lakh cases | (21 days) |
| *August ni 23, 2020 ah | 20 - 30 lakh cases | (16 days) |
| *September ni 5, 2020 ah | 30 - 40 lakh cases | (13 days) |

Nitina positive kai thar zat khaikhawmna

- | | |
|----------------------|----------|
| July ni 1, 2020 | - 18,653 |
| July ni 31, 2020 | - 55,078 |
| August ni 27, 2020 | - 77,266 |
| August ni 29, 2020 | - 78,761 |
| August ni 30, 2020 | - 78,512 |
| September ni 1, 2020 | - 78,357 |
| September ni 2, 2020 | - 83,883 |
| September ni 3, 2020 | - 83,341 |
| September ni 4, 2020 | - 86,432 |
| September ni 5, 2020 | - 90,632 |

Ram danga nikhat thil thu a positive kai tam ber record hi USA ah July ni 17, 2020 khan siam niin 77,255 an kai thar, he record hi India hian vawi 8 a khum tawh.

India rama COVID-19 thihpui hi nikhatah 800-900 vel a tam zual laiin a ni thin a, tunhnai ni 5 chung khan nitin 1000 aia tam an thi

11. Champhai Vengthlang YMA President Pu C. Laltanpuia (L) Kum-46 S/o C.Sualneka (L), Covid-19 hripui leng mai thei tur venga Indo-Myanmar ramri hrula tlawmngaia rammu, a rammutna atanga Rannung seh (Scrub Typhus) natna veia vanduaithlak taka August Ni 12, 2020 a thi chhungte hnenah vawiin khan Sawrkarin Chief Minister's Relief Fund for COVID-19 kaltlangin ralna sumfai Rs 1,00,000/- , a nupui Pi H.Lalnuntluangi (Senpuui) hnenah a hlan.



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12. Vawiin chhun khan Pu Lallawmawma, Addl. DC, Kolasib chuan vairengte tlawhin mi inphal te pek, Vairengte Screening point leh Police check gate a hman tur, Air Cooler a hlan a, Dr Zorinsanga, MO, Vairengte leh Pu Ramtharngbaka, SDPO, Vairengte ten thilpek hi an lo dawng a ni.

Heng Air Cooler pathum te hi GIG neitu Pu John Lalpeka, David Security Solution neitu, Pu David Malsawmsanga leh Khiangte Home Appliance, Kolasib neitu Pu Laldinpuia Khiangte te pek a ni.



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13. Covid-19 Task Group on Quarantine Facilities daily report (as on 5th September, 2020)

FORM A				QUARANTINE FACILITY AS ON TODAY				AS ON TODAY	
Sl.No	District	No of Facilities	Capacity	No of pax admitted in Home Q	No of pax admitted in Hotel Q	No of pax admitted in CQF	No of pax admitted in GQF	No of pax shifted to isolation	TOTAL PAX IN QF
	1	2	3	4	5	6	7	8	10
1	Aizawl	40	2253	16	31	19	273	74	413
2	Champhai	7	334	7	0	0	17	1	25
3	Hnahthial	22	333	14	0	0	7	2	23
4	Khawzawl	26	530	0	0	0	11	0	11
5	Kolasib	21	908	0	0	0	204	87	291
6	Lawngtlai	23	715	4	0	0	30	0	34
7	Lunglei	24	791	0	0	0	67	5	72
8	Mamit	25	768	7	0	0	11	11	29
9	Saitual	44	704	0	0	0	17	0	17
10	Serchhip	33	552	0	0	0	80	21	101
11	Siaha	36	1469	26	0	0	32	1	59
TOTAL		301	9357	74	31	19	749	202	1075

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
	2	2A	3	4	5	6	7	8	9
1	Government QF	9357	34	14360	62	13287	6	324	749
2	Isolation Facilities	-	15	1299	7	1097	0	0	202
3	Community QF	7760	1	3996	0	3966	0	11	19
4	Home Quarantine	-	0	1675	10	1598	0	3	74
5	Hotel/Paid QF	69	0	244	0	212	0	1	31
TOTAL		17186	50	21575	79	20160	6	339	1075

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14. Military Quarantine Report on 5th September, 2020 (Covid-19 Task Group on Quarantine Facilities)

Sl. No.	District	No. of military personnel quarantined
1	Aizawl	136
2	Champhai	0
3	Hnahthial	0
4	Khawzawl	0
5	Kolasib	139
6	Lawngtlai	0
7	Lunglei	41
8	Mamit	0
9	Saitual	0
10	Serchhip	40
11	Siaha	0
Total		356

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15. Status of Mizoram Surveillance of COVID-19 (Time: 5.9.2020 5:00pm – 6.9.2020 5:00 pm) – *input from IDSP, H&FW department*

S.No	Category	Newly added on Date: 6.9.2020	Cumulative till Date: 6.9.2020
1	Number of persons screened	761	164649
2	COVID-19 SAMPLE TESTED		
	NICED – Kolkata	-	5
	Guwahati Medical College	-	12
	Silchar Medical College	-	41
	Rapid Antigen Test	27	11496
	Lunglei Civil Hospital (Truenat – PCR)	25	1893
	Zoram Medical College(ZMC)	218	31627
	Number of samples tested	270	45,073
3	Number of Suspects hospitalized at SRHF-ZMC	0	348
4	Number of patients/suspects admitted at DCHC		6
5	Number of patients/suspects admitted at CCC		302
6	NUMBER OF CONFIRMED POSITIVE CASES		
	Guwahati Medical College	-	1
	Rapid Antigen Test	5	204
	Lunglei Civil Hospital (Truenat – PCR)	0	72
	Zoram Medical College, Falkawn (RT-PCR)	26	816
	Number of COVID-19 Confirmed positive cases	31	1093
7	Number of positive cases Hospitalized	31	1093
8	Number of persons cured/discharged	19	732
9	Migrated	0	2
10	Number of active cases	31	361
11	Number of death due to COVID-19	0	0

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16. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 200 chuang test niin, ZMC leh Aizawl District chungah hmun hrang hrang atanga dawnte an ni. Nimin lama sample test 317-ah mi 16 an positive. Covid-19 vei hmuhchhuah tharte hi mipa 15 leh hmeichhia 1, kum 4 leh 54 inkar, mizo 3 leh hnamdang 13, Aizawl District mi 9, Siaha District mi 3, Mamit District mi 3 leh Lunglei District mi 1 niin Positive Contact atanga kai 1 a tel. Nimin khan Rapid Antigen Test hmangin mi 600 chuang test an ni a, positive hmuhchhuah thar an awm lo.

Vawiin khan ZMC Risk Ward-a enkawl mek chu a positive tih hmuhchhuah a ni a, Isolation Ward ah sawn a ni. Tun dinhmunah Covid-19 damlo 58 enkawl mek an ni. Covid-19 damlo enkawl mekte hi mipa 46 leh hmeichhia 12, kum 5 leh 78 inkar, mizo 35 leh hnamdang 23, sipai 12 leh civilian 46-te an ni. **(ZMC bulletin)**

17. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a enkawl mek zat. – 6th September, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DEDICATED COVID HEALTH CENTER(DCHC)	COVID CARE CENTER(CCC)
Aizawl East	0	89
Aizawl West	0	79
Lunglei	0	5
Siaha	0	4
Champhai	1	0
Kolasib	1	89
Serchhip	4	20
Lawngtlai	0	4
Mamit	0	11
Saitual	0	0
Khawzawl	0	0
Hnahthial	0	2
TOTAL	6	302

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18. Existing number of inmates at all designated Quarantine Facilities in Mizoram on September 6, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON								06-09-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19						TIME : 4:00pm
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	171	14531	79	13366	1	325	840
2	Isolation Facilities	3	1302	0	1097			205
3	Community Quarantine Facilities	0	3996	0	3966	0	11	19
4	Home Quarantine	8	1683	4	1602	0	3	78
5	Hotel/Paid Quarantine Facilities	0	244	0	212	0	1	31
	Total	182	21756	83	20243	1	340	1173

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19. Daily Report on Military and Para-military Status at Quarantine Facilities in various Districts on September 6, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

ABSTRACT OF DAILY REPORT ON MILITARY AND PARA MILITARY STATUS AT QUARANTINE FACILITIES AS ON										06-09-2020
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'F'				Quarantine Facility				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				Admitted		Discharged				
	I	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V- (VII+ IX))
1	Aizawl	5	430	0	366	0	144	0	86	136
2	Champhai	1	150	0	0	0	0	0	0	0
3	Hnahthial	1	0	0	0	0	0	0	0	0
4	Khawzawl	1	0	0	0	0	0	0	0	0
5	Kolasib	2	135	9	355	5	212	0	0	143
6	Lawngtlai	1	20	0	0	0	0	0	0	0
7	Lunglei	2	136	25	99	0	33	0	0	66
8	Mamit	1	10	0	0	0	0	0	0	0
9	Saitual	1	0	0	0	0	0	0	0	0
10	Serchhip	1	60	11	81	0	29	0	1	51
11	Siaha	1	20	0	0	0	0	0	0	0
TOTAL		17	961	45	901	5	418	0	87	396

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🇲🇲 COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin **email - mzcvolunteers@gmail.com ah emaw**

COVID-19 helpline 102, 0389-232336/2318336-ah te in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

20. Daily Report on Status at Government Quarantine Facilities in various Districts on September 6, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										6-9-2020
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'A'				Quarantine Facility				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				Admitted		Discharged				
	I	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V- (VII+ IX))
1	Aizawl	40	2338	77	4949	53	4531	1	122	296
2	Champhai	7	334	5	575	6	559	0	0	16
3	Hnahthial	22	333	3	219	2	208	0	3	8
4	Khawzawl	26	530	1	331	1	309	0	11	11
5	Kolasib	21	908	15	2093	9	1863	0	20	210
6	Lawngtlai	23	715	0	1361	4	1335	0	0	26
7	Lunglei	24	791	37	1536	0	1364	0	68	104
8	Mamit	25	768	1	709	0	656	0	41	12
9	Saitual	44	704	4	510	0	488	0	1	21
10	Serchhip	33	552	27	741	0	617	0	17	107
11	Siaha	36	1469	1	1507	4	1436	0	42	29
TOTAL		301	9442	171	14531	79	13366	1	325	840

For details [Click here](#)

21. Daily Report on Status at Isolation Facilities in various Districts on September 6, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON							06-09-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm	
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS	
		ADMITTED		DISCHARGED			
I	II	III	IV	V	VI	VII	
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted	Progressive Total of persons admitted to isolation	No.of persons discharged from isolation on the date of report	Progressive Total of persons discharged from isolation	No. of persons in isolation facility on the date of report (IV Minus VI)	
1	Aizawl	0	623	0	549	74	
2	Champhai	0	26	0	25	1	
3	Hnahthial	0	4	0	2	2	
4	Khawzawl	0	18	0	18	0	
5	Kolasib	3	253	0	163	90	
6	Lawngtlai	0	0	0	0	0	
7	Lunglei	0	110	0	105	5	
8	Mamit	0	44	0	33	11	
9	Saitual	0	2	0	2	0	
10	Serchhip	0	164	0	143	21	
11	Siaha	0	58	0	57	1	
	TOTAL	3	1302	0	1097	205	

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22. The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanchhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan **Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.**

23. Daily Report on Status at Community Quarantine Facilities in various Districts on September 6, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 06-09-2020										
Name of State : Mizoram				MIZORAM STATE CONTROL ON COVID-19					TIME: 4:00pm	
FORM 'C'				QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
FACILITY STATUS				ADMITTED		DISCHARGED				
Sl.no	I	II		III	IV	V	VI	VII	VIII	IX
	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV- (VI+ VIII))
1	Aizawl	348	3581	0	2966	0	2946	0	1	19
2	Champhai	15	414	0	318	0	318			0
3	Hnahthial	2	16	0	11	0	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	218	0	4	0
8	Mamit	8	220	0	123	0	123			0
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64		64	0	0	0
	TOTAL	414	4969	0	3996	0	3966	0	11	19

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24. Daily Report on Status of Home Quarantine in various Districts on September 6, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 06-09-2020								
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
		ADMITTED		DISCHARGED				
Sl.no	I	II	III	IV	V	VI	VII	VIII
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	0	976	0	960			16
2	Champhai	0	54	0	47			7
3	Hnahthial	4	53	0	35			18
4	Khawzawl	0	2	0	2			0
5	Kolasib	0	39	0	39			0
6	Lawngtlai	2	110	0	104			6
7	Lunglei	0	123	0	123			0
8	Mamit	2	19	0	10			9
9	Saitual	0	9	0	9			0
10	Serchhip	0	224	0	221	0	3	0
11	Siaha	0	74	4	52			22
	TOTAL	8	1683	4	1602	0	3	78

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25. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on September 6, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 06-09-2020											
Name of State : Mizoram				MIZORAM STATE CONTROL ROOM ON COVID-19				TIME: 4:00pm			
FORM 'E'				QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS	
				ADMITTED		DISCHARGED					
Sl.no	I			II	III	IV	V	VI	VII	VIII	
	District	No.of Facility	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (III-(V+ VII))	
	1	Aizawl	8	59	0	244	0	212	0	1	31
	2	Champhai									0
	3	Hnahthial									0
	4	Khawzawl									0
	5	Kolasib									0
	6	Lawngtlai									0
	7	Lunglei									0
	8	Mamit									0
	9	Saitual									0
	10	Serchhip									0
11	Siaha									0	
	TOTAL	8	59	0	244	0	212	0	1	31	

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LLTF / VLTF-te hnena ngenna

1. Insawiselna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
2. Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngaite erawh chu an quarantine-na hmun theuhah sample la tura IDSP team phone tur a ni.
3. Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni.
4. Quarantine Facility-a naupai, nau nei hnai an nih chuan an pasal emaw an rawn hawpui-ten kalpui tur a ni a, midang rawn hruai tel loh tur.
5. Damlo, Covid-19 vei rinhlelh, mahni insaseng thei lo tan awmpuitu pakhat chauh rawn neih tur a ni. **(ZMC bulletin)**

26. Lawngtlai District-ah khung hran mek mi 32 an awm (06.09.2020 @ 5:00 PM)

Lawngtlai District mi leh sa state pawn atanga lo haw, government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 5:00 thleng khan mi 32 a ni a. Lawngtlai District-a COVID-19 positive enkawl lai mi 3 te chu Lawngtlai Covid Care Centre (CCC)-ah an hriselna dinhmun vil reng niin, ngaihtuahawm an awm lo.

Vawiinah state pawn atanga lo haw mi 5 lo thlen belhin, Medical Quarters-ah 3 leh 71 RCC Camp-ah home quarantine-in 2 dah an ni a. PWD Inspection Bungalow atangin khung hran hun bi hmang zo va, RT-PCR test-a negative mi 2 chhuahtir an ni thung.

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27. Champhai District Quarantine Facility hrang hrang dinhmun (September 6, 2020 @ 5:00 pm)

- 1) DPRC Institutional Quarantine Centre - 16 (15 Male + 1 Female)
- 2) Dedicated Covid Health Centre (Nursing School Building Top Floor) - 1 (Male)
- 3) Home Quarantine - 7 (All Male)
- TOTAL - 24 (23 Male + 1 Female)

28. Khawzawl District Quarantine Facility hrang hrang dinhmun (September 6, 2020 @ 5:00 pm)

- 1) DC's Rest House, Darngawn Veng - 5 (Male)
- 2) PWD IB, Dinthar Veng - 2 (Male)
- 3) Forest Rest House, Hermon Veng - 4 (Female)
- Total - 11 (7 Male + 4 Female)

29. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 6th September, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 5.9.2020 9:00AM – 6.9.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 5.9.2020 9:00AM – 6.9.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		LTF	Total	Police		LTF	Total	Police		LTF	Police		LTF
		Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad				
1	Entering or staying at any public place without the use of mask (Section 4(1))	88	80	2	170	8800	8000	200	17000	17478	19422	1672	4274300	2510900	223000
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))	14			14	2800			2800						
3	Spitting in public places (Section 4(3))	5	1		6	1500	300		1800						
4	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(4))														
5	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(5))														
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))														
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))														
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	29			29	29000			29000						
TOTAL		136	81	2	219	42100	8300	200	50600	38572			Rs.7008200		

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SRHF-ZMC-a admit turte ken tur

- 1) Blanket pan (paih emaw disinfect pawilo tur)
- 2) Toothbrush, Toothpaste
- 3) Mobile charger
- 4) Thawmhnaw
- 5) Mug
- 6) Sahbawn, Shampoo, Detergent
- 7) Towel
- 8) Bottle, No , Spoon
- 9) Flask
- 10) Samkhuih
- 11) Pawisa Rs. 3000 - Rs 5000 a tul awm huna hman tur.(Contaminate loh)

30. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 6th September, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 5.9.2020 9:00AM – 6.9.2020 9:00AM) imposed by				Amount (in Rs.) of fines imposed (last 24 hours 5.9.2020 9:00AM – 6.9.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount (in Rs.) of fines imposed since 4.5.2020			
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)			Other Police	Flying Squad (w.e.f 3.6.2020)		
1	Kolasib	4(1)		9		9		900		900	130	1128	8	1266	13200	123600	800	137600
		9				Sub Total		900										
2	Mamit										771	224	22	1017	111800	23400	2200	137400
		Sub Total				Sub Total		Sub Total										
3	Aizawl	4(1)	81			81	8100			8100	10829	10411	487	21727	2368200	1424900	71200	3864300
		4(2)	13			13	2600			2600								
		4(3)	5			5	1500			1500								
		4(9)	15			15	15000			15000								
		Sub Total				114	Sub Total		27200									
4	Saitual										318	212	45	575	92900	53200	6500	152600
		Sub Total				Sub Total		Sub Total										
5	Champhai	4(1)		2		2		200		200	389	724	200	1313	117800	92900	32000	242700
		4(9)	1			1	1000			1000								
		Sub Total				3	Sub Total		1200									
6	Khawzawl	4(1)		8	2	10		800	200	1000	144	1092	161	1397	14400	110100	17100	141600
		Sub Total				10	Sub Total		1000									
7	Serchhip	4(1)		19		19		1900		1900	1021	1112	57	2190	140300	131000	5700	277000
		Sub Total				19	Sub Total		1900									
8	Hnahthial	4(1)	4			4	400			400	461	193	74	728	47100	29600	7400	84100
		Sub Total				4	Sub Total		400									
9	Lunglei	4(1)		13		13		1300		1300	903	2062	171	3136	338200	237200	22500	597900
		4(2)	1			1	200			200								
		4(9)	9			9	9000			9000								
		Sub Total				23	Sub Total		10500									
10	Lawngtlai	4(1)	3	17		20	300	1700		2000	1222	1998	122	3342	211600	237700	12800	462100
		4(3)		1		1		300		300								
		4(9)	4			4	4000			4000								
		Sub Total				25	Sub Total		6300									
11	Siaha	4(1)		12		12		1200		1200	162	266	325	753	37600	47300	44800	129700
		Sub Total				12	Sub Total		1200									
12	SP Traffic Aizawl										1128	-	-	1128	781200	-	-	781200
		Sub Total				Sub Total		Sub Total										
	GRAND TOTAL					219				50600	17478	19422	1672	38572	4274300	2510900	223000	7008200

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31. Food Corporation of India (FCI), District Office, Aizawl report (5th September, 2020)
(Mizoram chungga FCI Godown hrang hranga buhfai awm zat)

Food Supply Depot (FSD)	Rice Raw Grade A	RiceCommon	Wheat	Belhkhawm	% of utilization
AIZAWL	2984.129680MT	75.943760MT	0.000	3060.073440MT	66.67
KOLASIB	3138.637132MT	411.996140MT	334.045775MT	3884.679047MT	77.69
BUALPUI	3140.320908MT	381.874000MT	0.000	3522.194908MT	75.91
LUNGLEI	2677.737226MT	0.000	0.000	2677.737226MT	91.70
BAIRABI	3880.355570MT	487.109400MT	251.064780MT	4618.529750MT	92.37
LAWNGTLAI	2644.345889MT	66.817000MT	0.000	2711.162889MT	81.17
Belhkhawm	18465.526405MT	1423.740300MT	585.110555MT	20474.37726MT	80.32

32. Mental Health Professionals (Mizoram) Helpline Call report (5th September, 2020 @ 9:00 PM)

Sl no	Name of MH Professional	Substance related	Anxiety related	Depression related	Psychosis & Others	5 th Sept 2020	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
1	Dr Zonunmawii Pachuau Lunglei	0	0	0	0	0	0	4	4
2	Dr C Lalhrekima AZL	2	3	3	2	10	1238	0	1238
3	Dr Ruth Lalmuanpuii AZL	0	0	0	0	0	60	19	79
4	Dr Vanlaldiki Ralte AZL	2	2	0	0	4	354	26	380
5	Dr Lalduhawmi Chawngthu AZL	0	0	0	0	0	18	6	24
6	Dr Robert L Khawihring SNO	0	0	0	0	0	284	72	356
7	Dr Rajesh Rongpi ZMC	0	0	0	0	0	0	68	68
8	Dr Lalhriatpua ZMC	0	0	0	0	0	598	9	607
9	Dr Lalengmawii AZL	0	0	0	0	0	63	9	72
10	Biakhluzuali Chenkual AZL	0	0	0	0	0	92	9	101
11	Jane Lalduhchungi Vanchhawng AZL	0	0	0	0	0	60	10	70
12	Jane Zodingliani Lailung Serchhip	0	0	0	0	0	86	22	108
13	Helen Lalnunmawii Sailo Kolasib	0	0	0	0	0	43	10	53
14	Jacob Challiandinga Lawngtlai	0	0	0	0	0	41	12	53
15	Vanlalmuani Champhai	0	0	1	0	1	46	4	50
16	Lalawmpuii Siaha	0	0	0	0	0	66	17	83
17	Vanlalzari Mamit	0	0	0	0	0	44	0	44
18	Dr Elizabeth Niang Tawi Mang Champhai	0	0	0	0	0	14	26	40
19	K. Lalmuanpuii AZL	0	0	0	0	0	2	0	2
20	VanlalpariAZL	0	0	0	0	0	1	4	5
21	Angochhachhai Siaha	0	0	0	0	0	23	5	28
22	Lalmuanpuii Hauhnar AZL	0	0	0	0	0	1	5	6
23	Ngaihawmi Khenglawt Kolsaib	0	0	0	0	0	3	18	21
24	Vanlalruati Lawngtlai	0	0	0	0	0	17	4	21
25	Lalnunruati Lunglei	0	0	0	0	0	25	0	25
26	ZD Lalmangaihzuai Serchhip	0	0	0	0	0	2	8	10
Total		4	5	4	2	15	3181	367	3548

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33. Dt. 5.9.2020 Dar 7:00 PM atanga 6.9.2020 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlanga Essential Commodity bungrua lo luh dan.

Sl.No	Items	Quantity	
1	Buhfai (Bazar)	1007 bags	503.50 qtls
2	Alu	295 bags	147.50 qtls
3	Purun	99 bags	49.50 qtls
4	Dal	269 bags	134.50 qtls
5	Chi	80 bags	40.00 qtls
6	Chini	770 bags	385.00 qtls
7	Maida	270 bags	135.00 qtls
8	Atta	175 bags	87.50 qtls
9	Tel	850 cases	
10	Artui	40 cases	
11	Amul	539 cases	
12	Tomato	23 boxes	
13	POL	20 Trucks	
14	LPG	42 Trucks	
15	Cement	19076 bags	
16	ZIDCO buhfai	520 bags	260.00 qtls

 Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuaia mobile number tarlanahte hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zei tur kan veng thei a ni tih i hre reng ang u.

Thawwna tur number : 9436152192 / 7005084957 / 9436196515

**NANG LEH MIDANGTE COVID-19 LAKA KAN LO HIM
ZAWK THEIH NAN HENG **TIH TUR** LEH **TIH LOH** TUR TE HI
ZAWM ANG CHE**

TIH TUR TE 

 Tui leh sahbawn hmanga zing taka kutsil emaw alcohol hmanga kut tih fai reng	 I khuh leh hahchhiau in rawmaw/tissue paper-in emaw, i ban thlep hmangin emaw i hnar leh i ka hup rawh	 Tissue paper i hman zawh veleh bawihlawh bawmah tha takin paih rawh
 I nawmsam loh a, Doctor i rawn dawn anih chuan i ka leh i hnar khuh chungin kal ngei ang che.	 Vantlang hmunah i kalin facemask vuah dan dikin vuah thin ang che.	 Inah tawm la, puipunna hmunah ah kal suh ang che

TIH LOH TUR TE 

 Inchibai, inkuah tih rih loh tur	 I kutin i ka, hnar leh mit khawih suh.	 Khawlai/puipunna hmunah i chil chhak suh
---	---	---

COVID-19 HI HNEH NGEI TURIN I TANGHO ANG U

CHIEF MINISTER’S RELIEF FUND PEK THEIHNATE

○ **State Bank of India**

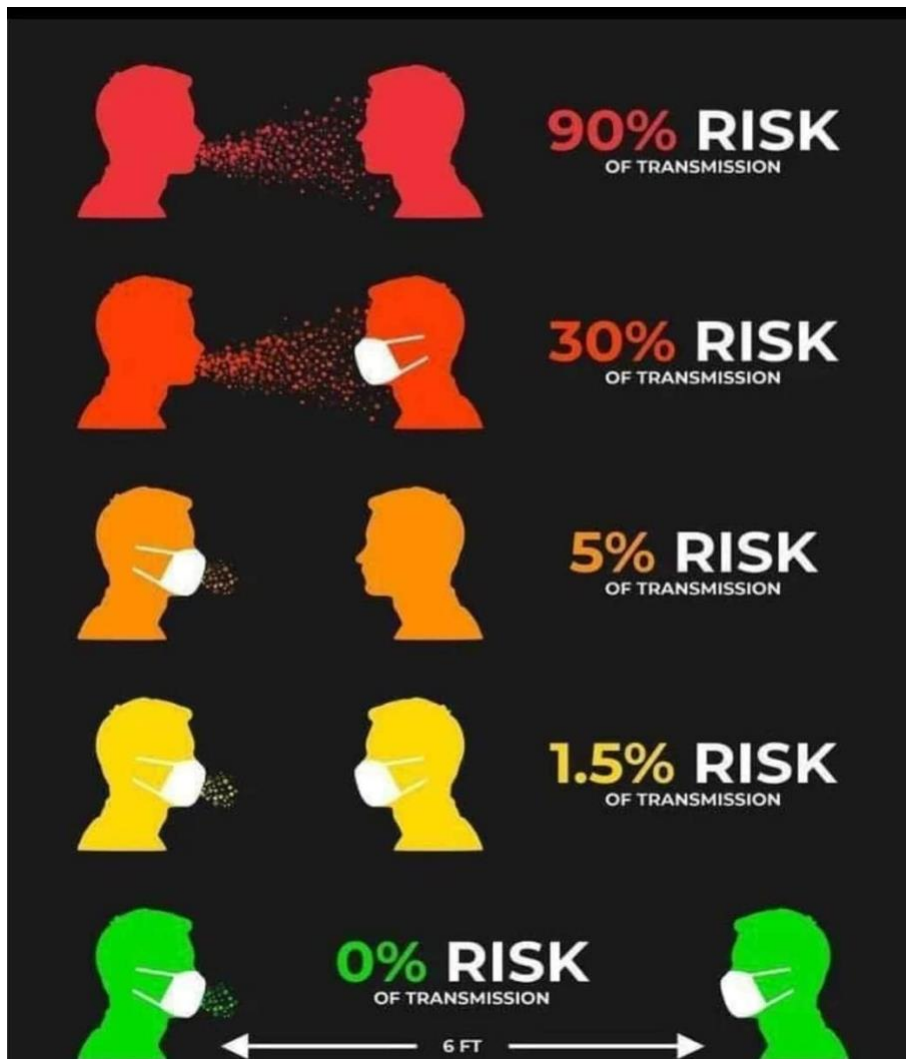
Account No.: 39278398200
IFSC: SBIN0004809
SWIFT: SBININBB447
UPI: cmrfmizoram@sbi
Branch: Dawrpui
Branch Code: 004809



HDFC:

Account No.: 18141450000025
IFSC: HDFC0001814
UPI: cmrfmizoram@hdfcbank
Branch: Aizawl
Branch Code: 001814





Let's Fight Against
CORONAVIRUS?

**CHHUNGTE NIH LEH HMELHRIAT
THA NIH HI COVID-19 HIAN
A THLIAR HRANGLO,
I TAN AN HLAUH AWM TING MAI.
CHUVANGIN, MI ZAWNG ZAWNG
LAKAH INVENG FIMKHUR ANG
CHE AW...**

**COVID-19 KIAN HMA CHUAN,
CHHUNGTE VA TLAUH HRIH
SUH, AN HLAU ANG CHE.
TAWM HRAM HRAM RAWH.
A REI TAWH LO ANG.**

**COMMITTEE ON COVID-19
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**

Issued by
Covid-19 Committee on
Psychological and Social Guidance,
Govt of Mizoram

Ventilator vuah aiin hmai khuh
a nuam zawk e

Mamawh zualpui leh
Nunna atana pawimawh
chauh lei ang aw

Thing leh thlai i phun ang aw...
Malsawm dawn nan

ISSUED BY COVID-19 COMMITTEE ON
PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM

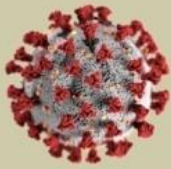
RAM ROREL KHAWL, SAWRKAR HNATHAWK,
KOHHRAN LEH TLAWMNGAI PAWL,
RAM LEH HNAM HMANGAIHTUTEN TIHTAK
ZETA NUN CHHAN TUMA AN TANGRUAL HI
CHUNG PATHIAN DUHZAWNG,
AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh
hmingthatna leh hamthatna
khel rih lovin...

I thiam I finna nen raldo
hmatawngah rawn intlar ve
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

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Covid-19 hi natna pakhat ve mai
a ni a, in ven theih a ni. Vei te tan
pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih
nan mi tam tak an tawngtai reng
bawk e



Sawrkhar, Kohhran, Tlawmngai
pawl leh mi tha tam takin in
him nan leh dam nan hna an
thawk reng e.



Tihbai awm natna ni mahse..a
hnai zawk 'Chhandamtun'
thlamuang rawh min ti'...

What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not
CURFEW
It's
CARE FOR U