

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL-796001**

NOTIFICATION

Dated Aizawl, the 19th July, 2021

Subject: REVISED DISCHARGE PROTOCOL FOR COVID PATIENTS.

No.D.33011/39/2021-HFW(SOP)/A/219: Covid-19 hrikai/damlote enkawlina hmun (CCC/DCHC/DCH/Home Isolation) atanga chhuah tir (discharge)/ enkawlina tih tawp chungchanga Inkaihhruaina (Guidelines), Govt. of Mizoram in **No.D.33011/39/2021-HFW(SOP)/A, dated 19.05.2021** a a lo tih chhuah tawh chu uluk taka ngaihtuah a nih hnuin hetiang hian tih danglam (revised) a ni:-

1. COVID-19 HRIKAI NATNA LANGCHHUAK LOTE (ASYMPTOMATIC/ MILD) TANA DISCHARGE PROTOCOL:

Natna lang chhuak lo te zing ah natna hrik hmun chhuah a nih atanga **ni 10 (sawm) chhung** chu uluk taka enthlak(*observe*) an ni ang. **Enthlak chhunga a tawp lam ni 3 (thum) chhunga khawsik an neih tawh loha harsatna an neih loh chuan chhuah (discharged) theih an ni. Chhuah dawnah RAgT/TrueNat/RT-PCR-a test a ngai lo ang.**

Discharged a nih hnuah damloin khawsik, khuh emaw. Covid-19 symptoms emaw a nei leh a nih chuan mahni thua in test tir mai lo vin bialtu CMO emaw Covid helpline no.102/0389-2323336/0389-2322336/0389-2318336-ah a in report ngei tur a ni. Chuta kaihhruaina a dawnte chu a zawm zui zel tur a ni.

2. COVID-19 HRIKAI (ASYMPTOMATIC) HOME ISOLATION A AWMTE TANA DISCHARGED PROTOCOL:

Covid-19 hri kai natna langchhuak lo mahn in a awmte chu Swab Sample lak ni atanga ni 10 (sawm) chhung chu uluk taka enthlak(*observed*) an ni ang. **Enthlak chhunga a tawp lam ni 3 chhunga khawsik an neih tawh loha, harsatna an neih loh chuan chhuah (discharged) theih an ni. Chhuah dawnah RAgT/TrueNat/RT-PCR-a test a ngai lo ang.**

Discharged a nih hnu ah damlo in khawsik, khuh emaw, Covid-19 symptoms emaw a nei leh a nih chuan mahni thu a in test tir mai lo in bialtu CMO emaw Covid helpline no.102/0389-2323336/0389-2322336/0389-2318336-ah a in report ngei tur a ni. Chuta kaihhruaina a dawnte chu a zawm zui zel tur a ni.

3. COVID-19 HRIKAI NATNA LANG CHHUAK TE (SYMPTOMATIC - MODERATE) TANA DISCHARGED PROTOCOL :

COVID-19 hri kai natna lang chhuakte zingah natna a lan chhuah atanga **ni 10(sawm) chhung** uluk taka enthlak an ni ang. Enthlak chhunga a tawp lam ni 3 (thum) chhung emaw a aia rei emaw **khawsik an neih lohva, oxygen saturation pawh 95% aia sang i.e, SpO2>95% a nih bawka, harsatna an neih loh chuan chhuah (Discharged) theih a ni ang.** Chhuah dawnah RAgT/TrueNat/RT-pCR a test a ngai lo ang.

Discharged a nih hnu ah damlo in khawsik, khuh emaw, Covid-19 symptoms emaw a nei leh anih chuan mahni thu a in test tir mai lo in bialtu CMO emaw Covid helpline no.102/0389-2323336/0389-2322336/0389-2318336-ah a in report ngei tur a ni. Chuta kaihhruaina a dawnte chu a zawm zui zel tur a ni.

4. COVID-19 HRIKAI DAMLO NA ZUAL LEH NATNA BENVAWN NEI (SEVERE, CRITICAL, CO-MORBIDITY AND IMMUNO-COMPROMISED CASES) TE TANA DISCHARGED PROTOCOL:

COVID-19 hri kai damlo na zual leh natna benvawn neite chu **ni 3 (thum) chhung khawsik an neih tawh loh bakah, ni 3(thum) chhung an oxygen saturation pawh 95% aia sang i.e. SpO2>95% a nih bawk chuan RT-PCR Test tih tur a ni.** RTPCR test result a zirin a hnuiaia mi ang hian test leh enkawl chhunzawm tur a ni:-

- a) RT-PCR Test result hi a **negative** chuan COVID-19 hrikai hi chhuah tir (discharged) theih a ni a, **amaherawhchu chhuah (discharged) a nih atanga ni 7 chhung chu in lamah uluk takin a inkhung hrang(strict home quarantine))** chhunzawm ngei ngei tur a ni.
- b) RT-PCR Test result hi a la **positive** chuan, **ni 4 (li) hnuah uluk taka ennawnin RT-PCR test leh tur a ni. A la positive zel chuan ni 28(sawm hnih pariat) chhung chu ni 4 (li) dan zelah la test tur a ni.**
- c) RT-PCR Test result hi ni 28 (sawm hnih pariat) hnuah pawh a la **positive** zela, mahse a tawp **ni 3 (thum) chhung emaw a aia rei emaw khawsik a neih si loh a, oxygen saturation 95% aia sang i.e, SpO2>95% a nih chuan, a enkawltu Doctor te'n District Core Team for Covid Treatment an rawn ang a, anni hian a tul angin Zoram Medical College (ZMC) Core Team** te an rawn leh ang a, tichuan kalpui zel dan tur an rel ang.(Aizawl district bikah erawh chuan enkawltu Doctor in a tul dan a zirin Zoram Medical College (ZMC) Core Team te an rawn ang). **Chhuah (discharged) an nih hunah ni 7 dang chu in lamah uluk takin an inkhung hrang (strict home quarantine))** chhunzawm ngei ngei tur a ni.

Discharged a nih hnu ah damlo in khawsik, khuh emaw, Covid-19 symptoms emaw a nei leh a nih chuan mahni thu a in test tir mai lo in bialtu CMO emaw Covid helpline no.102/0389-2323336/0389-2322336/0389-2318336-ah a in report ngei tur a ni. Chuta kaihhraina a dawnte chu a zawm zui zel tur a ni.

5. COVID-19 hri kai chhuah (discharged person) te in lama an haw dawnin a enkawltu doctor-in a tul angin a dinhmun leh tihzui ngaite chu damlo chhungte a hrilh fiah tur a ni.
6. Enkawltu doctor-in COVID-19 hri kai chhuahte (discharged person) dinhmun hi Local/Village Level Task Force hnenah a hrilh hre zel ang.

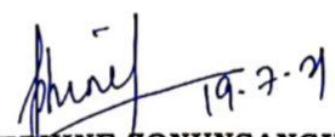
Sd/- R. LALRAMNGHAKA

Special Secretary to the Govt. of Mizoram,
Health & Family Welfare Department

Memo No.D.33011/39/2021-HFW(SOP)/A/219 :Dated Aizawl, the 19th July, 2021

Copy to:

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Administrative Heads of Department, Govt. of Mizoram.
10. All Heads of Departments, Govt. of Mizoram
11. All Deputy Commissioners, Mizoram.
12. Principal Director, Health & Family Welfare Department.
13. Director, Health services.
14. Director, Hospital & Medical Education.
15. Director, Zoram Medical College, Falkawn.
16. Director, Information & Public Relations for wide circulation.
17. Mission Director, NHM.
18. All Medical Superintendents
19. All Chief Medical Officers
20. Controller, Printing & Stationeries with five (5) spare copies for publication in the Official Gazette.
21. Web Manager, IT Section, Directorate of Health Services.
22. Guard file.


(JOSEPHINE ZONUNSANGI)

Under Secretary to the Govt. of Mizoram,
Health & Family Welfare Department